



NORTH SOMERSET WALKFEST

1-31 MAY 2024

CHOOSE FROM LOTS OF AMAZING WALKS AND EVENTS IN AND AROUND NORTH SOMERSET

Options for all ages, interests and abilities. Most walks are **FREE**
For full information: n-somerset.gov.uk/nswalkfest or call **01275 882730**

PICK UP A BROCHURE AT YOUR LOCAL LIBRARY



We've brought together a whole programme of walks to make sure there is something for everyone: so, head out for a walk for the joy of walking, learn something new during an educational guided walk, talk it through in a walk and talk or netwalking group, or give walking sports a go.

Visit the website to find information about local groups and walking routes. Routes are up to 6 miles and all across North Somerset.

HEALTH WALKS

Health Walks are aimed at individuals who want to start and stay active. They are led by volunteers who have attended leader training to ensure a safe and enjoyable walk for all. Nailsea, Portishead and Weston offer a variety of distances for different abilities.

WALK EVERY DAY IN MAY

Start a new habit and challenge yourself to walk every day during Walk Fest. The distance isn't important. Head to the website to download the tracker and tick off every day that you walk.

 HEALTH AND WELLBEING

 WALKING SPORTS

 NATURE AND WILDLIFE

 HISTORY AND ARCHITECTURE

 ARTS AND CULTURE

WALK GRADES AND THEMES

EASY - mainly flat on paved surfaces without features such as steps; gentle pace.

FAIRLY EASY - mainly flat on paved surfaces with features such as steps; gentle pace.

MODERATE - more challenging slopes and the ground may be varied, may include steps and stiles; moderate pace.

CHALLENGING - suitable for experienced walkers able to walk longer distances over mixed terrain and gradients at a brisk pace.

Walk Every Day in May

Date: Throughout

Category: Health and Wellbeing

Must book? No

Free? Yes

Distance: You choose

Location: Anywhere

Organisation: [North Somerset Council](#)

Challenge yourself to walk every day in May! You can walk for as long as suits you – even 10 mins each day and you'll feel the difference.

Download the template online and tick off the days to keep track of when you walk.

[Find out more here](#)

Walk Well

Date: Throughout

Category: Health and Wellbeing

Must book? Yes

Free? Yes

Distance: 10,000 steps a day

Location: Anywhere!

Organisation: [Penny Brohn UK](#)



Step up and Walk Well in May 2024 to make every step count for cancer wellness!

Between 1st - 31st May, make every step count by raising vital funds for Penny Brohn UK, and provide wellbeing support for any adult with cancer across the UK. Sign up to complete 10,000 steps a day, or a distance of your choice, this May. Whether you walk, jog or wheel, you'll be helping to transform the lives of those living with cancer.

Not only will you be fundraising, but we also hope your daily walk will offer you time for self-care. Throughout the month we'll be sharing prompts for small, daily activities that enhance your overall wellness; from moments of meditation, to nutrition goals and challenges.

Let's walk towards cancer wellness, together.

Contact name: Penny Brohn UK

Contact phone: 0303 300 0118

Contact email: fundraising@pennybrohn.org.uk

[Find out more or book here](#)



Osprey Outdoors Weekly Walk

Category: Health and Wellbeing

Grade: Moderate

Must book? Yes

Free? Yes

Time: 9:30am **Distance:** 4-6 miles **Duration:** 6hrs

Location: Various minibus pick up points

Organisation: [Osprey Outdoors](#)

Every
Weds

Join us for a walk in the local countryside and enjoy a day away from town. Starting at 3 miles, and depending on the fitness levels of the group, we walk and explore the countryside, noting points of interest such as animal evidence, tree and plant identification, dry stone walls and ponds, to discover where nature is thriving. Using Ordinance Survey maps, we follow a route and become accustomed to basic map reading, so we don't get lost if our technology fails us!

Pick-ups: 9:30am, Weston-super-Mare train station; 9:40am, Worle Sue Ryder (Morrisons complex); 10am Clevedon Pets at Home car park (if booked). Returning before 4pm to Weston.

