



NORTH SOMERSET WALKFEST 1-31 MAY 2025

**CHOOSE FROM LOTS OF AMAZING WALKS
IN AND AROUND NORTH SOMERSET**

Options to join different walking activities for a range of abilities. Most walks are **FREE**
 For full information: n-somerset.gov.uk/nswalkfest or call **01275 882730**

#NSWALKFEST



WELCOME TO NORTH SOMERSET WALKFEST 2025 A CELEBRATION OF WALKING IN NORTH SOMERSET

The month-long campaign encourages everyone to get outside, embrace walking, and discover beautiful places in North Somerset. It celebrates the positive effects of walking on physical, mental, and social wellbeing.

Celebrate Walk Fest with us, by joining one of the following:

- Health walks – aimed at individuals who want to start and stay active. Led by trained volunteers to ensure safe and enjoyable walks for all. Health Walk Volunteer Training is available in May.
- Discover somewhere you haven't walked before with our walking routes.
- Join a local walking group.
- Get involved with WalkFest in your workplace.
- Complete our survey and **win a £50 Love to Shop voucher**.

For full information: n-somerset.gov.uk/nswalkfest

If you would like support to view the programme online, please visit your local library.



Thank you to the Bristol Airport Diamond Fund who funded part of this project.



Connect 3 Wellbeing Walks

Must book? Yes

Free? No, suggested donation of £5 - £8

Time: 9.30am

Location: Crook Peak – meet at [65 Wimblestone Road, Winscombe, BS25 1JP](#)

Organisation: [Mudita Salus CIC](#)

Every
Mon –
different
locations

Join us for a stunning 8-mile circular walk from Winscombe to Crook Peak (and back), one of the areas most iconic viewpoints.

As part of North Somerset Walk Fest 2025, this guided walk will take you through the village of Winscombe, up rolling hills, ancient woodlands, and open ridgelines, offering breathtaking panoramic views. Along the way, we'll pause for mindful nature connection activities, making this more than just a hike—it's an opportunity to slow down, connect, and recharge.

Contact name: Kim Stone

Contact phone: 07767 144 665

Contact email: muditasalus@gmail.com

Portishead Health Walks

Must book? No

Free? Yes

Time: 10:30am

Location: Meet at [Waitrose Piazza, Portishead, BS20 7DE](#)

Organisation: [Portishead Health Walks](#)

Every
Mon

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Chris Lockyer or North Somerset Council Physical Activity Team

Contact phone: 01275 845 736 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

Walking Football: Clevedon

Must book? No

Free? No, first session free, then £4 per session

Time: 10.30am

Location: [North Somerset Community Hand Stadium, Davis Lane, Clevedon, BS21 6TG](#)

Organisation: [Clevedon Town Walking Football](#)

Every
Mon,
Thurs
& Fri

Walking football is a slower version of the traditional game, it is played at a 'walking' pace, there is no running and it is non-contact.

We play three 20 minute sessions with breaks in between. (breaks more regular during hot weather) Bring a drink to rehydrate.

We aim to play 6-a-side games and based on numbers attending, we try to pre-select teams and pin the teams/matches on the hut before the session starts. We try to take account of age, ability and experience when selecting teams. We always encourage inclusivity and fair play.

Contact name: John

Contact phone: 07976 829 826

Contact email: john.hughes@primemolasses.com



Walking Football: Western Rebels

Every
Mon,
Weds
& Fri**Must book?** No**Free?** No, first session free, then £5 per session**Time:** 10.30am**Location:** [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)**Organisation:** [Western Rebels Walking Football](#)

Monday and Wednesday sessions are for those living with health conditions. General sessions open to all are available on Wednesdays and Fridays

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Contact name: Mike O'Shea**Contact phone:** 01934 823 541**Contact email:** mikemikeoshea@yahoo.co.uk

Walking Football: Weston Seagulls

Every
Mon**Must book?** Yes**Free?** First session free, then £5 per session**Time:** 8pm**Location:** [Weston-super-Mare Football Club, Optima Stadium, Winterstoke Road, Weston-s-Mare, BS24 9AA](#)**Organisation:** [Weston-super-Mare AFC](#)

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Monday evenings and Tuesday mornings are mixed sessions, Men only sessions are on Fridays at 10am.

Contact email: walking@wsmafc.co.uk

Leigh Woods/Abbots Leigh

Various
days and
locations**Must book?** No**Free?** Yes**Time:** 10am**Location:** Meet at the Clifton end of the [Suspension Bridge, BS8 4DP](#)**Organisation:** [Bristol Ramblers](#)

A lovely circular walk from the Suspension Bridge. The route passes through Leigh Woods and Abbots Leigh to the serene and beautiful Abbots Pool, returning across the Ashton Court Estate.

