



Clevedon Health Walks



Date	Day	Starting from
July 1	Tuesday	Bandstand
4	Friday	Boots, The Triangle
8	Tuesday	Pier Copse
11	Friday	Salthouse Car Park
15	Tuesday	Boots, The Triangle
18	Friday	Sunnyside Surgery
22	Tuesday	Salthouse Car Park
25	Friday	Pier Copse
29	Tuesday	Crab Apple pub *11am start
Aug 1	Friday	Bandstand
5	Tuesday	Sunnyside Surgery
8	Friday	Boots, The Triangle
12	Tuesday	Bandstand
15	Friday	Salthouse Car Park
19	Tuesday	Pier Copse
22	Friday	Sunnyside Surgery
29	Friday	Pier Copse
Sept 2	Tuesday	Boots, The Triangle
5	Friday	Boots, The Triangle
9	Tuesday	Salthouse Car Park
16	Tuesday	Sunnyside Surgery
19	Friday	Bandstand
23	Tuesday	Bandstand
26	Friday	Salthouse Car Park
30	Tuesday	Pier Copse

Tuesday and Friday walks start at 10.30am for one hour unless stated otherwise

A walk of 30 minutes can be arranged, ring Lynne (see below)

Monday evening walks

A more strenuous walk, please wear sensible footwear

Start 7 pm for one hour

14 July – All Saints Church

11 Aug – All Saints Church

1 Sept – All Saints Church

Sunday morning walks

Start 10am for one hour

13 Jul – Salthouse Car Park

27 Jul – Bandstand

3 Aug – Pier Copse

17 Aug – Boots, The Triangle

7 Sept - Leaf & Bean, Six Ways

21 Sept – Salthouse Car Park

Aimed at individuals who want to start and stay active

Assistance dogs only

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear. No need to book, just come along!

Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

www.facebook.com/clevedonwalkandtalk

