

CHOOSE FROM LOTS OF AMAZING WALKS AND EVENTS IN AND AROUND NORTH SOMERSET

Options for all ages, interests and abilities. Most walks are FREE For full information: n-somerset.gov.uk/nswalkfest or call 01275 882730







WELCOME TO NORTH SOMERSET WALKFEST 2024 A CELEBRATION OF WALKING IN NORTH SOMERSET

The month-long programme features lots of walks and events covering art, environment, nature, history, architecture, wellbeing, walking sports, wildlife and much more. Most events are free and cater for all ages and levels of ability. It's a great way to get fit, make new friends and have fun. Check our online programme for all walks, events, information and booking details.

n-somerset.gov.uk/nswalkfest

GUIDE TO SYMBOLS AND INFORMATION

MUST BOOK - Please refer to the Walk Fest website for more information on individual event booking. **FREE EVENTS** - Where a cost is not included, the event is FREE!

WALK GRADES AND THEMES

EASY - mainly flat on paved surfaces without features such as steps; gentle pace.

FAIRLY EASY - mainly flat on paved surfaces with features such as steps; gentle pace.

MODERATE - more challenging slopes and the ground may be varied, may include steps and stiles; moderate pace.

CHALLENGING - suitable for experienced walkers able to walk longer distances over mixed terrain and gradients at a brisk pace.



WALKING SPORTS

NATURE AND WILDLIFE

A HISTORY AND ARCHITECTURE

ARTS AND CULTURE

KEY INFORMATION





Buggy friendly

→ Dogs on leads welcome

Family friendly

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• • • Frequent rest stops

Mobility scooter friendly

Take a packed lunch

WC Toilets available

Visually impaired friendly

Walk repeated during festival

Wheelchair friendly

Refreshments available to buy



We've brought together a whole programme of walks to make sure there is something for everyone: so, head out for a walk for the joy of walking, learn something new during an educational guided walk, talk it through in a walk and talk or netwalking group, or give walking sports a go.

Visit the website to find information about local groups and walking routes. Routes are up to 6 miles and all across North Somerset.

HEALTH WALKS

Health Walks are aimed at individuals who want to start and stay active. They are led by volunteers who have attended leader training to ensure a safe and enjoyable walk for all. Nailsea, Portishead and Weston offer a variety of distances for different abilities.

WALK EVERY DAY IN MAY

Start a new habit and challenge yourself to walk every day during Walk Fest. The distance isn't important. Head to the website to download the tracker and tick off every day that you walk.

Full information about all the of walks is available on our website: n-somerset.gov.uk/nswalkfest

WEDNESDAY 1 MAY

WEDNESDAY 1 MAY

THURSDAY 2 MAY



WALK EVERY DAY IN MAY

Time Any time Distance You choose **Location** Anywhere **Organiser** North Somerset Council

Challenge yourself to walk every day in May! You can walk for as long as suits you - even 10 minutes each day and vou'll feel the difference.

Contact n-somerset.gov.uk/nswalkfest



FAIRLY EASY

MUST BOOK

WALK WELL

Time Any time Distance 10,000 steps a day **Location** Anywhere Organiser Penny Brohn UK Contact 0303 300 0118

fundraising@pennybrohn.org.uk Step up for Walk Well in May! Support Penny Brohn UK by taking 10,000 steps a day. Every step counts for cancer wellness. Join us and make a difference!



MODERATE

MUST BOOK

OSPREY OUTDOORS WALK

Time 9:30am Distance 4-6 miles **Duration 6hrs Location Mendips -**3 mini bus pickups from WSM, Worle and Clevedon, or meet us there! **Organiser** Osprey Outdoors Contact 07778 913192

osprevoutdoors@gmail.com Join us for a walk in the local countryside and enjoy a day away from town. Starting at 4 miles. No experience necessary. A positive step for your mental health.



MODERATE

LONG ASHTON AND ASHTON COURT

Time 10am Distance 5 miles Duration 3hrs Location Angel Inn, BS41 9LU **Organiser** Bristol Ramblers Contact 0117 966 9070

secretary@bristolramblers.org From Long Ashton, past the golf course and through woods (hopefully lots of bluebells) up to the Ashton Court meadows with fine views over Bristol Descend through woods to the deer park.



FAIRLY EASY

WINSCOMBE WONDER WALKS

Time 1pm Duration 1hr **Location** Winscombe Award Land Car Park, BS25 5RN **Organiser** Naturally Mindful These guided walks are designed to nurture your mental wellbeing, foster a deep connection with nature, and inspire mindfulness.





MODERATE

ABBOTS POOL

Time 10am Distance 5 miles **Duration** 3hrs **Location** The Clifton end of the Suspension Bridge, BS8 4DP **Organiser** Bristol Ramblers Contact 07970 811668 secretary@bristolramblers.org A lovely walk from the suspension bridge, passing through Leigh Woods and Abbots Leigh to the serene and beautiful Abbots Pool, returning across the Ashton Court Estate.



FAIRLY EASY

WSM EVENING HEALTH WALKS

Time 7pm Duration 1hr **Location** Various. See betterhealthns.co.uk/get-active/walking **Organiser** Weston-super-Mare Evening Health Walks Contact 01275 882 730 getactive@n-somerset.gov.uk See page 3 for description.



