



NORTH SOMERSET WALKFEST 1-31 MAY 2025

**CHOOSE FROM LOTS OF AMAZING WALKS
IN AND AROUND NORTH SOMERSET**

Options to join different walking activities for a range of abilities. Most walks are **FREE**
 For full information: n-somerset.gov.uk/nswalkfest or call **01275 882730**

#NSWALKFEST



WELCOME TO NORTH SOMERSET WALKFEST 2025 A CELEBRATION OF WALKING IN NORTH SOMERSET

The month-long campaign encourages everyone to get outside, embrace walking, and discover beautiful places in North Somerset. It celebrates the positive effects of walking on physical, mental, and social wellbeing.

Celebrate Walk Fest with us, by joining one of the following:

- Health walks – aimed at individuals who want to start and stay active. Led by trained volunteers to ensure safe and enjoyable walks for all. Health Walk Volunteer Training is available in May.
- Discover somewhere you haven't walked before with our walking routes.
- Join a local walking group.
- Get involved with WalkFest in your workplace.
- Complete our survey and **win a £50 Love to Shop voucher.**

For full information: n-somerset.gov.uk/nswalkfest

If you would like support to view the programme online, please visit your local library.



Thank you to the Bristol Airport Diamond Fund who funded part of this project.



Portishead Health Walks

Every
Mon**Must book?** No**Free?** Yes**Time:** 10:30am**Location:** Meet at [Waitrose Piazza, Portishead, BS20 7DE](#)**Organisation:** [Portishead Health Walks](#)

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Chris Lockyer or North Somerset Council Physical Activity Team

Contact phone: 01275 845 736 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

Walking Football: Western Rebels

Every
Mon,
Weds
& Fri**Must book?** No**Free?** No, first session free, then £5 per session**Time:** 10.30am**Location:** [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)**Organisation:** [Western Rebels Walking Football](#)

Monday and Wednesday sessions are for those living with health conditions. General sessions open to all are available on Wednesdays and Fridays

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Contact name: Mike O'Shea

Contact phone: 01934 823 541

Contact email: mikemikeoshea@yahoo.co.uk

Walking Football: Clevedon

Every
Mon,
Thurs
& Fri**Must book?** No**Free?** No, first session free, then £4 per session**Time:** 10.30am**Location:** [North Somerset Community Hand Stadium, Davis Lane, Clevedon, BS21 6TG](#)**Organisation:** [Clevedon Town Walking Football](#)

Walking football is a slower version of the traditional game, it is played at a 'walking' pace, there is no running and it is non-contact.

We play three 20 minute sessions with breaks in between. (breaks more regular during hot weather) Bring a drink to rehydrate.

We aim to play 6-a-side games and based on numbers attending, we try to pre-select teams and pin the teams/matches on the hut before the session starts. We try to take account of age, ability and experience when selecting teams. We always encourage inclusivity and fair play.

Contact name: John

Contact phone: 07976 829 826

Contact email: john.hughes@primemolasses.com



Nailsea Health Walks

Every
Mon
Except 26
May**Must book?** No**Free?** Yes**Time:** 11am**Location:** Meet at Millenium Field, behind [Scotch Horn Leisure Centre, Nailsea, BS48 1BZ](#)**Organisation:** [Nailsea Health Walks](#)

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Diane and Gordon or North Somerset Council Physical Activity Team**Contact phone:** 01275 810 067 / 01275 882 730**Contact email:** getactive@n-somerset.gov.uk

Connect 3 Wellbeing Walks

Every
Mon –
different
locations**Must book?** Yes**Free?** Yes**Time:** 4.30pm**Location:** [Weston Woods – meet at car park at the end of Worlebury Hill Road, Weston-s-Mare, BS22 9SG](#)**Organisation:** [Mudita Salus CIC](#)

Connect3 is a series of free guided nature walks in North Somerset, designed to support mental health and reduce isolation by helping people connect to themselves, others, and the natural world.

Each walk includes mindfulness exercises, grounding meditations, and opportunities for group reflection, fostering well-being and community.