Contact name: Wendy**Contact phone:** 07970 811 668

Walking Football: Weston Seagulls

Must book? Yes

Free? First session free, then £5 per session

Time: 10am

Location: [Weston-super-Mare Football Club, Optima Stadium, Winterstoke Road, Weston-s-Mare, BS24 9AA](#)

Organisation: [Weston-super-Mare AFC](#)

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Monday evenings and Tuesday mornings are mixed sessions, Men only sessions are on Fridays at 10am.

Contact email: walking@wsmafc.co.uk

Every
Tues

Clevedon Health Walks

Must book? No

Free? Yes

Time: 10:30am

Location: Meet at [Sunnyside Surgery, Sunnyside Road, Clevedon, BS21 7TA](#)

Organisation: [Clevedon Health Walks](#)

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Lynne Purcell or North Somerset Council Physical Activity Team

Contact phone: 01275 852 663 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

Various
days
available

Walking Netball: Portishead

Must book? Yes

Free? No, £5 per session

Time: 10.45am

Location: [Parish Wharf Leisure Centre, Harbour Road, Portishead, BS20 7DD](#)

Organisation: [England Netball](#)

Open to ladies aged 50 years and over. Walking netball is played at a walking pace, with players not allowed to run. This includes with the ball or off the ball and includes jogging. You can 'walk' as fast as you want and one foot must be in contact with the ground at all times.

Contact name: Kerry Brooks

Contact email: kerry.brooks@englandnetball.co.uk

[Book your place here](#)

Every
Tues



Winscombe Health Walks

Must book? No

Free? Yes

Time: 11am

Location: Meet at [Woodborough Inn, Ssandford Road, Winscombe, BS25 1HD](#)

Organisation: [Winscombe Health Walks](#)

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippery surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Dawn Organ or North Somerset Council Physical Activity Team

Contact phone: 07376 126473 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

Also
on 13
May

Walking Football: Western Rebels

Must book? No

Free? No, first session free, then £5 per session

Time: 10am

Location: [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)

Organisation: [Western Rebels Walking Football](#)

Monday and Wednesday sessions are for those living with health conditions. General sessions open to all are available on Wednesdays and Fridays

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Contact name: Mike O'Shea

Contact phone: 01934 823 541

Contact email: mikemikeoshea@yahoo.co.uk

Every
Mon,
Weds
& Fri

Weston u3a Weekly Walk

Must book? New members welcome, joining information can be [here](#).

Time: 10.15am

Location: Various venues

Organisation: [Weston u3a Walking Group](#)

We meet at the start point of our walk at 10.15am, The start point can be as much as 45minutes drive away from Weston, but usually within 20 minutes. Our walks usually finish by 1.00pm.

The walking group is flourishing with almost 50 members, but we are always open to new members, we would especially like people who could offer their own walks.

[Contact us here](#)

[Find out more here](#)

Every
Weds



Weston Big Wood and Portishead Coast Path evening walk

Must book? No

Free? First 2 walks free

Time: 6.30pm

Location: Meet outside [Gordano School, St Mary's Road, Portishead, BS20 7QR](#)

Organisation: [Brunel Walking Group](#)

A 5.6 mile walk through Weston Big Wood and then along a section of the Portishead Coast Path, before returning on different footpaths back over the hill to the start.

Please use street parking near the school.

Our evening walks are done at a brisk pace, so may not be suitable for beginners.

Paths could be muddy so please wear suitable footwear and clothing for the conditions and weather.

Contact name: Matthew

Contact phone: 07964 455 883

[Find out more here](#)

Hash Walker and Runner Trails

Every
Weds

Must book? No

Free? First run is free, then £1 per run or £10 per quarter

Time: 7pm, for a 7.15pm start

Location: Meet at [Dundry Inn, Church Road, Dundry, BS41 8LH](#)

Organisation: [BOGS of Somerset Hash House Harriers](#)

All events start at 7:15pm prompt. Please arrive from 7pm and in time for a brief before setting off. Meet outside or in the Pub Car Park.

A Hash requires a "hare" to set a trail with flour or chalk or a combination of these. Length varies, but a reasonable trail is between 3-5 Kms for walkers and 5-8 Kms for runners. They're often cross country/off-road, but can be through streets and back alleys. A well planned Hash will ensure all participants return within a few minutes of each other followed by refreshments and an assessment of the trail.