MODERATE

HASH HOUSE HARRIERS

Time 7:15pm Distance 3-4 miles **Duration 1.5hrs Cost First session** free, then £1 Location Contact us

Organiser BOGS of Somerset Hash House Harriers

Contact 07957 593194

bogs3h@gmail.com Follow a chalk, flour or human 'hare' trail from pubs in the local area. Fitness is NOT a pre-requisite. Sociability and friendship take priority over competitiveness. Bring a torch.





EASY

MUST BOOK

NETWALK

Time 10am Duration 1hr Location Salthouse Fields Car Park. BS21 7TU

Organiser Freelance Mum Netwalks are networking and walking combined. They are child-friendly events, designed for you and your business. You can make connections and grow your business, with fresh air and fresh thinking!





CHALLENGING MUST BOOK

MID WEEK BUS PASS LINEAR WALK

Time 10:15am Distance 7-8 miles

Duration 4.5hrs

Location Backwell Farleigh

(advised to catch X1 bus)

Organiser Woodspring Ramblers Contact 07796 725702

Walk over Backwell Down, Backwell Hill, Tap's Combe, Brockley Court and Cleeve.



MUST BOOK

CLEVEDON TOWN WALKING FOOTBALL

Time 10:30am Duration 1.5hrs Cost First free, then £4

Location Everyone Active Stadium Astro Pitch, BS21 6TG

Organiser Clevedon Town

Walking Football

Contact 07926 592457

spf.age47@gmail.com

Recreational walking football sessions for all. Tea. coffee and biscuits after.







MUST BOOK

WALKING NETBALL - WSM

Time 1pm Duration 1hr Cost £3.60 Location Hutton Moor Leisure Centre, BS22 8LY Organiser England Netball Contact 07540 126813

kerry.brooks@englandnetball.co.uk Walking Netball is a friendly and inclusive session providing an opportunity to exercise while having fun. It's netball but at a walking pace and the rules are slightly tweaked.





FAIRLY EASY

YATTON HEALTH WALKS

Time 2pm Duration 1hr Location Millennium Green, car park at Congresbury bridge on A370 **Organiser** Yatton Health Walks Contact 01275 882 730 getactive@n-somerset.gov.uk See page 3 for description.



FRIDAY 3 MAY



FAIRLY EASY

MUST BOOK

WE ARE AWARE WALK & TALK

Distance 1-2 miles Duration 2hrs Location Contact us **Organiser** We Are Aware Contact admin@weareaware.info

These are gentle walks to get individuals out and walking for their mental and physical health - to connect in a safe and supportive group with awareness of mental health.



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EASY

CLEVEDON HEALTH WALKS

Time 10:30am Duration 1hr Location Various. Contact us **Organiser** Clevedon Health Walks Contact 01275 882 730 getactive@n-somerset.gov.uk See page 3 for description.





MUST BOOK

WALKING CRICKET CLEVEDON

Time 10:30am Duration 1.5hrs

Cost First session free

Location Strode Leisure Centre, BS21 6QG **Organiser** Somerset Cricket Foundation Contact 07385 818493 mustafa.shaikh@ somersetcricketfoundation.org

Walking cricket is a slower version of the traditional game, played at a 'walking' pace and with adapted rules for indoor spaces. Ideal for men and women usually aged 50 plus.



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MUST BOOK

WALKING NETBALL - NAILSEA

Time 12pm Duration 1hr Cost £4 **Location** Scotch Horn Leisure Centre, BS48 1BZ

Organiser England Netball Contact 07540 126813

kerry.brooks@englandnetball.co.uk Walking Netball is a friendly and inclusive session providing an opportunity to exercise while having fun. It's netball but at a walking pace and the rules are slightly tweaked.



EASY

MARINE PARADE PARKRUN

SATURDAY 4 MAY

Time 9am Distance 5k

Location Marine Parade, BS23 1BE

Organiser parkrun

Contact marineparade@parkrun.com A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate - it's up to vou! Register online.



EASY

CLEVEDON SALTHOUSE FIELDS PARKRUN

Time 9am Distance 5k **Location** Clevedon Salthouse Park. BS21 7TU

Organiser parkrun **Contact**

clevedonsalthousefields@parkrun.com A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate - it's up to you! Register online.



MODERATE

ASHTON COURT PARKRUN

Time 9am Distance 5k

Location Ashton Court, BS41 9JN

Organiser parkrun

Contact ashtoncourt@parkrun.com A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate - it's up to you! Register online.



MODERATE

FAILAND BLUEBELL WALK

Time 10am Distance 6 miles

Duration 3.5hrs

Location Community shop/café, BS8 3UL

Organiser Bristol Ramblers Contact 0117 966 9070

secretary@bristolramblers.org

A picturesque walk through undulating fields and several bluebell woods. On a clear day, there are extensive views across the Severn Estuary.





CHALLENGING

PARADISE BOTTOM AND 50 ACRES Time 10am Distance 12 miles

Duration 6hrs **Location** Toll booth, Clifton end of bridge, BS8 4DU **Organiser** Bristol Ramblers Contact secretary@bristolramblers.org Cross Leigh Woods and the slopes of Clifton gorge, passing woods, fields, streams, pools and rivers. Occasional expansive views. Fairly fast pace, suiting reasonably strong walkers.





FAIRLY EASY

CHURCHILL AND CHEDDAR HEALTH WALKS

Time 10:30am Duration 1hr Location Various, Contact us Organiser Churchill and Cheddar Health Walks Contact 01275 882 730 getactive@n-somerset.gov.uk See page 3 for description.



