

# **Equipment List** – for those under 4 years old

Equipment packs: Please chose 3 items from table A and 2 items from table B

OR 5 items from Table A and 1 from Table B.

If you have <u>one child (under age 4) within your family, you can order one pack of equipment</u>, if you have <u>two or more children</u> (under age 4) within your family, <u>you can order two packs of equipment</u>. (Please only order equipment for under 4 year olds, if you have not ordered from the 4-11 year old list).

All packs come with 10 cones as standard. But you can also order more from the list below.

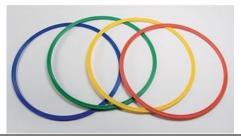
Please note, equipment may be slightly different than pictured, and if equipment if out of stock, we will choose a suitable alternative or contact you. Also, unless otherwise stated below, only 1 piece of equipment will be provided per box.

Please make sure the equipment you order is suitable for the child's age.

# **TABLE A**

#### Hula hoops - 24 inch x 2

- -Spinning
- -Skipping
- -Jump through
- -Roll them
- -Use it as a target



#### **Skipping rope**

- -Skip on the spot or on the move
- -How many skips can you do? How many can you do in 30 seconds?
- -How fast can you skip?



#### Cones x 20

- -Goals
- -Obstacle course
- -Run/Dribble in and out of them
- -Target practice



# Primary skills rackets x 2. Plus 2 tennis balls

- 2 smaller plastic rackets for younger children.
- -Balance the ball, hit it to a partner, hit it up to land on your racket again
- -Play rounders, cricket or tennis



#### Tennis balls x 3

- -Throw, catch, roll. How far can you throw? How high can you throw?
- -Play 1 knee, 2 knee... so many possibilities



#### Foam Tennis balls x 3

Softer tennis balls made with foam

- -Throw, catch, roll. How far can you throw? How high can you throw?
- -Play 1 knee, 2 knee... so many possibilities



#### Flexi Ball x 1 - 7cm

- -Gaps in the ball make it easier to catch.
- -Can you catch the ball and throw it to a partner?
- -Can you hit a target?



#### Beach ball - 41 cm

-Great for volleyball or catching



#### Perforated ball x 4

- -Lightweight ball
- --Can you catch the ball and throw it to a partner?
- -Can you hit a target?



# Easy grip ball – inverted tile design ball x 2 (approx. 10cm)

- -Ideal for younger children
- -Inverted tile design gives an excellent grip making them easy to hold
- -Soft with a high bounce, bright and colourful



#### **Dotty balloon ball**

- -Great for younger children to develop their catching skills
- -Child can focus and position themselves as it floats down gently
- -Blown up balloon inside of cover



#### Ribbon wand x 2

- -Bright coloured rhythm wand
- -Ideal for dance/movement activities
- -Helps develop balance and coordination



#### Flexi Ring x 4

Lots of possibilities – throwing, catching, flicking, squeezing, rolling. Hook it on your foot, catch with one hand, throw it to a



partner.

#### **Soft football**

Softer material, ideal for younger children

- -Play a football match, practice your shooting, dribbling or your goal keeping skills
- -How many keepie-uppies can you do?



## Soft rugby ball

Softer material, ideal for younger children

- -Play catch, pass it, kick it
- -Score tries



## Frisbee x 1

- -Throw and catch to a partner
- -Roll along the floor



#### Bean bags x 6

- -Balance it on your head and walk/run around
- -Throw it in hoops, a bucket, or whatever you can find
- -Play catch or juggle
- -How far can you throw it?



## Hydro Catch - 2 Velcro catchers and 1 ball

- -Throw to a partner, how many can you catch in a row?
- -How many can you throw and catch to yourself? How high can you throw?



#### Soft plastic cones x 6 (16.5cm each)

- -Use the cones as goals or make an obstacle course
- -Run/Dribble in and out of them
- -Target practice



#### Skittles set

- -Knock over as many skittles as you can
- -Space the skittles out to make it harder
- -Play against a partner



#### Small audible balls x 3 - with bell inside

- -Roll the ball and try and score. Can you defend it? Try it with a blindfold.
- -Throw and catch the ball



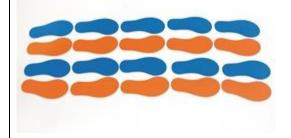
#### Ankle skipping x 1

- -Plastic airflow ball attached to an ankle ring
- -Improves individuals jumping skills and help coordination
- -How many skips can you do in a row?



#### Throw down feet x 10

- -Useful for different games and teaching left and right
- -Use them as markers or goals or for an obstacle course



#### Throw down hands x 10

-Useful for different games and teaching left and right



## Super foam swing and hoops

- -Swing the ball forward and upward, then catch it in the hoop
- -Great for hand-eye coordination without the ball chasing!
- -How many times can you catch the ball in the hoop in a row?