Contact name: Tim Moran

Contact phone: 07801 678 432

Contact email: tim@moransononline.com

Full event list: <https://www.bristolhash.org.uk/bogsruns.php>

Website: <https://www.bristolhash.org.uk/bogsintro.php>

Weston-super-Mare Evening Health Walks

Every
Weds
except
21 May

Must book? No

Free? Yes

Time: 7pm

Location: Meet at [Worlebury Golf Course, Monks Hill, Worlebury, Weston-s-Mare, BS22 9SX](#)

Organisation: [Weston-super-Mare Evening Health Walks](#)

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippy surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Kira Thorpe / North Somerset Council

Physical Activity Team

Contact phone: 07882 474692 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk



Gordano Footpath Group: Congresbury

Must book? Yes

Free? Yes

Time: 9.30am

Location: Congresbury [Meet at car park behind Lidl in Portishead, BS20 7DE](#)

Organisation: [Gordano Footpath Group](#)

5-mile walk, meeting in the car park behind Lidl in Portishead, at 9.30am. We leave promptly and aim to car share if possible.

We are a members walking group, however new members are always welcome and are able to join us on a walk before joining the group. If you wish to join one of our May walks please contact us beforehand using the e-mail address below. The walk leader will then contact you to tell you of the nature and difficulty of the walk, and advise you of anything you should bring (eg walking poles, packed lunch). We also need to know the number of people walking, so it is essential that you book onto the walk.

Contact name: Gordano Footpath Group

Contact email: info@gordanofpg.org.uk

Further information: www.gordanofpg.org.uk

Various
days and
locations

Backwell, Brockley Circular

Must book? Yes

Free? First 2 walks free

Time: 9.45am for a 10am start

Location: Meet by [St Andrews Church, Church Lane, Backwell, BS48 3JJ](#)

Organisation: [Woodspring Ramblers](#)

From the edge of Backwell, we head to Brockley, through Brockley Wood, Backwell Hill and return.

7 and a half miles, a mixture of fields and woodland with coffee and lunch stops.

Contact name: Jan

Contact phone: 07787 568 252

[Find out more here](#)

Walking Football: Clevedon

Must book? No

Free? No, first session free, then £4 per session

Time: 10.30am

Location: [North Somerset Community Hand Stadium, Davis Lane, Clevedon, BS21 6TG](#)

Organisation: [Clevedon Town Walking Football](#)

Walking football is a slower version of the traditional game, it is played at a 'walking' pace, there is no running and it is non-contact.

We play three 20 minute sessions with breaks in between. (breaks more regular during hot weather) Bring a drink to rehydrate.

We aim to play 6-a-side games and based on numbers attending, we try to pre-select teams and pin the teams/matches on the hut before the session starts. We try to take account of age, ability and experience when selecting teams. We always encourage inclusivity and fair play.

Contact name: John

Contact phone: 07976 829 826

Contact email: john.hughes@primemolasses.com

Every
Mon,
Thurs
& Fri



Walking Netball: Weston

Every
Thurs**Must book?** Yes**Free?** No, £3.60 per session**Time:** 1pm**Location:** [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)**Organisation:** [Trailblazers Walking Netball Team](#)

Open to ladies aged 50 years and over. Walking netball is played at a walking pace, with players not allowed to run. This includes with the ball or off the ball and includes jogging. You can 'walk' as fast as you want and one foot must be in contact with the ground at all times.

Contact name: Tim Pollard**Contact phone:** 01934 425 900[Book your place here](#)

Walking Football: Weston Seagulls

Every
Fri**Must book?** Yes**Free?** First session free, then £5 per session**Time:** 10am**Location:** [Weston-super-Mare Football Club, Optima Stadium, Winterstoke Road, Weston-s-Mare, BS24 9AA](#)**Organisation:** [Weston-super-Mare AFC](#)

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Fridays are men's sessions, mixed sessions are available on Mondays at 8pm and Tuesdays at 10am.

Contact email: walking@wsmafc.co.uk

Walking Football: Western Rebels

Every
Mon,
Weds
& Fri**Must book?** No**Free?** No, first session free, then £5 per session**Time:** 10am**Location:** [Hutton Moor Leisure Centre, Hutton Moor Road, Weston-s-Mare, BS22 8LY](#)**Organisation:** [Western Rebels Walking Football](#)

Monday and Wednesday sessions are for those living with health conditions. General sessions open to all are available on Wednesdays and Fridays

Walking football is a slower version of the traditional game, for men aged over 50 and women over 40. It is played at a 'walking' pace, there is no running and it is non-contact. It is ideal for those who once enjoyed playing the sport to again participate, and also those looking for an activity to improve their health and fitness. It is also a great way meet new people.