Contact name: Kim Stone**Contact phone:** 07767 144 665**Contact email:** muditasalus@gmail.com

Walking Football: Weston Seagulls

Every
Mon**Must book?** Yes**Free?** First session free, then £5 per session**Time:** 8pm**Location:** [Weston-super-Mare Football Club, Optima Stadium, Winterstoke Road, Weston-s-Mare, BS24 9AA](#)**Organisation:** [Weston-super-Mare AFC](#)

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Monday evenings and Tuesday mornings are mixed sessions, Men only sessions are on Fridays at 10am.

Contact email: walking@wsmafc.co.uk

Walking Football: Weston Seagulls

Must book? Yes

Free? First session free, then £5 per session

Time: 10am

Location: [Weston-super-Mare Football Club, Optima Stadium, Winterstoke Road, Weston-s-Mare, BS24 9AA](#)

Organisation: [Weston-super-Mare AFC](#)

Every
Tues

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Monday evenings and Tuesday mornings are mixed sessions, Men only sessions are on Fridays at 10am.

Contact email: walking@wsmafc.co.uk

Clevedon Health Walks

Must book? No

Free? Yes

Time: 10:30am

Location: Meet at [Boots, The Triangle, Clevedon, BS21 6HX](#)

Organisation: [Clevedon Health Walks](#)

Various
days
available

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Lynne Purcell or North Somerset Council Physical Activity Team

Contact phone: 01275 852 663 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

Walking Netball: Portishead

Must book? Yes

Free? No, £5 per session

Time: 10.45am

Location: [Parish Wharf Leisure Centre, Harbour Road, Portishead, BS20 7DD](#)

Organisation: [England Netball](#)

Every
Tues

Open to ladies aged 50 years and over. Walking netball is played at a walking pace, with players not allowed to run. This includes with the ball or off the ball and includes jogging. You can 'walk' as fast as you want and one foot must be in contact with the ground at all times.

Contact name: Kerry Brooks

Contact email: kerry.brooks@englandnetball.co.uk

[Book your place here](#)



Osprey Outdoors Weekly Walk

Must book? Yes (Limited spaces)

Free? Yes

Time: 9:30am

Location: Mendip Hills. Various minibus pick up points available or you can meet us there.

Organisation: [Osprey Outdoors](#)

Join us for a walk in the local countryside and enjoy a day away from town. Starting at 3 miles, and depending on the fitness levels of the group, we walk and explore the countryside, noting points of interest such as animal evidence, tree and plant identification, dry stone walls and ponds, to discover where nature is thriving. Using Ordnance Survey maps, we follow a route and become accustomed to basic map reading, so we don't get lost if our technology fails us!

Pick-ups: 9:30am, Weston-super-Mare railway station; 9:40am, Worle Sue Ryder (Morrisons complex); 10am Clevedon Pets at Home car park (if booked). Returning before 3.30pm to Weston.

Contact phone: 07425 901 912

Contact email: ospreyoutdoors@gmail.com

[Find out more or book here](#)

Every
Weds

Gordano Footpath Group: Pill/Leigh Woods

Must book? Yes

Free? Yes

Time: 9.30am

Location: Pill/Leigh Woods [Meet at car park behind Lidl in Portishead, BS20 7DE](#)

Organisation: [Gordano Footpath Group](#)

Join us for an 6-mile walk in Pill/Leigh Woods, meeting in the car park behind Lidl in Portishead, at 9.30am. We leave promptly and aim to car share if possible.

We are a members walking group, however new members are always welcome and are able to join us on a walk before joining the group. If you wish to join one of our May walks please contact us beforehand using the e-mail address below. The walk leader will then contact you to tell you of the nature and difficulty of the walk, and advise you of anything you should bring (eg walking poles, packed lunch). We also need to know the number of people walking, so it is essential that you book onto the walk.

Contact name: Gordano Footpath Group

Contact email: info@gordanofpg.org.uk

Further information: www.gordanofpg.org.uk

Various
days and
locations

Weston u3a Weekly Walk

Must book? New members welcome, joining information can be found [here](#).