MODERATE

MUST BOOK

50TH ANNIVERSARY WALK

Time 8am

Distance 7.5 or 9 miles

Duration Full day

Cost Approx £26.50

Location Lidl, BS22 6WE

Organiser Weston Walking Group

Contact 07770 721954

Coach outing to West Bay with 2 distance options to celebrate the 50th anniversary of our group.



A EASY

WESTON-SUPER-MARE JUNIOR PARKRUN

Time 9am Distance 2k

Location Walford Avenue Neighbourhood

Open Space, BS22 7RD Organiser Junior parkrun Contact

westonsupermarejuniors@parkrun.com A free, fun, and friendly weekly 2k event for juniors (4-14yrs with their parent/ carers). Register online.



EASY

YATTON RECREATION JUNIOR PARKRUN

Time 9am Distance 2k

Location Yatton Recreation

Ground, BS49 4HS

Organiser Junior parkrun Contact yattonrecreationjuniors@parkrun.com A free, fun, and friendly weekly 2k event for juniors (4-14yrs with their parent/ carers). Register online.



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EASY

CLEVEDON SEAFRONT JUNIOR PARKRUN

SUNDAY 5 MAY

Time 9am Distance 2k

Location Clevedon bandstand, BS21 7EH

Organiser Junior parkrun Contact

clevedonseafrontjuniors@parkrun.com A free, fun, and friendly weekly 2k event for juniors (4-14yrs with their parent/ carers). Register online.



EASY

NAILSEA GOLDEN VALLEY PLAYING FIELD JUNIOR PARKRUN

Time 9am Distance 2k

Location Golden Valley Playing Field, **BS48 2LL**

Organiser Junior parkrun

Contact goldenvalleyplayingfieldjuniors @parkrun.com

A free, fun, and friendly weekly 2k event for juniors (4-14yrs with their parent/carers). Register online.



CHALLENGING MUST BOOK

BURRINGTON BOTTOM TO BLAGDON AND RICKFORD

Time 11am Distance 6 miles **Duration** 3.5hrs **Location** Car Park,

Burrington Combe, BS40 7AS **Organiser** Woodspring Ramblers

Contact 07460 090500

Walk up Burrington to view the bluebells, across fields to Blagdon and return via Rickford.

FAIRLY EASY

MUST BOOK

PORTISHEAD SCULPTURE TRAILS

Time 2pm Distance 3k Duration 2hrs Location Outside the Port Inn, BS20 6AH **Organiser** Portishead Town Council Contact 07960 932781 martin.dowling@portishead.gov.uk Take a walk or guided tour and learn about the history, culture and people of Portishead, brought to life through



MODERATE

MUST BOOK

TREES THROUGH TIME

Time 2pm Distance Approx 5km **Duration 2.5hrs**

Cost Pay what you can / £5

Location Leigh Woods,

North Road, BS8 3PL **Organiser** Independent

Contact 07883 097180

danny.burke@hotmail.co.uk

An interactive walk through Leigh Woods, exploring the past, present and future of trees in Britain. Learn about, identify and connect to trees around us.



MONDAY 6 MAY



PORTISHEAD HEALTH WALKS

Time 10:30am Duration 1hr Location Waitrose Piazza, BS20 7DE **Organiser** Portishead Health Walks Contact 01275 882 730 getactive@n-somerset.gov.uk See page 3 for description.

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MUST BOOK

CLEVEDON TOWN WALKING FOOTBALL

Time 10:30am - see page 5 for details.



EASY

NAILSEA HEALTH WALKS

Time 11am Duration 1hr Location Various. Contact us **Organiser** Nailsea Health Walks Contact 01275 882 730 getactive@n-somerset.gov.uk See page 3 for description.





FAIRLY EASY

MUST BOOK

WESTON WONDER WALKS

Time 1pm Duration 1.5hrs Location Birnbeck Pier Viewpoint. BS23 2EF Organiser Naturally Mindful This is not just a stroll; it's a mindful exploration of the coastal, urban, and green spaces that makes WSM exceptional.



BLUE PLAQUES OF WSM

Time 6:15pm

Distance Approximately 4.5 miles

Duration 2hrs

Location Grand Pier Seafront **Organiser** Weston Walking Group A walking town trail of Weston super

Mare, looking at Blue Plagues.



EASY

FLAX BOURTON HEALTH WALKS

Time 10am Duration 1hr Location St Michael's Church on A370. BS48 3PY **Organiser** Flax Bourton Health Walks Contact 01275 882 730 getactive@n-somerset.gov.uk See page 3 for description.





EASY

CLEVEDON HEALTH WALKS

Time 10:30am - see page 6 for details.



MODERATE

WESTON WOODS WALK

Time 10:30am Distance 4.5 miles **Duration** 3hrs **Location** Entrance to Weston Woods. Worlebury Hill Road, BS22 9SG **Organiser** Weston Walking Group Moderate woodland walk with a short break for refreshments (please bring your own).





MUST BOOK

WALKING NETBALL - PORTISHEAD

Time 10:45am Duration 1.5hrs Cost £5 Location Parish Wharf Leisure Centre, BS20 7DD **Organiser** England Netball Contact 07540 126813

kerry.brooks@englandnetball.co.uk Walking Netball is a friendly and inclusive session providing an opportunity to exercise while having fun. It's netball but at a walking pace and the rules are slightly tweaked.