Contact phone: 07778 913192 / 07888 719423

Contact email: ospreyoutdoors@gmail.com

[Find out more or book here](#)

Long Ashton and Ashton Court

Category: Nature and Wildlife

Grade: Moderate

Must book? No

Free? Yes

Time: 10am **Distance:** 5 miles **Duration:** 3hrs

Location: [Angel Inn, Long Ashton, BS41 9LU](#)

Organisation: [Bristol Ramblers](#)

This circular walk starts from the edge of Long Ashton. We will cross the top of the golf course and walk through woods (hopefully lots of bluebells) up to the Ashton Court meadows for a coffee stop. We will then continue across the top meadows with fine views over Bristol, before descending through woods to the deer park and passing Ashton Court Mansion to return to the start point. Limited parking: please car share.

Buses to the start: X7, X8, X9

Parking is available on the lane next to the pub and in front of the church.

Contact name: Dorothy

Contact phone: 0117 966 9070

Contact email: secretary@bristolramblers.org



Winscombe Wonder Walks

Category: Health and Wellbeing

Grade: Fairly easy

Must book? No

Free? Yes

Time: 1pm **Duration:** 1hr

Location: [Winscombe Award Land Car Park, BS25 5RN](#)

Organisation: [Naturally Mindful](#)

Find Naturally Mindful on [Instagram](#) and [Facebook](#)

Every
Weds

Winscombe Wonder Walks—your weekly invitation to experience the transformative power of nature and mindfulness. Join me every Wednesday from 1 pm to 2 pm in the enchanting Winscombe Award Land (meet at the car park on Quarry Road). These guided walks are designed to nurture your mental wellbeing, foster a deep connection with nature, and inspire mindfulness.

Contact email: kim@naturally-mindful.co.uk



Abbots Pool

Category: Nature and Wildlife

Grade: Moderate

Must book? No

Free? Yes

Time: 10am **Distance:** 5 miles **Duration:** 3hrs

Location: [Clifton end of Suspension Bridge, BS8 4DP](#)

Organisation: [Bristol Ramblers](#)

A circular walk starting from the Clifton end of the Suspension Bridge. The route passes through the National Trust's Leigh Woods and the village of Abbots Leigh. On a clear day, the Welsh hills can be seen across the Severn Estuary. Beyond Abbots Leigh lies Abbots Pool, a serene pool in a beautiful wooded location. In May, it will be bursting with new leaf and birdsong. After pausing by the pool, we will return to Clifton via the wide, open spaces of the Ashton Court Estate.

Buses to the start: 8 and 505 to Clifton Village.

Contact name: Wendy

Contact phone: 07970 811668

Contact email: secretary@bristolramblers.org



WSM Evening Health Walks

Category: Health and Wellbeing

Grade: Fairly easy

Must book? No

Free? Yes

Time: 7pm **Duration:** 1hr

Location: Various. Find out more [here](#)

Organisation: [Weston-super-Mare Evening Health Walks](#)

Every
Weds

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Kira Thorpe / North Somerset Council
Physical Activity Team

Contact phone: 07882 474692 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

Hash House Harriers

Category: Walking Sports

Grade: Moderate

Must book? No

Free? Yes

Cost: First time is free, then £1, or £10 per quarter

Time: 7:15pm **Distance:** 3-4 miles **Duration:** 1.5hrs

Location: Various. Find out more [here](#)

Organisation: [BOGS of Somerset Hash House Harriers](#)

Every
Weds

Following the idea of a children's paper chase game, Hash House Harriers follow a trail of chalk, flour, or a real human 'hare' for usually about 4 miles, starting from pubs in the north-west Somerset area. Taking place on Wednesday evenings, fitness is not required, and sociability and friendship take priority over competitiveness. Join us in the pub afterwards! Visit the website to find out more about hashing and see the full list of runs available. Please bring a torch.

Contact name: Doug Warwick

Contact phone: 07957 593194

Contact email: bogs3h@gmail.com



Netwalk

Category: Health and Wellbeing

Grade: Easy

Must book? Yes

Free? Yes

Time: 10am **Duration:** 1hr

Location: [Salthouse Fields Car Park, BS21 7TU](#)

Organisation: [Freelance Mum](#)

Find Freelance Mum on [Facebook](#)

Netwalks are walking and networking combined. Our netwalks are child-friendly events, designed for you and your business. You can make connections and grow your business, with fresh air and fresh thinking!

Contact name: Faye Dicker

[Find out more or book here](#)



Mid-Week Bus Pass Linear Walk

Category: Health and Wellbeing

Grade: Challenging

Must book? Yes

Free? Yes

Time: 10:15am **Distance:** 7-8 miles **Duration:** 4.5hrs

Location: [The George, Backwell Farleigh, BS48 3PG](#)

Organisation: [Woodspring Ramblers](#)

Walk over Backwell Down, Backwell Hill, Tap's Combe, Brockley Court and Cleeve.

