



NORTH SOMERSET WALKFEST 1-31 MAY 2025

**CHOOSE FROM LOTS OF AMAZING WALKS
IN AND AROUND NORTH SOMERSET**

Options to join different walking activities for a range of abilities. Most walks are **FREE**
 For full information: n-somerset.gov.uk/nswalkfest or call **01275 882730**

#NSWALKFEST



WELCOME TO NORTH SOMERSET WALKFEST 2025 A CELEBRATION OF WALKING IN NORTH SOMERSET

The month-long campaign encourages everyone to get outside, embrace walking, and discover beautiful places in North Somerset. It celebrates the positive effects of walking on physical, mental, and social wellbeing.

Celebrate Walk Fest with us, by joining one of the following:

- Health walks – aimed at individuals who want to start and stay active. Led by trained volunteers to ensure safe and enjoyable walks for all. Health Walk Volunteer Training is available in May.
- Discover somewhere you haven't walked before with our walking routes.
- Join a local walking group.
- Get involved with WalkFest in your workplace.
- Complete our survey and **win a £50 Love to Shop voucher.**

For full information: n-somerset.gov.uk/nswalkfest

If you would like support to view the programme online, please visit your local library.



Thank you to the Bristol Airport Diamond Fund who funded part of this project.



Walking Football: Western Rebels

Must book? No

Free? No, first session free, then £5 per session

Time: 10.30am

Location: [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)

Organisation: [Western Rebels Walking Football](#)

Every
Mon,
Weds
& Fri

Monday and Wednesday sessions are for those living with health conditions. General sessions open to all are available on Wednesdays and Fridays

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Contact name: Mike O'Shea

Contact phone: 01934 823 541

Contact email: mikemikeoshea@yahoo.co.uk

Walking Football: Clevedon

Must book? No

Free? No, first session free, then £4 per session

Time: 10.30am

Location: [North Somerset Community Hand Stadium, Davis Lane, Clevedon, BS21 6TG](#)

Organisation: [Clevedon Town Walking Football](#)

Every
Mon,
Thurs
& Fri

Walking football is a slower version of the traditional game, it is played at a 'walking' pace, there is no running and it is non-contact.

We play three 20 minute sessions with breaks in between. (breaks more regular during hot weather) Bring a drink to rehydrate.

We aim to play 6-a-side games and based on numbers attending, we try to pre-select teams and pin the teams/matches on the hut before the session starts. We try to take account of age, ability and experience when selecting teams. We always encourage inclusivity and fair play.

Contact name: John

Contact phone: 07976 829 826

Contact email: john.hughes@primemolasses.com

Portishead Health Walks

Must book? No

Free? Yes

Time: 10:30am

Location: Meet at [Waitrose Piazza, Portishead, BS20 7DE](#)

Organisation: [Portishead Health Walks](#)

Every
Mon

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Chris Lockyer or North Somerset Council Physical Activity Team

Contact phone: 01275 845 736 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk



Walking Netball: Clevedon

Must book? Yes

Free? No, £6 per session

Time: 10.45am

Location: [Strode Leisure Centre, Strode Way, Clevedon, BS21 6QG](#)

Organisation: [England Netball](#)

Also
on 19
May

Open to ladies aged 50 years and over.

Walking netball is played at a walking pace, with players not allowed to run. This includes with the ball or off the ball and includes jogging. You can 'walk' as fast as you want and one foot must be in contact with the ground at all times.

