



Weston-super-Mare Health Walks



All walks are on Mondays at 2pm

30 and 60 minute walks are available – starting at the same time and place

1 April	No Walk – Bank Holiday	
8 April	Walnut Tree Pub (BS24 9HD)	Pavements, Flat
15 April	Crab Apple Pub, Clevedon (BS21 5HX)	Paths, Grass, Flat, Muddy?
22 April	Kewstoke Village Hall (BS22 9XB)	Road, Paths, Flat, Muddy?
29 April	Worlebury Golf Course (BS22 9SX, meet by the entrance)	Road, Track, Hills, Muddy

6 May	No Walk – Bank Holiday	
13 May	Uphill Way Car Park (BS23 4XP, between Dolphin/Boatyard)	Off Road, Hills, Muddy
20 May	Observatory Pub, North Worle (BS22 7TA)	Paths, Fields, Flat
27 May	No Walk – Bank Holiday	

3 June	Winscombe Recreation Ground (BS25 1AZ)	Paths, Fields, Muddy
10 June	Prince Consort Gardens (BS23 2EP, meet at the top)	Woods, Hills, Muddy?
17 June	Brent Knoll Parish Hall (TA9 4EH)	Pavements, Fields, Steps
24 June	Matalan, Locking Castle (BS24 7AY)	Pavements, Paths, Flat

Aimed at individuals who want to start and stay active.

30 minute and 60 minute walks are available

Assistance dogs only.

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear

No need to book, just come along!

**Contact: John Western: 01934 511 808 or
Physical Activity Team: 01275 882 730**

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