EASY

WINSCOMBE HEALTH WALKS

Time 11am Duration 1hr Location Woodborough Inn, BS25 1HD **Organiser** Winscombe Health Walks Contact 01275 882 730 getactive@n-somerset.gov.uk See page 3 for description.



MUST BOOK

WALKING CRICKET WSM

Time 12:30pm Duration 1.5hrs

Cost First session free

Location Hutton Moor Leisure Centre, BS22 8LY

Organiser Somerset Cricket Foundation Contact 07385 818493 mustafa.shaikh@

somersetcricketfoundation.org Walking cricket is a slower version of the traditional game, played at a 'walking' pace and with adapted rules for indoor spaces. Ideal for men and women usually aged 50 plus.





EASY

LEARNING DISABILITY WALKS: CLEVEDON

Time 2pm Distance 3-5km **Duration 1.5hrs** Location Marine Lake, BS21 7TU **Organiser** North Somerset People First Contact 01934 426 086 info@nspf.co.uk A free, friendly group for adults with a learning disability and/or autism. Come and meet people and keep fit.

MODERATE

TUESDAY 7 MAY

LONG ASHTON AND FAILAND

Time 6:45pm Distance 5 miles **Duration** 2hrs **Location** Long Ashton Village Hall, BS41 9DR **Organiser** Bristol Ramblers Contact 01275 394 188 secretary@bristolramblers.org A delightful walk following footpaths and bridleways, including Ashton Hill

woods. There should be bluebells.



WEDNESDAY 8 MAY



MODERATE

MUST BOOK

OSPREY OUTDOORS WALK

Time 9:30am - see page 4 for details.



MODERATE

LEIGH WOODS AND NIGHTINGALE VALLEY

Duration 3hrs Location The coffee cart. Suspension Bridge, BS8 3PD **Organiser** Bristol Ramblers

Time 10am Distance 6 miles

Contact 0117 956 6892

secretary@bristolramblers.org A lovely woodland and riverside circuit. Mostly hard surface tracks and some steady climbs, such as Paradise Bottom.



MODERATE

BLAGDON LAKE WALK

Time 10:30am Distance Approximately 7 miles **Duration** Full day Location North end of lake dam by the spillway, BS40 7UN **Organiser** Weston Walking Group An interesting walk around the lake including Nempnett Thrubwell, Ublev and Blagdon. With stops for coffee and picnic (please bring your own).





FAIRLY EASY

WINSCOMBE WONDER WALKS

Time 1pm - see page 4 for details.



FAIRLY EASY

WSM EVENING HEALTH WALKS

Time 7pm - see page 5 for details.



MODERATE

HASH HOUSE HARRIERS

Time 7:15pm - see page 5 for details.

THURSDAY 9 MAY



MODERATE

NAILSEA. BROCKLEY COURT, BACKWELL PONDS

Time 9:30am Distance 5 miles **Duration 4hrs Location Cross Elms** Lane, BS9 2BP Organiser Stoke Lodge Ramblers Contact 07802 765375 Cross fields towards the grade 2 listed St Nicholas Church. Short climbs, a stile and some road walking. Return through fields to Backwell Ponds, with some steps up to cross the railway line.





THURSDAY 9 MAY

FRIDAY 10 MAY

SUNDAY 12 MAY

STRENUOUS

A BRUNEL. BANKSY AND BOTANY FEST

Time 10am Distance 11 miles **Duration** 5.5hrs **Location** Outside the Bristol Beacon, BS1 5AR **Organiser** Bristol Ramblers Contact 07497 809078 secretary@bristolramblers.org A circular walk that is full of interest. From the Bristol Beacon, to the Floating Harbour, through woodland to Ashton Court for a lunch/picnic stop, and

returning across the Suspension Bridge.



MODERATE

MUST BOOK

ECOLOGY NATURE WALK

Time 10am Distance 4km **Duration 2hrs Cost £8**

Location Mendip Activity Centre, BS25 5PQ **Organiser** Mendip Activity Centre Contact mendip.me/book/naturewalk/ A short but steep 4km walk hosted by Nathan Orr, Mendip Hills National Landscape ecologist exploring the rich and varied wildlife, geology and the history of Mendip Activity Centre.



FAIRLY EASY

MUST BOOK

BLAZE TRAILS - POET'S WALK

Time 10:30am Distance 2 miles **Duration 1-1.5hrs Location Salthouse** Fields restaurant, BS21 7TY **Organiser** Blaze Trails - Somerset Contact jemmagrundon@gmail.com A short and easy walk - fairly accessible, with good views, refreshments and a playground too.



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MUST BOOK

CLEVEDON TOWN WALKING FOOTBALL

Time 10:30am - see page 5 for details.



MUST BOOK

WALKING NETBALL - WSM

Time 1pm - see page 6 for details.



EASY

FAMILY WALK

Time 1:30pm Distance 4 miles **Duration 2hrs** Location Uphill Boat Yard, BS23 4XR **Organiser** Weston Walking Group A level, family walk towards Brean and back. All welcome including pushchairs, wheelchairs, dogs, children, grandparents etc.



FRIDAY 10 MAY



EASY

CLEVEDON HEALTH WALKS

Time 10:30am - see page 6 for details.



MUST BOOK

WALKING CRICKET CLEVEDON

Time 10:30am - see page 6 for details.



