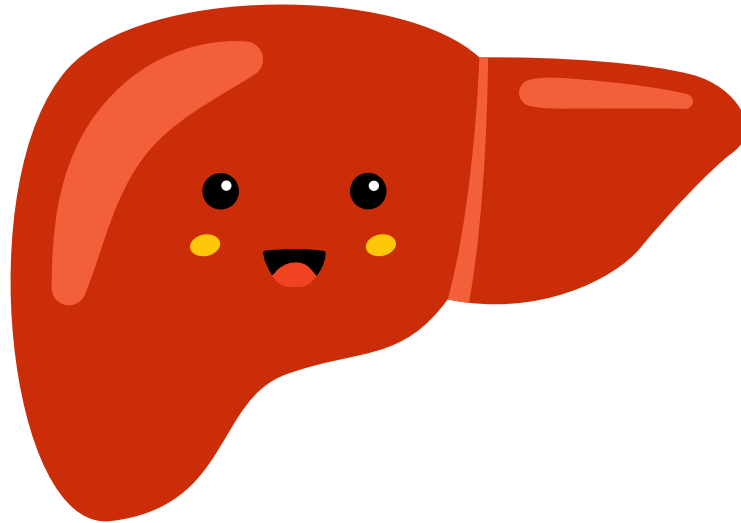


# How is your liver health?



A new approach to looking after your liver health is starting up in The Bournville:

If your recent liver scan has suggested you may be at increased risk of poor liver health, join our new Monday Morning group to:

- meet others from the neighbourhood who have similar health concerns
- together plan how we can make changes to get going with healthy habits to look after our health
- enjoy 'brunch club' together: starts 9:30 am, Monday 19th February

Come to the Welcome Event on **Monday 12th February, 9:30 am – 12 noon** at the For All Healthy Living Centre to find out more.