

Get Active in North Somerset

Physical activities and healthy living

Football

Activity	Ages	When	Where	Accessibility	Contact
FA Wild Cats Girls Football sessions Fun, inclusive sessions for girls, led by FA-qualified coaches. Develop football skills, make new friends and build confidence.	8 to 11 years	Mondays and Fridays 5pm to 6pm	Optima Stadium Winterstoke Road Weston-super-Mare BS24 9AA	☐ Blind / visual impairment ☐ Deaf / hard of hearing ☐ Learning disability / difficulty ☐ Mental health condition ☐ Autistic spectrum disorder ☐ Physical impairment ☐ All of the above ☐ None of the above	Book a place: https://book.EnglandFootball.com/Book/8327d210-a990-4ab6-9440-a0daa2adc70c?venue=westonsupermareafcwomen
Little Kickers Our sessions are all about inclusivity, fun and fitness. We build confidence, agility and improve coordination, flexibility and strength.	18 months to 7 years	Various	Various	☐ Blind / visual impairment ☐ Deaf / hard of hearing ☐ Learning disability / difficulty ☐ Mental health condition ☐ Autistic spectrum disorder ☐ Physical impairment ☐ All of the above ☐ None of the above	Andy 07557 533 170 aparkinson@littlekickers.co.uk www.littlekickers.co.uk

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Walking Football - Clevedon Three 20 minute games with rest and hydration breaks in between. Tea and coffee and a catch up afterwards. We welcome male and female players	50+ years	Mondays and Thursdays 10am to 12pm	Everyone Active Stadium Davis Lane Clevedon BS21 6TG	☐ Blind / visual impairment ☐ Deaf / hard of hearing ☐ Learning disability / difficulty ☒ Mental health condition ☐ Autistic spectrum disorder ☐ Physical impairment ☐ All of the above ☐ None of the above	John Walter 07926 592 457 spf.age47@gmail.com Pete Condon 07943 829 700 www.clevedonwalkingfootball.co.uk
Walking Football – Nailsea Nailsea United Walking Football club	50+ years for men 40+ years for ladies	Wednesdays 7pm to 8pm	Nailsea School Mizzymead Road Nailsea BS48 2HN	☐ Blind / visual impairment ☐ Deaf / hard of hearing ☐ Learning disability / difficulty ☐ Mental health condition ☐ Autistic spectrum disorder ☐ Physical impairment ☐ All of the above ☐ None of the above	07939 374 147 nailseaunitedwfclub@gmail.com

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Walking Football – Weston-super-Mare Weston-super-Mare AFC walking football for all abilities	50+ years	Mondays 8pm to 9pm Tuesdays 10am to 11am Fridays 10am to 11am	Optima Stadium Winterstoke Road Weston-super-Mare BS24 9AA	☐ Blind / visual impairment ☐ Deaf / hard of hearing ☐ Learning disability / difficulty ☐ Mental health condition ☐ Autistic spectrum disorder ☐ Physical impairment ☐ All of the above ☐ None of the above	walking@wsmafc.co.uk https://www.westonsmarleaafc.co.uk/walking-football/
Walking Football – Weston-super-Mare Western Rebels walking football club.	50+ years	Mondays 10.30am to 11.30am Wednesdays 10am to 11am (for those with health issues)	Hutton Moor Leisure Centre Hutton Moor Road Weston-super-Mare BS22 8LY	☐ Blind / visual impairment ☐ Deaf / hard of hearing ☐ Learning disability / difficulty ☐ Mental health condition ☐ Autistic spectrum disorder ☐ Physical impairment ☐ All of the above ☐ None of the above	07427 242 971 westernrebelsfc@gmail.com

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Weston Ability Football Club Weston ability football club is a football club for children and adults, male or female with any disability, learning difficulties, or SEND (Special Educational Needs and Disabilities).	Different sessions for: Under 12s, Under 16s, Adults and over 16s, Girls, Children who are deaf or hard of hearing	Fridays: 5.30pm to 6.30pm (for under 12s, girls and children deaf/hard of hearing) 6.30pm to 7.30pm (for under 16s) 7.30pm to 8.30pm (for adults)	Winterstoke 100 3G Beaufighter Road Weston-s-Mare BS24 8EE	☐ Blind / visual impairment ☒ Deaf / hard of hearing ☒ Learning disability / difficulty ☒ Mental health condition ☒ Autistic spectrum disorder ☒ Physical impairment ☐ All of the above ☐ None of the above	Enquires@westonabilityfc.co.uk www.westonabilityfc.co.uk
Women's Walking Football – Nailsea Nailsea United Walking Football team	35+ years	Sundays 2pm to 3pm	Scotch Horn Leisure Centre Brockway Nailsea BS48 1BZ	☐ Blind / visual impairment ☐ Deaf / hard of hearing ☐ Learning disability / difficulty ☐ Mental health condition ☐ Autistic spectrum disorder ☐ Physical impairment ☐ All of the above ☐ None of the above	07939 374 147 nailseaunitedwfclub@gmail.com