

# Get Active in North Somerset

## Physical activities and healthy living

### Football

Activity	Ages	When	Where	Accessibility	Contact
<b>Little Kickers</b> Our sessions are all about inclusivity, fun and fitness. We build confidence, agility and improve coordination, flexibility and strength.	18 months to 7 years	Various	Various	<input type="checkbox"/> Blind / visual impairment <input type="checkbox"/> Deaf / hard of hearing <input type="checkbox"/> Learning disability / difficulty <input type="checkbox"/> Mental health condition <input type="checkbox"/> Autistic spectrum disorder <input type="checkbox"/> Physical impairment <input type="checkbox"/> All of the above <input type="checkbox"/> None of the above	Andy 07557 533 170 <a href="mailto:aparkinson@littlekickers.co.uk">aparkinson@littlekickers.co.uk</a> <a href="http://www.littlekickers.co.uk">www.littlekickers.co.uk</a>
<b>Walking Football - Clevedon</b> Three 20 minute games with rest and hydration breaks in between. Tea and coffee and a catch up afterwards. We welcome male and female players	50+ years	Mondays and Thursdays  10am to 12pm	Everyone Active Stadium Davis Lane Clevedon BS21 6TG	<input type="checkbox"/> Blind / visual impairment <input type="checkbox"/> Deaf / hard of hearing <input type="checkbox"/> Learning disability / difficulty <input checked="" type="checkbox"/> Mental health condition <input type="checkbox"/> Autistic spectrum disorder <input type="checkbox"/> Physical impairment <input type="checkbox"/> All of the above <input type="checkbox"/> None of the above	John Walter 07926 592 457 <a href="mailto:spf.age47@gmail.com">spf.age47@gmail.com</a>  Pete Condon 07943 829 700 <a href="http://www.clevedonwalkingfootball.co.uk">www.clevedonwalkingfootball.co.uk</a>

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<b>Walking Football – Nailsea</b> Nailsea United Walking Football club	50+ years for men 40+ years for ladies	Wednesdays 7pm to 8pm	Nailsea School Mizzymead Road Nailsea BS48 2HN	<input type="checkbox"/> Blind / visual impairment <input type="checkbox"/> Deaf / hard of hearing <input type="checkbox"/> Learning disability / difficulty <input type="checkbox"/> Mental health condition <input type="checkbox"/> Autistic spectrum disorder <input type="checkbox"/> Physical impairment <input type="checkbox"/> All of the above <input type="checkbox"/> None of the above	07939 374 147  <a href="mailto:nailseaunitedwfclub@gmail.com">nailseaunitedwfclub@gmail.com</a>
<b>Walking Football – Weston-super-Mare</b> Weston-super-Mare AFC walking football for all abilities	50+ years	Mondays 8pm to 9pm  Tuesdays 10am to 11am  Fridays 10am to 11am	Optima Stadium Winterstoke Road Weston-super-Mare BS24 9AA	<input type="checkbox"/> Blind / visual impairment <input type="checkbox"/> Deaf / hard of hearing <input type="checkbox"/> Learning disability / difficulty <input type="checkbox"/> Mental health condition <input type="checkbox"/> Autistic spectrum disorder <input type="checkbox"/> Physical impairment <input type="checkbox"/> All of the above <input type="checkbox"/> None of the above	<a href="mailto:walking@wsmafc.co.uk">walking@wsmafc.co.uk</a>  <a href="https://www.westonsmaraeafc.co.uk/walking-football/">https://www.westonsmaraeafc.co.uk/walking-football/</a>

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<b>Walking Football – Weston-super-Mare</b> Western Rebels walking football club.	50+ years	Mondays 10.30am to 11.30am  Wednesdays 10am to 11am (for those with health issues)	Hutton Moor Leisure Centre Hutton Moor Road Weston-super-Mare BS22 8LY	<input type="checkbox"/> Blind / visual impairment <input type="checkbox"/> Deaf / hard of hearing <input type="checkbox"/> Learning disability / difficulty <input type="checkbox"/> Mental health condition <input type="checkbox"/> Autistic spectrum disorder <input type="checkbox"/> Physical impairment <input type="checkbox"/> All of the above <input type="checkbox"/> None of the above	07427 242 971  <a href="mailto:westernrebelsfc@gmail.com">westernrebelsfc@gmail.com</a>
<b>Weston Ability Football Club</b> Weston ability football club is a football club for children and adults, male or female with any disability, learning difficulties, or SEND (Special Educational Needs and Disabilities).	Different sessions for: Under 12s Under 16s Adults and over 16s	Sundays 9am to 10 (for under 12s and under 16s)  Sundays 6pm to 7pm (for adults and over 16s)	Optima Stadium Winterstoke Road Weston-super-Mare BS24 9AA	<input type="checkbox"/> Blind / visual impairment <input checked="" type="checkbox"/> Deaf / hard of hearing <input checked="" type="checkbox"/> Learning disability / difficulty <input checked="" type="checkbox"/> Mental health condition <input checked="" type="checkbox"/> Autistic spectrum disorder <input checked="" type="checkbox"/> Physical impairment <input type="checkbox"/> All of the above <input type="checkbox"/> None of the above	<a href="mailto:Enquires@westonabilityfc.co.uk">Enquires@westonabilityfc.co.uk</a>  <a href="http://www.westonabilityfc.co.uk">www.westonabilityfc.co.uk</a>

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Activity	Ages	When	Where	Accessibility	Contact
<b>Women's Walking Football – Nailsea</b> Nailsea United Walking Football team	35+ years	Sundays 2pm to 3pm	Scotch Horn Leisure Centre Brockway Nailsea BS48 1BZ	<input type="checkbox"/> Blind / visual impairment <input type="checkbox"/> Deaf / hard of hearing <input type="checkbox"/> Learning disability / difficulty <input type="checkbox"/> Mental health condition <input type="checkbox"/> Autistic spectrum disorder <input type="checkbox"/> Physical impairment <input type="checkbox"/> All of the above <input type="checkbox"/> None of the above	07939 374 147  <a href="mailto:nailseaunitedwfclub@gmail.com">nailseaunitedwfclub@gmail.com</a>