Contact name: Kerry Brooks

Contact email: kerry.brooks@englandnetball.co.uk

[Book your place here](#)

Nailsea Health Walks

Must book? No

Free? Yes

Time: 11am

Location: Meet at Millenium Field, behind [Scotch Horn Leisure Centre, Nailsea, BS48 1BZ](#)

Organisation: [Nailsea Health Walks](#)

Every
Mon
Except 26
May

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Diane and Gordon or North Somerset Council Physical Activity Team

Contact phone: 01275 810 067 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

Weston-super-Mare Health Walks

Must book? No

Free? Yes

Time: 2pm

Location: Meet at [The Railway Inn, Sandford, BS24 5RA](#)

Organisation: [Weston-super-Mare Health Walks](#)

Also
on 19
May

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: John Western or North Somerset Council Physical Activity Team

Contact phone: 01934 511 808 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk



Connect 3 Wellbeing Walks

Every
Mon –
different
locations

Must book? Yes

Free? Yes

Time: 4.30pm

Location: [Portbury Nature Reserve – meet by ‘Swan Lake’ \(near Robin Place\), Portishead, BS20 7PX](#)

Organisation: [Mudita Salus CIC](#)

Connect3 is a series of free guided nature walks in North Somerset, designed to support mental health and reduce isolation by helping people connect to themselves, others, and the natural world.

Each walk includes mindfulness exercises, grounding meditations, and opportunities for group reflection, fostering well-being and community.

Contact name: Kim Stone

Contact phone: 07767 144 665

Contact email: muditasalus@gmail.com

Clevedon Evening Health Walks

Various
days
available

Must book? No

Free? Yes

Time: 7pm

Location: Meet at [All Saints Church, All Saints Lane, Clevedon, BS21 6AU](#)

Organisation: [Clevedon Health Walks](#)

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Contact name: Lynne Purcell or North Somerset Council Physical Activity Team

Contact phone: 01275 852 663 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

Walking Football: Weston Seagulls

Every
Mon

Must book? Yes

Free? First session free, then £5 per session

Time: 8pm

Location: [Weston-super-Mare Football Club, Optima Stadium, Winterstoke Road, Weston-s-Mare, BS24 9AA](#)

Organisation: [Weston-super-Mare AFC](#)

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way to meet new people.

Monday evenings and Tuesday mornings are mixed sessions, Men only sessions are on Fridays at 10am.

Contact email: walking@wsmafc.co.uk



Gordano Footpath Group: Hawksbridge Reservoir

Must book? Yes

Free? Yes

Time: 9am

Location: Hawksbridge Reservoir

Meet at car park behind Lidl in Portishead, BS20 7DE

Organisation: [Gordano Footpath Group](#)

Various
days and
locations

10-mile walk, meeting in the car park behind Lidl in Portishead, at 9am. We leave promptly and aim to car share if possible.

We are a members walking group, however new members are always welcome and are able to join us on a walk before joining the group. If you wish to join one of our May walks please contact us beforehand using the e-mail address below. The walk leader will then contact you to tell you of the nature and difficulty of the walk, and advise you of anything you should bring (eg walking poles, packed lunch). We also need to know the number of people walking, so it is essential that you book onto the walk.

Contact name: Gordano Footpath Group

Contact email: info@gordanofpg.org.uk

Further information: www.gordanofpg.org.uk

Walking Football: Weston Seagulls

Must book? Yes

Free? First session free, then £5 per session

Time: 10am

Location: [Weston-super-Mare Football Club, Optima Stadium, Winterstoke Road, Weston-s-Mare, BS24 9AA](#)

Organisation: [Weston-super-Mare AFC](#)

Every
Tues

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Monday evenings and Tuesday mornings are mixed sessions, Men only sessions are on Fridays at 10am.

Contact email: walking@wsmafc.co.uk



Clevedon Health Walks

Must book? No**Free?** Yes**Time:** 10:30am**Location:** Meet at [Salthouse car park, Salthouse Road, Clevedon, BS21 7TR](#)**Organisation:** [Clevedon Health Walks](#)Various
days
available

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippy surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Lynne Purcell or North Somerset Council Physical Activity Team**Contact phone:** 01275 852 663 / 01275 882 730**Contact email:** getactive@n-somerset.gov.uk

Walking Netball: Portishead

Must book? Yes**Free?** No, £5 per session**Time:** 10.45am**Location:** [Parish Wharf Leisure Centre, Harbour Road, Portishead, BS20 7DD](#)**Organisation:** [England Netball](#)Every
Tues

Open to ladies aged 50 years and over. Walking netball is played at a walking pace, with players not allowed to run. This includes with the ball or off the ball and includes jogging. You can 'walk' as fast as you want and one foot must be in contact with the ground at all times.