FAIRLY EASY

MUST BOOK

TYNTESFIELD VISUALLY IMPAIRED WALK

Time 11am Distance 0.75 miles **Duration** 1hr **Cost** Admission to venue Location Home Farm, Tyntesfield Estate, BS48 1PA

Organiser National Trust Contact 01275 461 900

Learn about the history of Tyntesfield using your senses to engage with nature.

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MUST BOOK

WALKING NETBALL - NAILSEA

Time 12pm - see page 6 for details.



MODERATE

MUST BOOK

50TH ANNIVERSARY WALK

Time 1pm

Distance Approximately 4 miles **Duration 2hrs Location Roman Road**, Bleadon Hill, BS24 9UT

Organiser Weston Walking Group Contact 01934 624 138

Join us for a local walk to celebrate our 50th anniversary, or just come for a cream tea at 3pm at Bleadon Farm Shop café.





FAIRLY EASY

MUST BOOK

WE ARE AWARE WALK & TALK

See page 6 for details.

SATURDAY 11 MAY



PARKRUN

Time 9am - see page 7 for details.



EASY

YOUNG PEOPLE'S WALKS

Time 10am Distance 3-5km

Duration 2hrs

Location Parish Wharf Leisure Centre, **BS20 7DD**

Organiser North Somerset People First Contact 01934 426 086 info@nspf.co.uk A free, friendly group for young people aged 16-25 with a learning disability and/or autism. Come and meet people and keep fit.



A EASY

JUNIOR PARKRUN

Time 9am - see page 8 for details.



FAIRLY EASY

MUST BOOK

PORTISHEAD SCULPTURE TRAILS

Time 2pm - see page 9 for details.



MUST BOOK



TREES THROUGH TIME Time 2pm - see page 9 for details.

MONDAY 13 MAY



EASY

LONG ASHTON HEALTH WALKS

Time 10:30am Duration 1hr **Start Location** Long Ashton Community Centre, BS41 9DP **End Location** Old Library Café, BS41 9AH

Organiser Long Ashton Health Walks Contact 01275 882 730 getactive@n-somerset.gov.uk See page 3 for description.





PORTISHEAD HEALTH WALKS

Time 10:30am - see page 9 for details.



MUST BOOK

CLEVEDON TOWN WALKING FOOTBALL

Time 10:30am - see page 5 for details.

MUST BOOK

WALKING NETBALL - CLEVEDON

Time 10:45am Duration 1hr Cost £6 **Location** Strode Leisure

Centre, BS21 6QG

Organiser England Netball Contact 07540 126813

kerry.brooks@englandnetball.co.uk Walking Netball is a friendly and inclusive session providing an opportunity to exercise while having fun. It's netball but at a walking pace and the rules are slightly tweaked.





NAILSEA HEALTH WALKS

Time 11am - see page 9 for details.



MUST BOOK

WALKING NETBALL - WSM

Time 1pm - see page 6 for details.



FAIRLY EASY

WSM HEALTH WALKS

Time 2pm Duration 1hr Location Various. Contact us **Organiser** Weston-super-Mare Health Walks Contact 01275 882 730 getactive@n-somerset.gov.uk See page 3 for description.



EASY

FLAX BOURTON HEALTH WALKS

TUESDAY 14 MAY

Time 10am - see page 10 for details.



EASY

CLEVEDON HEALTH WALKS

Time 10:30am - see page 6 for details.



MUST BOOK

WALKING NETBALL - PORTISHEAD

Time 10:45am - see page 10 for details.



EASY

WINSCOMBE HEALTH WALKS

Time 11am - see page 10 for details.



MUST BOOK

WALKING CRICKET WSM

Time 12:30pm - see page 10 for details.



EASY

LEARNING DISABILITY WALKS: WESTON

Time 2pm Distance 3-5km **Duration 1.5hrs** Location Grand Pier, BS23 1AL **Organiser** North Somerset People First Contact 01934 426 086 info@nspf.co.uk A free, friendly group for adults with a learning disability and/or autism.

Come and meet people and keep fit.

WEDNESDAY 15 MAY



MODERATE

MUST BOOK

OSPREY OUTDOORS WALK

Time 9:30am - see page 4 for details.

FAIRLY EASY

MUST BOOK

NAILSEA & DISTRICT FOOTPATH GROUP: WEDNESDAY STROLL

Time 10:30am Distance 2-4 miles **Duration 2-3hrs** Location TBC - contact us **Organiser** Nailsea and District Footpath Group Contact 01275 810 067 qb1@bluevonder.co.uk Join us for one of our regular Wednesday morning strolls.



FAIRLY EASY

WINSCOMBE WONDER WALKS

Time 1pm - see page 4 for details.



FAIRLY EASY

WSM EVENING HEALTH WALKS

Time 7pm - see page 5 for details.



MODERATE

HASH HOUSE HARRIERS

Time 7:15pm - see page 5 for details.

THURSDAY 16 MAY



CHALLENGING MUST BOOK

Thursday all-day walks.

NAILSEA & DISTRICT FOOTPATH GROUP: THURSDAY LONG WALK

Time 9am Distance 10-12 miles **Duration** All day Location Nailsea Tesco, BS48 1AQ **Organiser** Nailsea and District Footpath Group Contact 01275 810 067 gb1@blueyonder.co.uk Join us for one of our regular



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MUST BOOK

CLEVEDON TOWN WALKING FOOTBALL

Time 10:30am - see page 5 for details.



