

## FREE Outdoor Yoga Sessions every Sunday **PARK YOGA WESTON**





Open to people □ of all ages, backgrounds and abilities.

Ellenborough Park West, Weston-super-Mare (Look out for the Park Yoga flag) Sunday 5th May - 15th September 9.30am - 10.30am

No need to book. Bring a mat or towel. www.parkyoga.co