Time: 10.15am

Location: Various venues

Organisation: [Weston u3a Walking Group](#)

We meet at the start point of our walk at 10.15am, The start point can be as much as 45minutes drive away from Weston, but usually within 20 minutes. Our walks usually finish by 1.00pm.

The walking group is flourishing with almost 50 members, but we are always open to new members, we would especially like people who could offer their own walks.

[Contact us here](#)

[Find out more here](#)

Every
Weds



Long Ashton to Ashton Court

Must book? No

Free? Yes

Time: 10am

Location: Meet at [Long Ashton Community Centre, Keedwell Hill, Long Ashton, BS41 9DY](#)

Organisation: [Bristol Ramblers](#)

Various
days and
locations

From Long Ashton the 4-mile route heads circuitously towards lovely Ashton Court Estate, with its woodlands, mansion, gardens and deer-park. Bluebells may also feature on this green, delightful ramble.

Contact name: Tony

Contact phone: 01275 394 188



Walking Football: Western Rebels

Must book? No

Free? No, first session free, then £5 per session

Time: 10am

Location: [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)

Organisation: [Western Rebels Walking Football](#)

Every
Mon,
Weds
& Fri

Monday and Wednesday sessions are for those living with health conditions. General sessions open to all are available on Wednesdays and Fridays

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Contact name: Mike O'Shea

Contact phone: 01934 823 541

Contact email: mikemikeoshea@yahoo.co.uk

Weston-super-Mare Evening Health Walks

Must book? No

Free? Yes

Time: 7pm

Location: Meet at [Apex Park, Burnham-on-Sea, TA8 2EX](#)

Organisation: [Weston-super-Mare Evening Health Walks](#)

Every
Weds
except
21 May

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Contact name: Kira Thorpe / North Somerset Council Physical Activity Team

Contact phone: 07882 474692 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk



Hash Walker and Runner Trails

Every
Weds

Must book? No

Free? First run is free, then £1 per run or £10 per quarter

Time: 7pm, for a 7.15pm start

Location: Meet at [The Old Inn, Hutton, Weston-super-Mare BS24 9QQ](#)

Organisation: [BOGS of Somerset Hash House Harriers](#)

All events start at 7:15pm prompt. Please arrive from 7pm and in time for a brief before setting off. Meet outside or in the Pub Car Park.

A Hash requires a "hare" to set a trail with flour or chalk or a combination of these. Length varies, but a reasonable trail is between 3-5 Kms for walkers and 5-8 Kms for runners. They're often cross country/off-road, but can be through streets and back alleys. A well planned Hash will ensure all participants return within a few minutes of each other followed by refreshments and an assessment of the trail.

Contact name: Tim Moran

Contact phone: 07801 678 432

Contact email: tim@moransonline.com

Full event list:

<https://www.bristolhash.org.uk/bogsruns.php>

Website:

<https://www.bristolhash.org.uk/bogsintro.php>

Bluebells and Orchid Walk

Must book? Yes

Free? First 2 walks free

Time: 9.45am for a 10am start

Location: Meet at the bus stop in [Moor Lane, Hutton, BS24 9QW](#)

Organisation: [Woodspring Ramblers](#)

A 7 and a half mile walk to see orchids and bluebells in Hutton and Christon.

The terrain is mostly woodland, bridleway and farm fields and is undulating. The walk does include a steep climb through woodland up from Hutton and some road walking with a short section along a busy road.

Coffee and picnic lunch stop

Contact name: Linda

Contact phone: 07748 544 166

[Find out more here](#)

Walking Football: Clevedon

Every
Mon,
Thurs
& Fri

Must book? No

Free? No, first session free, then £4 per session

Time: 10.30am

Location: [North Somerset Community Hand Stadium, Davis Lane, Clevedon, BS21 6TG](#)

Organisation: [Clevedon Town Walking Football](#)

Walking football is a slower version of the traditional game, it is played at a 'walking' pace, there is no running and it is non-contact.

We play three 20 minute sessions with breaks in between. (breaks more regular during hot weather) Bring a drink to rehydrate.

