

## Flax Bourton (Health Walks



Walks are on Tuesdays at 10am

Meet at St Michael's Church on A370

Flax Bourton, BS48 3PY

9, 16, 23 and 30 January

6, 13, 20 and 27 February

5, 12, 19 and 26 March

Aimed at individuals who want to start and stay active
Assistance dogs only

If you need support to walk, please bring someone with you
Please wear suitable clothing and footwear
No need to book, just come along!

Contact: Physical Activity Team: <a href="mailto:getactive@n-somerset.gov.uk">getactive@n-somerset.gov.uk</a> / 01275 882 730





