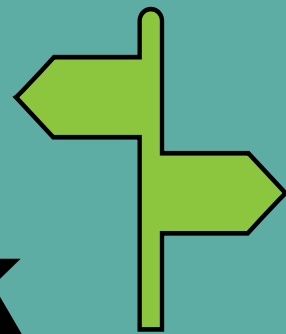




# Banwell Health Walk



Meet at Banwell Youth and Community Centre for **12pm** on the **first Monday of every month** for a short 30-minute walk.

No need to book – just turn up!

**6 October**

**3 November**

**1 December**

For individuals who wish to start and stay active

Assistance dogs only

If you physically need support to walk, please bring someone with you

Please wear suitable clothing and footwear especially during the winter months

Want to know more? Contact Banwell Parish Council:  
[Nature@banwellparishcouncil.org.uk](mailto:Nature@banwellparishcouncil.org.uk)