We aim to play 6-a-side games and based on numbers attending, we try to pre-select teams and pin the teams/matches on the hut before the session starts.

We try to take account of age, ability and experience when selecting teams. We always encourage inclusivity and fair play.

Contact name: John

Contact phone: 07976 829 826

Contact email: john.hughes@primemolasses.com



Walking Netball: Weston

Every
Thurs**Must book?** Yes**Free?** No, £3.60 per session**Time:** 1pm**Location:** [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)**Organisation:** [Trailblazers Walking Netball Team](#)

Open to ladies aged 50 years and over.

Walking netball is played at a walking pace, with players not allowed to run. This includes with the ball or off the ball and includes jogging. You can 'walk' as fast as you want and one foot must be in contact with the ground at all times.

Contact name: Tim Pollard**Contact phone:** 01934 425 900[Book your place here](#)

Walking Football: Weston Seagulls

Every
Fri**Must book?** Yes**Free?** First session free, then £5 per session**Time:** 10am**Location:** [Weston-super-Mare Football Club, Optima Stadium, Winterstoke Road, Weston-s-Mare, BS24 9AA](#)**Organisation:** [Weston-super-Mare AFC](#)

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Fridays are men's sessions, mixed sessions are available on Mondays at 8pm and Tuesdays at 10am.

Contact email: walking@wsmafc.co.uk

Walking Football: Western Rebels

Every
Mon,
Weds
& Fri**Must book?** No**Free?** No, first session free, then £5 per session**Time:** 10am**Location:** [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)**Organisation:** [Western Rebels Walking Football](#)

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Contact name: Mike O'Shea**Contact phone:** 01934 823 541**Contact email:** mikemikeoshea@yahoo.co.uk

Walking Cricket: Clevedon

Must book? Yes

Free? First session free

Time: 10:30am

Location: [Strode Leisure Centre, BS21 6QG](#)

Organisation: [Somerset Cricket Foundation](#)

Every
Fri

Walking cricket is a slower version of the traditional game, played at a 'walking' pace and with adapted rules for indoor spaces. Ideal for men and women, usually aged 50 plus. Benefits of walking cricket include:

- Getting active and improving fitness
- Supporting recovery and rehabilitation after injury or operation
- Improving social wellbeing and meeting new friends
- Improving emotional and mental well being
- Reminiscing about a sport you played in the past
- Learning a new physical skill
- Being part of a new team

Contact name: Mustafa Shaikh

Contact phone: 07385 818493

Contact email:

mustafa.shaikh@somersetcricketfoundation.org

Clevedon Health Walks

Must book? No

Free? Yes

Time: 10:30am

Location: Meet at [The Bandstand, Clevedon, BS21 7EH](#)

Organisation: [Clevedon Health Walks](#)

Various
days
available

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Contact name: Lynne Purcell or North Somerset Council Physical Activity Team

Contact phone: 01275 852 663 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk



Walking Netball: Nailsea

Every
Fri

Must book? Yes

Free? No, £4 per session

Time: 12pm

Location: [Scotch Horn Leisure Centre, Brockway, Nailsea, BS48 1BZ](#)

Organisation: [England Netball](#)

Open to ladies aged 50 years and over.

Walking netball is played at a walking pace, with players not allowed to run. This includes with the ball or off the ball and includes jogging. You can 'walk' as fast as you want and one foot must be in contact with the ground at all times.

Contact name: Kerry Brooks

Contact email: kerry.brooks@englandnetball.co.uk

[Book your place here](#)

Mental Health Walk and Talks

Every
Fri

Must book? Yes

Free? Yes

Time: 1.30pm

Location: Rotates weekly across Backwell, Clevedon, Nailsea and Portishead. Contact admin@weareaware.info for more details.

Organisation: [We Are Aware](#)

Find We Are Aware on [Instagram](#) and [Facebook](#)

A regular mental health Walk and Talk to provide peer connection, gentle exercise, reduce isolation and be part of a growing supportive community.

