



Clevedon Health Walks



Date	Day	Starting from
3 Oct +Short	Tuesday	Salthouse car park
6	Friday	Pier Copse
10	Tuesday	Old Inn car park
13	Friday	Sunnyside Surgery
17	Tuesday	Bandstand
20	Friday	Boots, The Triangle
24	Tuesday	Pier Copse
27	Friday	Bandstand
31	Tuesday	Salthouse car park
3 November	Friday	Salthouse car park
7 + Short	Tuesday	Boots, The Triangle
10	Friday	Pier Copse
14	Tuesday	Old Inn car park
17	Friday	Sunnyside Surgery
21	Tuesday	Salthouse Car Park
24	Friday	Bandstand
28	Tuesday	Bandstand
1 December	Friday	Salthouse
5 +Short	Tuesday	Boots, The Triangle
8	Friday	Pier Copse
12	Tuesday	Salthouse car park
15	Friday	Sunnyside Surgery
19	Tuesday	Bandstand
22	Friday	Boots, The Triangle
29	Friday	Bandstand

Walks start at 10.30am and last around 60 minutes

A shorter walk of 30 minutes also starts at 10.30am on days marked **+Short**

Winter Sunday walks

Sundays at **10am**
60 minute walks

24 September - Bandstand
15 Oct - Salthouse Car Park
19 November - Bandstand
17 Dec - Salthouse Car Park

Please check time and starting point each week
Aimed at individuals who want to start and stay active
Assistance dogs only
Please wear suitable clothing and footwear
No need to book, just come along!

Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

www.facebook.com/clevedonwalkandtalk