Contact name: Mike O'Shea**Contact phone:** 01934 823 541**Contact email:** mikemikeoshea@yahoo.co.uk

Clevedon Health Walks

Must book? No

Free? Yes

Time: 10:30am

Location: Meet at [Salthouse car park, Salthouse Road, Clevedon, BS21 7TR](#)

Organisation: [Clevedon Health Walks](#)

Various
days
available

If you are new or returning to exercise, Health Walks North Somerset offers the opportunity to improve fitness at a pace that suits you, with most groups providing a number of walks so that all abilities are supported. The leader will tell you about the route at the start; we try to avoid steep hills, stiles, many steps or very muddy/slippy surfaces. However, be prepared for the odd hill and stile, grass, uneven surfaces or puddles after rain. Please wear sensible shoes, preferably walking shoes or trainers. Assistance dogs only please.

Contact name: Lynne Purcell or North Somerset Council Physical Activity Team

Contact phone: 01275 852 663 / 01275 882 730

Contact email: getactive@n-somerset.gov.uk

Walking Cricket: Clevedon

Must book? Yes

Free? First session free

Time: 10:30am

Location: [Strode Leisure Centre, BS21 6QG](#)

Organisation: [Somerset Cricket Foundation](#)

Every
Fri

Walking cricket is a slower version of the traditional game, played at a 'walking' pace and with adapted rules for indoor spaces. Ideal for men and women, usually aged 50 plus. Benefits of walking cricket include:

- Getting active and improving fitness
- Supporting recovery and rehabilitation after injury or operation
- Improving social wellbeing and meeting new friends
- Improving emotional and mental well being
- Reminiscing about a sport you played in the past
- Learning a new physical skill
- Being part of a new team

Contact name: Mustafa Shaikh

Contact phone: 07385 818493

Contact email:

mustafa.shaikh@somersetcricketfoundation.org



Walking Netball: Nailsea

Must book? Yes

Free? No, £4 per session

Time: 12pm

Location: [Scotch Horn Leisure Centre, Brockway, Nailsea, BS48 1BZ](#)

Organisation: [England Netball](#)

Open to ladies aged 50 years and over.

Walking netball is played at a walking pace, with players not allowed to run. This includes with the ball or off the ball and includes jogging. You can 'walk' as fast as you want and one foot must be in contact with the ground at all times.

Contact name: Kerry Brooks

Contact email: kerry.brooks@englandnetball.co.uk

[Book your place here](#)

Every
Fri

Mental Health Walk and Talks

Must book? Yes

Free? Yes

Time: 1.30pm

Location: Rotates weekly across Backwell, Clevedon, Nailsea and Portishead. Contact admin@weareaware.info for more details.

Organisation: [We Are Aware](#)

Find We Are Aware on [Instagram](#) and [Facebook](#)

A regular mental health Walk and Talk to provide peer connection, gentle exercise, reduce isolation and be part of a growing supportive community.

Contact: admin@weareaware.info for a referral form to join our ever-growing mental health lived experience peer community. Or visit: www.weareaware.info

Contact name: Alan

Contact email: admin@weareaware.info

Every
Fri

Walking Football: Clevedon

Must book? No

Free? No, first session free, then £4 per session

Time: 7.30pm

Location: [North Somerset Community Hand Stadium, Davis Lane, Clevedon, BS21 6TG](#)

Organisation: [Clevedon Town Walking Football](#)

Walking football is a slower version of the traditional game, it is played at a 'walking' pace, there is no running and it is non-contact.

We play three 20 minute sessions with breaks in between. (breaks more regular during hot weather) Bring a drink to rehydrate.

We aim to play 6-a-side games and based on numbers attending, we try to pre-select teams and pin the teams/matches on the hut before the session starts. We try to take account of age, ability and experience when selecting teams. We always encourage inclusivity and fair play.

Contact name: John

Contact phone: 07976 829 826

Contact email: john.hughes@primemolasses.com

Every
Mon,
Thurs
& Fri



parkrun

parkrun is a free, 5k community event that takes place every Saturday morning. You can walk, jog, run, volunteer or spectate. parkrun is positive, welcoming and inclusive, there is no time limit, and no one finishes last as there is always a volunteer tail walker. Everyone is welcome to come along.

Must book? No, but please register [here](#) first.

Free? Yes

Time: 9am **Distance:** 5km

Ashton Court parkrun

Location: [Ashton Court, BS41 9JN](#)

Organisation: [parkrun](#)

Contact email: ashtoncourt@parkrun.com

Every
Sat

Clevedon Salthouse Fields parkrun

Location: [Clevedon Salthouse Park, BS21 7TU](#)

Organisation: [parkrun](#)

Contact email:

clevedonsalthousefields@parkrun.com

Marine Parade parkrun

Location: [Marine Parade, BS23 1BE](#)

Organisation: [parkrun](#)

Contact email: marineparade@parkrun.com