Strongly advised to catch X1 bus.

Contact name: Mavis

Contact phone: 07796 725702

Clevedon Town Walking Football

Category: Walking Sports

Must book? No

Free? Yes **Cost:** First session free, then £4

Time: 10:30am **Duration:** 1.5hrs

Location: [Everyone Active Statium Astro Pitch, Davis Lane, BS21 6TG](#)

Organisation: [Clevedon Town Walking Football](#)

Recreational walking football sessions that are great for both physical and mental health. All welcome at our fully inclusive club.

Booking is not required but please let us know when you're coming for the first time so we're available to meet and greet you.

Contact name: John Walter

Contact phone: 07926 592457

Contact email: spf.age47@gmail.com



Walking Netball: WSM

Category: Walking Sports

Must book? Booking not essential but please get in touch before coming

Free? No **Cost:** £3.60

Time: 1pm **Duration:** 1hr

Location: [Hutton Moor Leisure Centre, BS22 8LY](#)

Organisation: [England Netball](#)

Find England Netball on [Instagram](#) and [Facebook](#)

Every
Thurs

Walking Netball is a friendly and inclusive session providing an opportunity to exercise while having fun. It's netball but at a walking pace and the rules are slightly tweaked.

Contact name: Kerry Brooks

Contact phone: 07540 126813

Contact email: kerry.brooks@englandnetball.co.uk



Yatton Health Walks

Category: Health and Wellbeing

Grade: Fairly easy

Must book? No

Free? Yes

Time: 2pm **Duration:** 1hr

Location: Meet at [Millennium Green](#), alongside car park at Congresbury bridge on A370

Organisation: [Yatton Health Walks](#)

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Marion Davies or North Somerset Council Physical Activity Team

Contact phone: 07967 346188 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

We Are Aware Walk & Talk

Category: Health and Wellbeing

Grade: Fairly easy

Must book? Yes

Free? Yes

Time: Please get in touch to find out

Distance: 1-2 miles **Duration:** 2hrs

Location: Contact admin@weareaware.info

Organisation: [We Are Aware](#)

Find We Are Aware on [Instagram](#) and [Facebook](#)

Every
Fri

These are gentle walks to get individuals out and walking for their mental and physical health – to connect in a safe and supportive group with awareness of mental health. Contact us for more information or to join our ever-growing mental health lived experience peer community.

Contact name: Alan, Becci or Sally

Contact email: admin@weareaware.info

[Find out more or book here](#)



Clevedon Health Walks

Category: Health and Wellbeing

Grade: Easy

Must book? No

Free? Yes

Time: 10:30am **Duration:** 1hr

Location: Various. Find out more [here](#)

Organisation: [Clevedon Health Walks](#)

Every
Tues
& Fri

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Lynne Purcell or North Somerset Council Physical Activity Team

Contact phone: 01275 852 663 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

Walking Cricket: Clevedon

Category: Walking Sports

Must book? Yes

Free? First session free

Time: 10:30am **Duration:** 1.5hrs

Location: [Strode Leisure Centre, BS21 6QG](#)

Organisation: [Somerset Cricket Foundation](#)

Every
Fri

Walking cricket is a slower version of the traditional game, played at a 'walking' pace and with adapted rules for indoor spaces. Ideal for men and women, usually aged 50 plus. Benefits of walking cricket include:

- Getting active and improving fitness
- Supporting recovery and rehabilitation after injury or operation
- Improving social wellbeing and meeting new friends
- Improving emotional and mental well being
- Reminiscing about a sport you played in the past
- Learning a new physical skill
- Being part of a new team

Contact name: Mustafa Shaikh

Contact phone: 07385 818493

Contact email:

mustafa.shaikh@somersetcricketfoundation.org

Walking Netball: Nailsea

Category: Walking Sports

Must book? Yes

Free? No Cost: £4

Time: 12pm **Duration:** 1hr

Location: [Scotch Horn Leisure Centre, BS48 1BZ](#)

Organisation: [England Netball](#)

Find England Netball on [Instagram](#) and [Facebook](#)

Every
Fri

Walking Netball is a friendly and inclusive session providing an opportunity to exercise while having fun. It's netball but at a walking pace and the rules are slightly tweaked.