Contact name: Kerry Brooks**Contact email:** kerry.brooks@englandnetball.co.uk[Book your place here](#)

Winscombe Health Walks

Must book? No**Free?** Yes**Time:** 11am**Location:** Meet at [Woodborough Inn, Ssandford Road, Winscombe, BS25 1HD](#)**Organisation:** [Winscombe Health Walks](#)Also
on 27
May

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippy surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Dawn Organ or North Somerset Council Physical Activity Team**Contact phone:** 07376 126 473 / 01275 882 730**Contact email:** getactive@n-somerset.gov.uk

Walking, Talking and Exploring Late Life Transitions

Must book? Yes

Free? Yes

Time: 12.30pm

Location: [The Market Kitchen Cafe, Ladymead Lane, Churchill, BS25 5NH](#)

Organisation: Walk and Talk with John Simpson and Roger White

This moderate 3.5 mile walk is designed for retired people keen to discuss the impact of ageing on their lifestyle. It is part of a new initiative which seeks to combine a good walk, a good pub at the end, and an interesting, focused, conversation along the way. The walk will be led by John Simpson and Roger White - We'll go for a 3.5 mile exploration of Dolebury Warren Iron Age Hillfort. Along the way there are lovely woods and meadows with fantastic views from the hilltop in all directions. There will be orchids and butterflies. It's an inspiring place you'll all enjoy.

There is parking at the café. The walk ends at The Crown, The Batch, Churchill, BS25 5PP. (A 10 minute walk from the starting point). The first bit of the walk is gradually uphill. Then its flat at the top and a gentle drop back to The Crown. There are two stiles.

We suggest everyone brings a packed lunch to eat as a picnic on the spectacular hilltop. There are no toilets except at the café and pub. Please dress according to weather.

Contact name: John Simpson

Contact phone: 07989 348 203

Contact email: jfsimpson50@hotmail.com

People First Walking Group, Clevedon

Must book? No

Free? Yes

Time: 2pm

Location: Meet at Clevedon Marine Lake

Organisation: People First

Find out more on our facebook page:

www.facebook.com/Northsomersetpeoplefirst or contact us using the telephone or email address below

A lovely friendly walk especially for adults with Learning Disabilities and/or Autism, run by local charity, People First.

Meet your walk leader and fellow walkers at Marine Lake in Clevedon, near the Salhouse Pub. From here take a gentle stroll to Clevedon Pier and back, stopping for refreshments along the way. A chance to get out in the fresh air, meet new like-minded people and engage with your local community. Support workers and carers welcome.

The event is free, please bring money for refreshments

People First is a Self Advocacy Charity working with adults with a Learning Disability, Autism or both. We host regular walking groups throughout North Somerset, mostly on Tuesday afternoons.

Contact name: Kerrie or Nikki

Contact phone: 01934 426 086

Contact email: info@nspf.co.uk



Weston u3a Weekly Walk

Must book? New members welcome, joining information can be found [here](#).

Time: 10.15am

Location: Various venues

Organisation: [Weston u3a Walking Group](#)

Every
Weds

We meet at the start point of our walk at 10.15am, The start point can be as much as 45minutes drive away from Weston, but usually within 20 minutes. Our walks usually finish by 1.00pm.

The walking group is flourishing with almost 50 members, but we are always open to new members, we would especially like people who could offer their own walks.