MODERATE

MUST BOOK

DOLEBURY WARREN WALK

Time 12pm Distance 3.5 miles **Duration** 3.5hrs **Location** Contact us **Organiser** Bristol Steppin' Sistas Contact ifsimpson50@hotmail.com This inspiring three mile gentle circular walk around Dolebury Warren includes stunning views, butterflies and orchids. Bring a picnic.





MUST BOOK

WALKING NETBALL - WSM

Time 1pm - see page 6 for details.



MAES KNOLL

Time 6:45pm Distance 5 miles **Duration 2hrs Location Junction of** Bamfield & Paddock Garden, BS14 0TG **Organiser** Bristol Ramblers Contact 01275 394 188 secretary@bristolramblers.org A circular evening walk from Whitchurch up to Maes Knoll. the great Iron Age hill fort on the

Dundry ridge. Magnificent views.



SATURDAY 18 MAY

SUNDAY 19 MAY

MONDAY 20 MAY

CHALLENGING MUST BOOK

INCREDIBLE HIKE

Time 8am Distance 60 miles **Duration** 3 days **Cost** £350 **Start Location** Minehead **End Location** Croyde

Organiser Children's Hospice South West

Contact 01271 325 270

kate.romo@chsw.org.uk A guided 3-day walk totalling 60 miles from Minehead to Croyde. Every year, we pick up where we left off, walking to complete the South West Coast Path while raising money for children and young people living with life-limiting conditions. Food and transfers included.



CLEVEDON HEALTH WALKS

Time 10:30am - see page 6 for details.



MUST BOOK

WALKING CRICKET CLEVEDON

Time 10:30am - see page 6 for details.



MUST BOOK

WALKING NETBALL - NAILSEA

Time 12pm - see page 6 for details.



FAIRLY EASY

MUST BOOK

WE ARE AWARE WALK & TALK

See page 6 for details.

SATURDAY 18 MAY



PARKRUN

Time 9am - see page 7 for details.

FAIRLY EASY

CHURCHILL AND CHEDDAR **HEALTH WALKS**

Time 10:30am - see page 7 for details.



MODERATE

ROTATING AROUND RICKFORD

Time 2pm Distance 4 miles

Duration 2.5hrs

Location Blagdon Village Club, BS40 7TA Organiser Wellbeing Walks for Women Contact 07888 486118

toriharpercounselling@yahoo.com A walk with spectacular views and a mix of terrain.

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SUNDAY 19 MAY

A EASY

JUNIOR PARKRUN

Time 9am - see page 8 for details.



MODERATE

NAILSEA ROUND

Time 9am Distance 9 miles

Duration 8hrs Location Contact us

Organiser Bristol Ramblers

Contact 07812 143302

secretary@bristolramblers.org

From Wraxall House ascend towards the warren, with views over Nailsea. Descend to Tickenham and West End, with a lunch stop at the Blue Flame, before completing the circuit.





MUST BOOK

PORTISHEAD SCULPTURE TRAILS

Time 2pm - see page 9 for details.

L FAIRLY EASY

SOPHIE'S BEACH CLEAN

Time 2pm Location Italian Gardens. BS23 1HL Organiser Sophie's Super Litter Picking Contact

sophiessuperlitterpicking@gmail.com Clean the beach on this litter picking walk. Most equipment is provided but please bring your own if you can. Wear safe and sturdy shoes.



MODERATE

MUST BOOK

TREES THROUGH TIME

Time 2pm - see page 9 for details.

MONDAY 20 MAY



MODERATE

ABBOTS POOL

Time 10am - see page 5 for details.



EASY

LONG ASHTON HEALTH WALKS

Time 10:30am - see page 13 for details.



PORTISHEAD HEALTH WALKS

Time 10:30am - see page 9 for details.



MUST BOOK

CLEVEDON TOWN WALKING FOOTBALL

Time 10:30am - see page 5 for details.



MUST BOOK

WALKING NETBALL - CLEVEDON

Time 10:45am - see page 14 for details.



EASY

NAILSEA HEALTH WALKS

Time 11am - see page 9 for details.



MUST BOOK

WALKING NETBALL - WSM

Time 1pm - see page 6 for details.



FAIRLY EASY

WSM HEALTH WALKS

Time 2pm - see page 14 for details.

TUESDAY 21 MAY

MODERATE

MUST BOOK

NAILSEA AND DISTRICT FOOTPATH **GROUP MORNING WALK**

Time 9:30am Distance About 5 miles **Duration 3hrs Location Nailsea Organiser** Nailsea and District Footpath Group Contact 01275 810 067

gb1@bluevonder.co.uk

Join us for one of our regular Tuesday morning walks, which are about 5 miles.





MODERATE

PARADISE BOTTOM AND ABBOTS LEIGH

Time 10am Distance 5 miles **Duration** 3hrs **Location** A369 north-east side layby opposite Sandy Lane, BS8 3QY Organiser Bristol Ramblers

Contact 07783 088089 secretary@bristolramblers.org

Descend to Paradise Bottom, then climb through Leigh Woods to follow the Monarchs Way to Abbots Leigh. Continues to Abbot's Pool and return along Sandy Lane. Peaceful woodland, riverside and open fields.



TUESDAY 21 MAY

WEDNESDAY 22 MAY

FRIDAY 24 MAY



FLAX BOURTON HEALTH WALKS

Time 10am - see page 10 for details.