Contact name: Kerry Brooks

Contact phone: 07540 126813

Contact email: kerry.brooks@englandnetball.co.uk



parkrun

parkrun is a free, 5k community event that takes place every Saturday morning. You can walk, jog, run, volunteer or spectate. parkrun is positive, welcoming and inclusive, there is no time limit, and no one finishes last as there is always a volunteer tail walker. Everyone is welcome to come along.

Category: Walking Sports

Grade: Easy

Must book? No, but please register [here](#) first.

Free? Yes

Time: 9am **Distance:** 5km

Every
Sat

Ashton Court parkrun

Location: [Ashton Court, BS41 9JN](#)

Organisation: [parkrun](#)

Contact email: ashtoncourt@parkrun.com

Clevedon Salthouse Fields parkrun

Location: [Clevedon Salthouse Park, BS21 7TU](#)

Organisation: [parkrun](#)

Contact email:

clevedonsalthousefields@parkrun.com

Marine Parade parkrun

Location: [Marine Parade, BS23 1BE](#)

Organisation: [parkrun](#)

Contact email: marineparade@parkrun.com

Failand Bluebell Walk

Category: Nature and Wildlife

Grade: Moderate

Must book? No

Free? Yes

Time: 10am **Distance:** 6 miles **Duration:** 3.5hrs

Location: [Community shop/cafe, Clevedon Rd, BS8 3UL](#)

Organisation: [Bristol Ramblers](#)

This picturesque circular walk undulates through North Somerset fields and woods, with some stiles and the likelihood of cattle. On a clear day, there are extensive views across the Severn Estuary, and there are several bluebell woods which will be at their best in May. Can be muddy in places, so stout footwear is required.

Buses to the start: X6.

There is parking along the road to the left after the shop (if travelling from Bristol).

Contact name: Dorothy

Contact phone: 0117 9669070

Contact email: secretary@bristolramblers.org

Paradise Bottom and 50 Acres

Category: Nature and Wildlife

Grade: Challenging

Must book? No

Free? Yes

Time: 10am **Distance:** 12 miles **Duration:** 6hrs

Location: [Clifton end of Suspension Bridge, BS8 4DP](#)

Organisation: [Bristol Ramblers](#)

We will head west across Leigh Woods, and the slopes of Clifton gorge, through woods and fields, past streams, pools and rivers, with occasional expansive views across the Bristol landscape. The pace will be fairly fast and should suit reasonably strong walkers. There will be some ups and downs as we cross from the bottom to the top of the gorge a few times. The walk will break into four quarters, with three short stops for elevenses, lunch break and mid-afternoon snacks. Please bring a packed lunch, and ideally a sit mat or something to sit down upon while you rest for 10 minutes.

Buses to the start: 8 and 505.

Contact name: Bob

Contact email: secretary@bristolramblers.org



Churchill and Cheddar Health Walks

Category: Health and Wellbeing

Grade: Fairly easy

Must book? No

Free? Yes

Time: 10am **Duration:** 1hr

Location: Various. Find out more [here](#)

Organisation: [Churchill and Cheddar Health Walks](#)

Also
on
18th

If you are new or returning to exercise, Health Walks North Somerset offer the opportunity to improve fitness at a pace that suits you with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers.

Contact name: Adrian Male or North Somerset Council Physical Activity Team

Contact phone: 01934 743 527 / 01275 882 730

Contact email: adrianmale99@gmail.com / getactive@n-somerset.gov.uk

Smile and Stroll

Category: Health and Wellbeing

Grade: Fairly easy

Must book? Yes

Free? No

Time: 10.45am **Duration:** 50 minutes

Location: Clevedon Woods

Organisation: [Harmony4Life](#)

Find Harmony4Life on [Facebook](#)

Unwind, de-stress and reconnect with nature on a guided walk through the enchanting Clevedon Woods. Immerse yourself in the beauty of the North Somerset countryside during this Walk Fest event. It's the perfect opportunity to boost your wellbeing and practice mindfulness in a stunning natural setting. Escape the everyday and immerse yourself in the sights, sounds, and smells of Clevedon Woods. Leave feeling refreshed, rejuvenated, and ready to make the most of the weekend!

We also run regular meet ups on Mondays at 9am and Wednesdays at 7.45am in the Poet's Walk area of Clevedon and meet ups on Saturdays.