[Contact us here](#)
[Find out more here](#)

Walking Football: Western Rebels

Must book? No

Free? No, first session free, then £5 per session

Time: 10.30am

Location: [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)

Organisation: [Western Rebels Walking Football](#)

Every
Mon,
Weds
& Fri

Monday and Wednesday sessions are for those living with health conditions. General sessions open to all are available on Wednesdays and Fridays

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Contact name: Mike O'Shea

Contact phone: 01934 823 541

Contact email: mikemikeoshea@yahoo.co.uk

Weston Walking Group – Wavering Down

Must book? No

Free? Yes (membership fee is £10 per year if you decide to join the group regularly)

Time: 10:30am

Location: Meet on [Webbington Road, BS26 2HN](#)

Organisation: [Weston Walking Group](#)

A moderate 6 and a half mile walk with 2 climbs and coffee and lunch. Parking is in the lay-by on the Webbington Road, just past the Webbington Hotel.

Contact email:

walksorganiser@westonwalkinggroup.co.uk

Also on 3 and
10 May
(different
locations)



Winscombe Circular

Must book? Yes

Free? First 2 walks free

Time: 3.45pm for a 4pm start

Location: Meet at the car park behind the [Woodborough Inn, Sandford Road, Winscombe, BS25 1HD](#)

Organisation: [Woodspring Ramblers](#)

A 4-mile late afternoon walk from Winscombe.

There will be an optional meal at approximately 6.30pm after the walk at the Woodborough Inn. Please book for the walk and let Robin have your food order by Thursday 8 May, non-members welcome.

Contact name: Robin

Contact phone: 07598 228 431

Contact email: robin.downton@btinternet.com

[Find out more here](#)

Hash Walker and Runner Trails

Must book? No

Free? First run is free, then £1 per run or £10 per quarter

Time: 7pm, for a 7.15pm start

Location: Meet at [The Swan Inn, Rowberrow, Winscombe, BS25 1QL](#)

Organisation: [BOGS of Somerset Hash House Harriers](#)

All events start at 7:15pm prompt. Please arrive from 7pm and in time for a brief before setting off. Meet outside or in the Pub Car Park.

A Hash requires a "hare" to set a trail with flour or chalk or a combination of these. Length varies, but a reasonable trail is between 3-5 Kms for walkers and 5-8 Kms for runners. They're often cross country/off-road, but can be through streets and back alleys. A well planned Hash will ensure all participants return within a few minutes of each other followed by refreshments and an assessment of the trail.

Contact name: Tim Moran

Contact phone: 07801 678 432

Contact email: tim@moransonline.com

Full event list: <https://www.bristolhash.org.uk/bogsruns.php>

Website: <https://www.bristolhash.org.uk/bogsintro.php>

Every
Weds

Weston-super-Mare Evening Health Walks

Must book? No

Free? Yes

Time: 7pm

Location: Meet at [Matalan, Locking Castle, Highlands Lane, Weston-s-Mare, BS24 7AY](#)

Organisation: [Weston-super-Mare Evening Health Walks](#)

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Contact name: Kira Thorpe / North Somerset Council

Physical Activity Team

Contact phone: 07882 474692 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

Every
Weds
except
21 May



Walking Football: Clevedon

Every
Mon,
Thurs
& Fri

Must book? No

Free? No, first session free, then £4 per session

Time: 10.30am

Location: [North Somerset Community Hand Stadium, Davis Lane, Clevedon, BS21 6TG](#)

Organisation: [Clevedon Town Walking Football](#)

Walking football is a slower version of the traditional game, it is played at a 'walking' pace, there is no running and it is non-contact.

We play three 20 minute sessions with breaks in between. (breaks more regular during hot weather) Bring a drink to rehydrate.

We aim to play 6-a-side games and based on numbers attending, we try to pre-select teams and pin the teams/matches on the hut before the session starts. We try to take account of age, ability and experience when selecting teams. We always encourage inclusivity and fair play.

