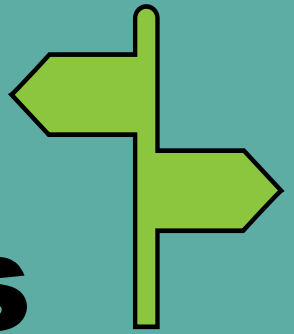




Portishead Health Walks



Walks are on Mondays at 10.30am

Meet at Waitrose Piazza

2, 9, 16, 30 October
6, 13, 20, 27 November
4, 18 December

Away Walk – 23 October

Meet at The Precinct in Pill, 10.30am

Please arrive 5-10 minutes early to allow for registration and any formalities. We aim to set off punctually.

Aimed at individuals who want to start and stay active

Assistance dogs only

Please wear suitable clothing and footwear

No need to book, just come along!

Contact Chris: 01275 845 736 or Mike: 01275 848 281

GetActive@n-somerset.gov.uk
www.betterhealthns.co.uk/get-active/walking/