## Stamp abouts (set of 2)

- -Helps with balance and coordination
- -Hold the string in your hands, how far can you walk?



#### Katcha Cup x 1

- -Great for developing hand eye-coordination
- -Swing the ball up in the air and catch it how many can you do in a row?
- -The ball can be removed in order to play catch



#### Super scoop x 2

- -Soft yet durable plastic
- -How many can you catch in a row?
- -Can you throw and catch to a partner?





#### Ribbon tail ball x 2

- -The ribbon allows for increased catching success
- -Great for younger children
- -Throw it up in the air or throw to a partner, see how many you can catch in a row



**Swim Seat** – 0-1 years, 11kg max – blue or pink -Inflatable swim seat with back support -Ideal for introducing your child to a swimming pool



#### Swim Trainer Arm bands - toddler or child

- -Toddler designed for toddlers 1-3 years, 11-18kg approx.
- -Child 3-6 years of age, 18-30kg approx.



#### Fluff ball - 6 pack

- -Slow flight through the air due to lighter weight
- -Great for racket sport training
- 6.5cm



# **TABLE B**

**Floor markers – 6 pack** (may come in different shapes and colours)

- -Obstacle course
- -Aim bean bags at them
- -Use them as goals



#### **Rocking Caterpillar**

- -Helps with balance and coordination
- -Rock back and forth and hold onto the antenna
- -Cans seat up to 2 children



#### Wooden block set

- -Get creative with this wooden block set
- -Different shaped blocks can help build whatever your child can think of
- -Improve knowledge of shapes, colours and sizes



#### Foam mat

- -Soft foam mat that provides area for activities
- -Practice tummy time or crawling



#### **Bubble machine**

- -Run around and chase and pop the bubbles
- -How many can you pop in 1 minute



#### Mega blocks – blue or pink set available

- -Build and stack with these mega blocks
- -Great for small children as the blocks are big and easy to assemble
- -Stimulate imagination and learning while encouraging discovery and fine motor skills



#### Ride on car

- -Sit in the drivers seat or push along with the handle at the back
- -Encourages lots of active play



# Play tent – also available in pink and purple

- -Have lots of fun in this play tent.
- -Great for encouraging imaginative role play
- -Pops up in seconds



# Pop up tunnel – green and blue or pink and purple available

- -Scramble and climb through the colourful pop out tunnel
- -Play hide and seek or make an obstacle course



# Space hopper – pink peppa pig or blue paw patrol available

- -Bounce around and see how far you can go
- -Helps core balance and coordination skills
- -have races, who can go the fastest?



#### Large audible ball - with bell inside

- -Roll the ball and try and score. Can you defend it? Try it with a blindfold.
- -Throw and catch the ball
- -Can you dribble the ball, follow the bell



#### Mini racket x 2 with jumbo shuttlecock

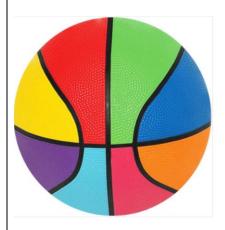
- -Introductory racket has a shorter handle for better control.
- -Can use shuttle to throw and catch to help hand-eye coordination and catching skills --How many times can you hit the shuttlecock

back and forth to your partner?



#### Rainbow basketball

- -Size 3 rubber basketball
- -Good surface grip for easy handling
- -Practice your dribbling and passing
- -Shot at a mark on the wall



#### **Kick flick**

- -Stamp on the kick flick and try and catch the hall
- -Great for hand eye coordination and catching practice
- -Practice ball supplied



#### Foam ring target set

- -How many rings can you loop on to the stumps?
- -Move the target closer and further away, how many rings can you get on the target?
- -Challenge a partner, who will win?



#### Foam Dice x 1

- -Practice numeracy as well as throwing and catching skills
- -Move further away from your partner and see if you can catch the dice
- -Whats the highest number you can throw and add up to?









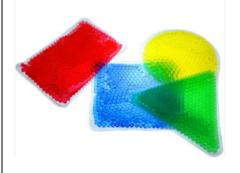
## Go bounce sports disk x 1

- -Catch and thow balls up to 150 feet or use it as a throwning disk by itself.
- -Helps improve balance and coordination
- -Set includes 2 disks and 1 koosh ball



#### Sensory shape beanbags x 4

- -4 colourful soft and tactile beanbags filled with colourful gel beads that engage Childrens senses
- -Squeezable vinyl beanbags help build fine motor skills



## Shape bean bags x 4

- -Great for early shape recognition
- -Throw and catch to a partner
- -Learn the shapes and colours



#### Water woggle

- -Great to help float or swim
- -165cm long