[Find out more and book your place click here](#)

Contact name: Claire

Contact phone: 07813 138 171

Contact email: claire.paul@harmony4life.co.uk

50th Anniversary Walk

Category: Health and Wellbeing

Grade: Moderate

Must book? Yes

Free? No **Cost:** Approximately £26.50

Time: 8am **Duration:** Full day

Distance: 7.5 miles and another option of 9 miles

Location: [Lidl, Worle, BS22 6WE](#)

Organisation: [Weston Walking Group](#)

Coach outing to West Bay with 2 distance options to celebrate the 50th anniversary of our group

Contact phone: 07770 721954

Junior parkrun

Junior parkrun is 2k, dedicated to 4-14 year olds and their families, every Sunday morning. Junior parkrun is positive, welcoming and inclusive, there is no time limit and no one finishes last as there is always a volunteer tail walker.

Category: Walking Sports

Grade: Easy

Must book? No, but please register [here](#) first.

Free? Yes

Time: 9am **Distance:** 2km

(See next page for venue details)

Every
Sun



Clevedon Seafront Junior parkrun

Location: [Clevedon Bandstand, BS21 7EH](#)

Organisation: [parkrun](#)

Contact email: clevedonseafontjuniors@parkrun.com

Nailsea Golden Valley Playing Field Junior parkrun

Location: [Golden Valley Playing Field, BS48 2LL](#)

Organisation: [parkrun](#)

Contact email:

goldenvalleyplayingfieldjuniors@parkrun.com

Yatton Recreation Junior parkrun

Location: [Yatton Recreation Ground, BS49 4HS](#)

Organisation: [parkrun](#)

Contact email: yattonrecreationjuniors@parkrun.com

Weston-super-Mare Junior parkrun

Location: [Walford Avenue Neighbourhood Open Space, BS22 7RD](#)

Organisation: [parkrun](#)

Contact email:

westonsupermarejuniors@parkrun.com

Burrington Bottom to Blagdon and Rickford

Category: Health and Wellbeing

Grade: Challenging

Must book? Yes

Free? Yes

Time: 11am **Distance:** 6 miles **Duration:** 3.5hrs

Location: [Car Park, Burrington Combe BS40 7AS](#)

Organisation: [Woodspring Ramblers](#)

Walk up Burrington to view the bluebells, across fields to Blagdon and return via Rickford.

Contact name: Di

Contact phone: 07460 090500

Trees Through Time

Category: Nature and Wildlife

Grade: Moderate

Must book? Yes

Free? No **Cost:** £5 suggested / pay what you can

Time: 2pm **Distance:** Approx. 5km **Duration:** 2.5hrs

Location: [Leigh Woods, North Road, BS8 3PL](#)

Organisation: Danny Burke

Come on a journey of discovery of the trees that surround us. Our island's story has always been, and always will be, closely intertwined with the woods. In this interactive guided walk, we will explore the history of trees in Britain: how woodland cover has evolved over the centuries, our ancestors' inextricable relationship with trees, and a taste of the folklore that emerged from it. We will also learn to identify (and connect to) the trees around us, consider threats they face, and think about how recent, ground-breaking advances in tree science invite us to view trees in a new light. Looking to the future, we will consider how humans might restore balance to our relationship with trees, so that we might support each other once more.

Contact name: Danny Burke

Contact phone: 07883 097180

Contact email: danny.burke@hotmail.co.uk



Portishead Sculpture Trails

Category: Art and Culture

Grade: Fairly easy

Must book? Yes

Free? Yes

Time: 2pm **Distance:** 3km **Duration:** 2hrs

Location: [The Precinct, Outside the Port Bar, BS20 6AH](#)

Organisation: [Portishead Town Council](#)

Every
Sun

Art is story telling... and there is no better way to learn the history and culture of Portishead than by walking or cycling these trails. Established almost 25 years ago, our three trails will take you on a journey through time and the port, with its stories and history brought to light through a series of sculptures and installations.

Either enjoy digitally through an app combined with guide leaflets or with our very own local artist and former lecturer Martin Dowling. Martin adds his own personal interpretation to the walk, adding a rich colour and warmth from a local boy who understands the connection between place, its people and its story.

Contact name: Martin Dowling

Contact phone: 07960 932781

Contact email:

martin.dowling@portishead.gov.uk

[Find out more or book here](#)