Contact name: John

Contact phone: 07976 829 826

Contact email: john.hughes@primemolasses.com

Walking Netball: Weston

Every
Thurs

Must book? Yes

Free? No, £3.60 per session

Time: 1pm

Location: [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)

Organisation: [Trailblazers Walking Netball Team](#)

Open to ladies aged 50 years and over.

Walking netball is played at a walking pace, with players not allowed to run. This includes with the ball or off the ball and includes jogging. You can 'walk' as fast as you want and one foot must be in contact with the ground at all times.

Contact name: Tim Pollard

Contact phone: 01934 425 900

[Book your place here](#)

Yatton Health Walks

Also
on 1
May

Must book? No

Free? Yes

Time: 2pm

Location: Meet at entrance to [Uphill Boat Yard, Uphill, Weston-s-Mare, BS23 4XP](#)

Organisation: [Yatton Health Walks](#)

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Contact name: Marion Davies or North Somerset Council Physical Activity Team

Contact phone: 07967 346188 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk



Gordano Footpath Group: Clevedon

Must book? Yes

Free? Yes

Time: 6pm

Location: Clevedon [Meet at car park behind Lidl in Portishead, BS20 7DE](#)

Organisation: [Gordano Footpath Group](#)

3 mile walk. Meet in the car park behind Lidl in Portishead, at 6pm. We leave promptly and aim to car share if possible.

We are a members walking group, however new members are always welcome and are able to join us on a walk before joining the group. If you wish to join one of our May walks please contact us beforehand using the e-mail address below. The walk leader will then contact you to tell you of the nature and difficulty of the walk, and advise you of anything you should bring (eg walking poles, packed lunch). We also need to know the number of people walking, so it is essential that you book onto the walk.

Contact name: Gordano Footpath Group

Contact email: info@gordanofpg.org.uk

Further information: www.gordanofpg.org.uk

Various
days and
locations

Bristol Ramblers

Must book? No

Free? Yes

Time: 9am

Location: [The Salvation Army Centre, 1 Heywood Road, Pill, BS20 0HT](#)

Organisation: [Bristol Ramblers](#)

An introduction to this lovely, rural landscape on Bristol's western fringes. A refreshing excursion guaranteed, plus great Channel views. Some steep, green slopes, but your efforts are well-rewarded! (5 miles)

Contact name: Keith

Contact phone: 07312 119 175

Various
days and
locations



Walking Football: Western Rebels

Must book? No

Free? No, first session free, then £5 per session

Time: 10am

Location: [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)

Organisation: [Western Rebels Walking Football](#)

Monday and Wednesday sessions are for those living with health conditions. General sessions open to all are available on Wednesdays and Fridays

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Contact name: Mike O'Shea

Contact phone: 01934 823 541

Contact email: mikemikeoshea@yahoo.co.uk

Every
Mon,
Weds
& Fri



Walking Football: Weston Seagulls

Every
Fri**Must book?** Yes**Free?** First session free, then £5 per session**Time:** 10am**Location:** [Weston-super-Mare Football Club, Optima Stadium, Winterstoke Road, Weston-s-Mare, BS24 9AA](#)**Organisation:** [Weston-super-Mare AFC](#)

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Fridays are men's sessions, mixed sessions are available on Mondays at 8pm and Tuesdays at 10am.

Contact email: walking@wsmafc.co.uk

Clevedon Health Walks

Various
days
available**Must book?** No**Free?** Yes**Time:** 10:30am**Location:** Meet at [Sunnyside Surgery, Sunnyside Road, Clevedon, BS21 7TA](#)**Organisation:** [Clevedon Health Walks](#)

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Contact name: Lynne Purcell or North Somerset Council Physical Activity Team**Contact phone:** 01275 852 663 / 01275 882 730**Contact email:** getactive@n-somerset.gov.uk

Walking Cricket: Clevedon

Every
Fri**Must book?** Yes**Free?** First session free**Time:** 10:30am**Location:** [Strode Leisure Centre, BS21 6QG](#)**Organisation:** [Somerset Cricket Foundation](#)

