



Clevedon Health Walks



Date	Day	Starting from	
2 Apr	Tuesday	Salthouse car park	
5	Friday	Sunnyside Surgery	
9	Tuesday	Bandstand	
12	Friday	Bandstand	
16	Tuesday	Salthouse car park	
19	Friday	Boots, the Triangle	
23	Tuesday	Sunnyside Surgery	
26	Friday	Pier Copse	
30	Tuesday	Boots, the Triangle	
3 May	Friday	Bandstand	
7	Tuesday	Pier Copse	
14	Tuesday	Bandstand	
17	Friday	Boots, the Triangle	
21	Tuesday	Crabapple Pub	11am
24	Friday	Salthouse car park	
28	Tuesday	Sunnyside Surgery	
31	Friday	Bandstand	
4 Jun	Tuesday	Pier Copse	
7	Friday	Boots, the Triangle	
11	Tuesday	Bandstand	
14	Friday	Sunnyside Surgery	
18	Tuesday	Boots, the Triangle	
21	Friday	Pier Copse	
25	Tuesday	Sunnyside Surgery	

Tuesday and Friday walks start at 10.30am for one hour

A walk of 30 minutes can be arranged, ring Lynne (see below)

Monday evening walks A little more challenging!

Start 7pm for one hour

22 April – All Saints Church

13 May – All Saints Church

10 June – All Saints Church

Sunday Walks

Start 10am for one hour

7 April – Boots, the Triangle

14 April – Pier Copse

5 May – Salthouse car park

26 May – Boots, the Triangle

2 June - Bandstand

16 June – Salthouse car park

Aimed at individuals who want to start and stay active

Assistance dogs only

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear. No need to book, just come along!

Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

www.facebook.com/clevedonwalkandtalk

