



Clevedon Health Walks



Date	Day	Starting from
3 Jan	Friday	Bandstand
7	Tuesday	Salthouse Car Park
10	Friday	Sunnyside Surgery
14	Tuesday	Pier Copse
17	Friday	Boots, The Triangle
21	Tuesday	Bandstand
24	Friday	Salthouse Car Park
28	Tuesday	Sunnyside Surgery
31	Friday	Pier Copse
4 Feb	Tuesday	Boots, The Triangle
7	Friday	Bandstand
11	Tuesday	Salthouse Car Park
14	Friday	Sunnyside Surgery
18	Tuesday	Pier Copse
21	Friday	Boots, The Triangle
25	Tuesday	Bandstand
28	Friday	Salthouse Car Park
4 Mar	Tuesday	Sunnyside Surgery
7	Friday	Pier Copse
11	Tuesday	Boots, The Triangle
14	Friday	Bandstand
18	Tuesday	Salthouse
21	Friday	Sunnyside Surgery
25	Tuesday	Pier Copse
28	Friday	Boots, The Triangle

Tuesday and Friday walks start at 10.30am for one hour

A walk of 30 minutes can be arranged, ring Lynne (see below)

Thursday morning walks
A more strenuous walk, please wear sensible footwear
Start 10.30am for one hour

16 Jan – All Saints Church
13 Feb – All Saints Church
13 Mar – All Saints Church

Sunday Walks
Start 10am for one hour

5 Jan – Boots, The Triangle
26 Jan – Bandstand
9 Feb – Pier Copse
23 Feb – Salthouse Car Park
2 Mar – Salthouse Car Park
30 Mar – Bandstand

Aimed at individuals who want to start and stay active
Assistance dogs only
If you need support to walk, please bring someone with you
Please wear suitable clothing and footwear. No need to book, just come along!

Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

www.facebook.com/clevedonwalkandtalk