Walking cricket is a slower version of the traditional game, played at a 'walking' pace and with adapted rules for indoor spaces. Ideal for men and women, usually aged 50 plus. Benefits of walking cricket include:

- Getting active and improving fitness
- Supporting recovery and rehabilitation after injury or operation
- Improving social wellbeing and meeting new friends
- Improving emotional and mental well being
- Reminiscing about a sport you played in the past
- Learning a new physical skill
- Being part of a new team

Contact name: Mustafa Shaikh**Contact phone:** 07385 818493**Contact email:** mustafa.shaikh@somersetcricketfoundation.org

Walking Netball: Nailsea

Every
Fri**Must book?** Yes**Free?** No, £4 per session**Time:** 12pm**Location:** [Scotch Horn Leisure Centre, Brockway, Nailsea, BS48 1BZ](#)**Organisation:** [England Netball](#)

Open to ladies aged 50 years and over.

Walking netball is played at a walking pace, with players not allowed to run. This includes with the ball or off the ball and includes jogging. You can 'walk' as fast as you want and one foot must be in contact with the ground at all times.

Contact name: Kerry Brooks**Contact email:** kerry.brooks@englandnetball.co.uk[Book your place here](#)

Mental Health Walk and Talks

Every
Fri**Must book?** Yes**Free?** Yes**Time:** 1.30pm**Location:** Rotates weekly across Backwell, Clevedon, Nailsea and Portishead. Contact admin@weareaware.info for more details.**Organisation:** [We Are Aware](#)Find We Are Aware on [Instagram](#) and [Facebook](#)

A regular mental health Walk and Talk to provide peer connection, gentle exercise, reduce isolation and be part of a growing supportive community.

Contact: admin@weareaware.info for a referral form to join our ever-growing mental health lived experience peer community. Or visit: www.weareaware.info

Contact name: Alan**Contact email:** admin@weareaware.info

Walking Football: Clevedon

Every
Mon ,
Thurs
& Fri**Must book?** No**Free?** No, first session free, then £4 per session**Time:** 7.30pm**Location:** [North Somerset Community Hand Stadium, Davis Lane, Clevedon, BS21 6TG](#)**Organisation:** [Clevedon Town Walking Football](#)

Walking football is a slower version of the traditional game, it is played at a 'walking' pace, there is no running and it is non-contact.

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Contact name: John**Contact phone:** 07976 829 826**Contact email:** john.hughes@primemolasses.com

parkrun

parkrun is a free, 5k community event that takes place every Saturday morning. You can walk, jog, run, volunteer or spectate. parkrun is positive, welcoming and inclusive, there is no time limit, and no one finishes last as there is always a volunteer tail walker. Everyone is welcome to come along.

Must book? No, but please register [here](#) first.

Free? Yes

Time: 9am **Distance:** 5km

Every
Sat

Ashton Court parkrun

Location: [Ashton Court, BS41 9JN](#)

Organisation: [parkrun](#)

Contact email: ashtoncourt@parkrun.com

Clevedon Salthouse Fields parkrun

Location: [Clevedon Salthouse Park, BS21 7TU](#)

Organisation: [parkrun](#)

Contact email: clevedonsalthousefields@parkrun.com

Marine Parade parkrun

Location: Marine Parade, [BS23 1BE](#)

Organisation: [parkrun](#)

Contact email: marineparade@parkrun.com

Churchill and Cheddar Health Walks

Must book? No

Free? Yes

Time: 10am

Location: Historic Axbridge – Meet at [Cheddar Reservoir car park Axbridge](#)

Organisation: [Churchill and Cheddar Health Walks](#)

Also
on 3
May

If you are new or returning to exercise, Health Walks North Somerset offer the opportunity to improve fitness at a pace that suits you with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers.

