

## Winscombe (Health Walks

Tuesdays at 11am

at Woodborough Inn, Sandford Road

8 and 22 July 12 and 26 August 9 and 23 September

If you are new to the group, please arrive 15 minutes early to register

Aimed at individuals who want to start and stay active

**Assistance dogs only** 

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear

No need to book, just come along!

Contact Dawn Organ: 07376 126 473 Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk www.betterhealthns.co.uk/get-active/walking/