EASY

CLEVEDON HEALTH WALKS

Time 10:30am - see page 6 for details.



MUST BOOK

WALKING NETBALL - PORTISHEAD

Time 10:45am - see page 10 for details.



EASY

LEARNING DISABILITY WALK OR CYCLE!

Time 10:45am Duration 1.5hrs **Location** The Strawberry Line. Yatton **Organiser** North Somerset People First Contact 01934 426 086 info@nspf.co.uk A free, friendly group for adults with a learning disability and/or autism. Come and meet people and keep fit. Walk or cycle! Accessible bikes available.



EASY

WINSCOMBE HEALTH WALKS

Time 11am - see page 10 for details.



MUST BOOK

WALKING CRICKET WSM

Time 12:30pm - see page 10 for details.

MODERATE

ASHTON COURT AND CLIFTON

Time 6:30pm Distance 5.5 miles **Duration 2.5hrs**

Location Outside the Nova Scotia, BS1 6XJ

Organiser Bristol Ramblers Contact 07484 238717

secretary@bristolramblers.org A very special walk that manages to combine cityscapes with glorious parkland, whilst also celebrating our wonderful Suspension Bridge.



WEDNESDAY 22 MAY



MODERATE

MUST BOOK

OSPREY OUTDOORS WALK

Time 9:30am - see page 4 for details.



CHALLENGING

A DUNDRY ROUND

Time 9:30am Distance 6 miles **Duration** 3hrs **Location** Free car park, Dundry village, BS41 8LQ **Organiser** Bristol Ramblers Contact 07780 934969

secretary@bristolramblers.org Spectacular views across Bristol. North Somerset and even Wales. Fields, lanes, woodland and plenty of fresh air.



FAIRLY EASY

WINSCOMBE WONDER WALKS

Time 1pm - see page 4 for details.



FAIRLY EASY

WSM EVENING HEALTH WALKS

Time 7pm - see page 5 for details.

MODERATE

HASH HOUSE HARRIERS

Time 7:15pm - see page 5 for details.

THURSDAY 23 MAY

CHALLENGING MUST BOOK

NAILSEA & DISTRICT FOOTPATH GROUP: THURSDAY WALK

Time 9:30am Distance 8 miles Location Nailsea Tesco, BS48 1AQ **Organiser** Nailsea and District Footpath Group Contact 01275 810 067 ab1@bluevonder.co.uk Join us for one of our regular Thursday all-day walks.





MUST BOOK

CLEVEDON TOWN WALKING FOOTBALL

Time 10:30am - see page 5 for details.



MUST BOOK

WALKING NETBALL - WSM

Time 1pm - see page 6 for details.

FRIDAY 24 MAY



EASY

CLEVEDON HEALTH WALKS

Time 10:30am - see page 6 for details.



MUST BOOK

WALKING CRICKET CLEVEDON

Time 10:30am - see page 6 for details.



FAIRLY EASY

MUST BOOK

TYNTESFIELD VISUALLY IMPAIRED WALK

Time 11am Distance 0.75 miles **Duration** 1hr Cost Admission to venue Location Home Farm, Tyntesfield Estate, BS48 1PA Organiser National Trust Contact 01275 461 900

Learn about the history of Tyntesfield using your senses to engage with nature.



MUST BOOK

WALKING NETBALL - NAILSEA

Time 12pm - see page 6 for details.



FAIRLY EASY

MUST BOOK

WE ARE AWARE WALK & TALK

See page 6 for details.

SATURDAY 25 MAY



PARKRUN

Time 9am - see page 7 for details.



EASY

DONATE FOR DEFIB

Time 11am Duration 2hrs Location Tropicana, Weston Seafront **Organiser** Donate For Defib Weston-super-Mare Project Contact 07749 036032 donatefordefib.wsm@gmail.com Walking to raise awareness of defibrillators. All walking groups are welcome to join us and we can



raise awareness together.

TUESDAY 28 MAY

TUESDAY 28 MAY

THURSDAY 30 MAY

EASY

JUNIOR PARKRUN

Time 9am - see page 8 for details.



EASY

YOUNG PEOPLE'S WALKS

Time 10am Location Uphill Boat Yard, BS23 4XR - see page 13 for details.



FAIRLY EASY

MUST BOOK

PORTISHEAD SCULPTURE TRAILS

Time 2pm - see page 9 for details.



MODERATE

MUST BOOK

TREES THROUGH TIME

Time 2pm - see page 9 for details.

MONDAY 27 MAY



EASY

PORTISHEAD HEALTH WALKS

Time 10:30am - see page 9 for details.



MUST BOOK

CLEVEDON TOWN WALKING FOOTBALL

Time 10:30am - see page 5 for details.



MUST BOOK

WALKING NETBALL - CLEVEDON

Time 10:45am - see page 14 for details.



MUST BOOK

WALKING NETBALL - WSM

Time 1pm - see page 6 for details.



FAIRLY EASY

WSM HEALTH WALKS

Time 2pm - see page 14 for details.

EASY

FLAX BOURTON HEALTH WALKS

Time 10am - see page 10 for details.



EASY

CLEVEDON HEALTH WALKS

Time 10:30am - see page 6 for details.



MUST BOOK

WALKING NETBALL - PORTISHEAD

Time 10:45am - see page 10 for details.



EASY

WINSCOMBE HEALTH WALKS

Time 11am - see page 10 for details.