Contact name: Adrian Male or North Somerset Council Physical Activity Team

Contact phone: 01934 743 527 / 01275 882 730

Contact email: adrianmale99@gmail.com / getactive@n-somerset.gov.uk

Wellbeing Walks for Women Yatton to Congresbury

Must book? No

Free? Yes

Time: 10am

Location: Meet at [Yatton Railway Station, Yatton, BS49 4AJ](#)

Organisation: [Wellbeing Walks for Women North Somerset](#)

Join us for a 3.5 mile walk from Yatton to Congresbury. It will be an easy/flat walk, with some field walking so please wear suitable shoes.

Wellbeing Walks for Women is a group where women can get out in the fresh air, talk and support each other. Walks are held all across North Somerset. To find out more visit our [facebook page](#)

Contact email: toriharpercounselling@yahoo.com



Junior parkrun

Junior parkrun is 2k, dedicated to 4-14 year olds and their families, every Sunday morning. Junior parkrun is positive, welcoming and inclusive, there is no time limit and no one finishes last as there is always a volunteer tail walker.

Must book? No, but please register [here](#) first.

Free? Yes

Time: 9am **Distance:** 2km

Every
Sun

Clevedon Seafront Junior parkrun

Location: [Clevedon Bandstand, BS21 7EH](#)

Organisation: [parkrun](#)

Contact email: clevedonseafontjuniors@parkrun.com

Nailsea Golden Valley Playing Field Junior parkrun

Location: [Golden Valley Playing Field, BS48 2LL](#)

Organisation: [parkrun](#)

Contact email:

goldenvalleyplayingfieldjuniors@parkrun.com

Yatton Recreation Junior parkrun

Location: [Yatton Recreation Ground, BS49 4HS](#)

Organisation: [parkrun](#)

Contact email: yattonrecreationjuniors@parkrun.com

Weston-super-Mare Junior parkrun

Location: [Walford Avenue Neighbourhood Open Space, BS22 7RD](#)

Organisation: [parkrun](#)

Contact email: westonsupermarejuniors@parkrun.com

Nailsea Round

Must book? No

Free? Yes

Time: 9am

Location: Meet on [Great George St, BS1 6QF](#) for car sharing. Or the lay-by on the left as you approach Nailsea on the B3130, BS48 1BU, at 9.30am.

Organisation: [Bristol Ramblers](#)

The route starts by Wraxall House and ascends towards the warren, with views over Nailsea. We will then descend to Tickenham and West End, with a lunch stop at the Blue Flame, before completing the circuit.

Contact name: Mandy

Contact phone: 07812 143 302

Various
days and
locations



Yeo Valley Lions Strawberry 'Lion' 50:50 Challenge

Must book? Yes

Free? No – sponsored charity walk

Time: From 9am

Location: Meet at [Yatton Railway Station, Yatton, BS49 4AJ](#)

Organisation: [Yeo Valley Lions](#)

Full event details and sponsorship forms can be found here:

[Strawberry Lion 2025 | Yeovalleylions](#)

Yeo Valley Lions Club's annual 50/50 Sponsored Charity Walk takes place each year along the Strawberry Line from Yatton. There is a choice of three walks of 5, 13 or 20 miles in length. Walkers can retain half of the funds they raise to donate to an organisation or charity of their choice and pass half to Yeo Valley Lions Club who nominate a different charity that they will support each year.

This year's chosen charity is People First, who are a Self Advocacy Charity working with adults with a Learning Disability, Autism or both.

Contact name: Roger Gibbins

Contact phone: 01275 874 875 / 07788 646 050

Further information: [Strawberry Lion 2025 | Yeovalleylions](#)

Clevedon Sunday Health Walks

Various
days
available

Must book? No

Free? Yes

Time: 10am

Location: Meet at [The Bandstand, Clevedon, BS21 7EH](#)

Organisation: [Clevedon Health Walks](#)

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Lynne Purcell or North Somerset Council
Physical Activity Team

Contact phone: 01275 852 663 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