Contact: admin@weareaware.info for a referral form to join our ever-growing mental health lived experience peer community. Or visit: www.weareaware.info

Contact name: Alan

Contact email: admin@weareaware.info

Walking Football: Clevedon

Every
Mon,
Thurs
& Fri

Must book? No

Free? No, first session free, then £4 per session

Time: 7.30pm

Location: [North Somerset Community Hand Stadium, Davis Lane, Clevedon, BS21 6TG](#)

Organisation: [Clevedon Town Walking Football](#)

Walking football is a slower version of the traditional game, it is played at a 'walking' pace, there is no running and it is non-contact.

We play three 20 minute sessions with breaks in between. (breaks more regular during hot weather) Bring a drink to rehydrate.

We aim to play 6-a-side games and based on numbers attending, we try to pre-select teams and pin the teams/matches on the hut before the session starts. We try to take account of age, ability and experience when selecting teams. We always encourage inclusivity and fair play.

Contact name: John

Contact phone: 07976 829 826

Contact email: john.hughes@primemolasses.com



parkrun

parkrun is a free, 5k community event that takes place every Saturday morning. You can walk, jog, run, volunteer or spectate. parkrun is positive, welcoming and inclusive, there is no time limit, and no one finishes last as there is always a volunteer tail walker. Everyone is welcome to come along.

Must book? No, but please register [here](#) first.

Free? Yes

Time: 9am **Distance:** 5km

Every
Sat

Ashton Court parkrun

Location: [Ashton Court, BS41 9JN](#)

Organisation: [parkrun](#)

Contact email: ashtoncourt@parkrun.com

Clevedon Salthouse Fields parkrun

Location: [Clevedon Salthouse Park, BS21 7TU](#)

Organisation: [parkrun](#)

Contact email:

clevedonsalthousefields@parkrun.com

Marine Parade parkrun

Location: [Marine Parade, BS23 1BE](#)

Organisation: [parkrun](#)

Contact email: marineparade@parkrun.com

The Big Talk Club Walk

Must book? Yes

Free? No **Cost:** £20

Time: 8am

Location: [The Beacon Hub, High Street, Portishead, BS20 6EN](#)

Organisation: [Talk Club](#)

20+ Mile walk, from The Beacon Hub in Portishead to YMCA Clevedon and finishing at Hornets RFS in Weston-s-Mare. Medium to hard difficulty, Fundraising walk for Talk Club

Contact name: Steve

Contact email: steve@talkclub.org

Weston Walking Group

Portbury - Priors Wood - Bullocks Bottom

Must book? No

Free? Yes (membership fee is £10 per year if you decide to join the group regularly)

Time: 10:30am

Location: Meet in [Station Road, Portbury, BS20 7TN](#)

Organisation: [Weston Walking Group](#)

A moderate 7 and a half mile walk with some short climbs and descents, may be muddy in the woods. We'll stop for a picnic.

Contact email:

walksorganiser@westonwalkinggroup.co.uk

Also on 3 and
14 May
(different
locations)



Junior parkrun

Junior parkrun is 2k, dedicated to 4-14 year olds and their families, every Sunday morning. Junior parkrun is positive, welcoming and inclusive, there is no time limit and no one finishes last as there is always a volunteer tail walker.

Must book? No, but please register [here](#) first.

Free? Yes

Time: 9am **Distance:** 2km

Every
Sun

Clevedon Seafront Junior parkrun

Location: [Clevedon Bandstand, BS21 7EH](#)

Organisation: [parkrun](#)

Contact email: clevedonseafontjuniors@parkrun.com

Nailsea Golden Valley Playing Field Junior parkrun

Location: [Golden Valley Playing Field, BS48 2LL](#)

Organisation: [parkrun](#)

Contact email:

goldenvalleyplayingfieldjuniors@parkrun.com

Yatton Recreation Junior parkrun

Location: [Yatton Recreation Ground, BS49 4HS](#)

Organisation: [parkrun](#)

Contact email: yattonrecreationjuniors@parkrun.com

Weston-super-Mare Junior parkrun

Location: [Walford Avenue Neighbourhood Open Space, BS22 7RD](#)

Organisation: [parkrun](#)

Contact email:

westonsupermarejuniors@parkrun.com