MODERATE

MUST BOOK

BLAZE TRAILS

Time 11am Distance 3.75 miles **Duration 2hrs Location Woodspring** Priory NT car park, BS22 9YU Organiser Blaze Trails - Somerset

laura louise smith@hotmail.co.uk A lovely circular coastal walk from Woodspring Priory to Sand Point, with stunning 360 degree views. Will include a rest stop mid-walk at Middle Hope beach. Suitable for baby-carrying.





Contact

EASY

LEARNING DISABILITY WALKS: PORTISHEAD

Time 11:30am Distance 3-5km **Duration 1.5hrs Location Parish Wharf** Leisure Centre, BS20 7DD

Organiser North Somerset People First Contact 01934 426 086 info@nspf.co.uk A free and friendly group for adults with a learning disability and/or autism. Come and meet people and keep fit.

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MUST BOOK

WALKING CRICKET WSM

Time 12:30pm - see page 10 for details.

WEDNESDAY 29 MAY



MODERATE

MUST BOOK

OSPREY OUTDOORS WALK

Time 9:30am - see page 4 for details.



FAIRLY EASY

WINSCOMBE WONDER WALKS

Time 1pm - see page 4 for details.



EASY

MUST BOOK

THE FORESTER'S STORY

Time 1:30pm Distance 1mile **Duration** 2hrs **Location** Leigh Woods car park, BS8 3QA

Organiser Forestry England Contact 07880 108512

sian.brewer@forestryengland.uk Join us for a family storytelling walk in the woods as we explore how foresters look after the trees, wildlife and people. Suitable for ages 6-10 and their accompanying adult(s).





FAIRLY EASY

WSM EVENING HEALTH WALKS

Time 7pm - see page 5 for details.



HASH HOUSE HARRIERS

Time 7:15pm - see page 5 for details.

MUST BOOK

CLEVEDON TOWN WALKING FOOTBALL Time 10:30am - see page 5 for details.



MUST BOOK

WALKING NETBALL - WSM

Time 1pm - see page 6 for details.

FRIDAY 31 MAY



EASY

CLEVEDON HEALTH WALKS

Time 10:30am - see page 6 for details.



MUST BOOK

WALKING CRICKET CLEVEDON

Time 10:30am - see page 6 for details.



MUST BOOK

WALKING NETBALL - NAILSEA

Time 12pm - see page 6 for details.



FAIRLY EASY

MUST BOOK

WE ARE AWARE WALK & TALK

See page 6 for details.



HEALTH WALK VOLUNTEER TRAINING

MONDAY 20 MAY, 10AM - 1PM CASTLEWOOD, CLEVEDON

Volunteer with your local health walk group to lead or assist with walks, help develop new walking routes or provide admin support at walks.

Full training and support is provided.

Book your place by emailing **GetActive@n-somerset.gov.uk** or by calling **01275 882 730**

f BetterHealthNS X BetterHealth_NS www.betterhealthns.co.uk/get-active/walking/







WALKING CAFÉS

Head to any of the cafés below during May and pick up a local walking route map. You can then head out directly from the café to discover the local area.

Some cafés will also be offering a discount or special offer to Walk Fest participants!



Weston, BS23 1NA

Purn Farm Coffee Shop

Bleadon, BS24 0QE

Scarlett's Café

Clevedon, BS21 7QU

Sprout Cafe

Weston, BS23 2AE

Strawberry Line Café

Yatton Train Station, BS49 4AJ

Strawberry Line Tea Rooms

Winscombe, BS25 1AD

Trinity Café

Church Lane, Nailsea, BS48 4NG

Uphill Boatyard Café

Uphill, BS23 4XR

Weston Museum Weston, BS23 1PR

Coates House

Nailsea, BS48 1AW

Congars Café

Congresbury, BS49 5DG

The Cove Café

Weston, BS23 2EF

Cove West

Weston Seafront, BS23 1AL

Fawn Coffee

Clevedon, BS21 7QH

Harvey's Coffee Company

Clevedon, BS21 6NG

Loves Cafe

Weston, BS23 1JR

Ocean Café

Portishead, BS20 7DF

The Old Library

Long Ashton, BS41 9AH

TELL US WHAT YOU THINK

Please complete our short survey and be in for the chance of winning a £50 Outdoors and Active voucher! Surveys can be filled in online at n-somerset.gov.uk/nswalkfest

JOIN THE CONVERSATION

Share your North Somerset Walk Fest news, stories and photos on Facebook and X using #NSWalkFest

Follow us on social media: BetterHealthNS on Facebook; and BetterHealth_NS on X.



THANK YOU

A big thank you to our partners, supporters, walk leaders and other volunteers for contributing to North Somerset Walk Fest 2024.

And a big thank you to Quartet Community Foundation for providing funding for part of this project.

Age UK Somerset and North Somerset Council are not responsible for the delivery of walks or events. Whilst organisers endeavour to make all their walks as safe and as enjoyable as possible, any event attended is done so at your own risk. Due care has been exercised in organising the walking festival, however Age UK Somerset and North Somerset Council accept no liability for loss, accident or injury caused to any person following the routes. You are advised to check your own personal accident cover before taking part. You need to choose walks within your capabilities. In the event of any unforeseen circumstances, the North Somerset Walk Fest providers reserve the right to change or cancel a walk without prior notice. This information is correct at the time of going to print. Walks and events may be subject to change. Please check website or contact the walk organiser before you attend.





