

Walker Registration Form

Welcome to Health Walks North Somerset. Everyone is welcome on our friendly, safe, and accessible walks.

Before taking part, please consider if you have any health issues that may prevent you from completing the walk and seek medical advice before attending.

The information you provide on this form will be added to the Health Walks North Somerset database. The security of your information and data is very important to us; for details on how we use your personal data please see our Privacy Notice on the back of this form.

* Mandatory question

*Walk Group: _____

*Full name: _____

Age group: ☐ 18 – 39; ☐ 40-49; ☐ 50- 59; ☐ 60-69; ☐ 70+

Gender: ☐ Male ☐ Female ☐ Prefer not to say

*Postcode: _____

In the past week, on how many days have you done a total of 30 minutes or more of physical activity, which was enough to raise your breathing rate? (Circle around the number).

0 1 2 3 4 5 6 7 days

Where did you hear about Health Walks?

☐ Social Media ☐ Newspaper ☐ Word of Mouth ☐ GP Surgery ☐ Online

Other (please specify): _____

If you have any health conditions that may affect your ability to walk, please discuss this with the Walk Leader at the start of your first walk.

*Please tick here to confirm you understand you take part at your own risk and will seek medical advice as appropriate: ☐



Health Walks Privacy Information

North Somerset Council is registered with the Information Commissioner's Office for the purposes of processing personal data. The information you provide will be stored securely in our digital records and used in accordance with the requirements of UK data protection law. The paper copy of this form will be destroyed via confidential waste. The information will support us to run the Health Walks programme and may be held for up to 6 months after you finish using the service, after which time it will be permanently deleted from our digital records.

Unless otherwise agreed with you, we will only collect the minimum personal data required to deliver the service. We are asking for your age range, gender and postcode purely for statistical purposes. The aim of the health walks is to improve your health and wellbeing. By collecting this information, we demonstrate the success of the scheme by recording how many individuals attend, how often and which demographics we are reaching. We use this information internally for research purposes and all information is anonymised. We also use this information to be able to apply for funding to allow the scheme to continue. Funding can be from internal and external sources. Information used to apply for funding is anonymised. The funding helps the Public Health team run the scheme and improve the service which benefits the public by aiming to improve health and wellbeing. The lawful basis this personal data will be processed with is in accordance with GDPR Article 6(1)(e) public task "processing is necessary for the performance of a task carried out in the public interest or in the exercise of official authority vested in the controller". The processing of this personal data fits the lawful basis of public task because it is being collected to help monitor, improve the scheme and demonstrate the success of the scheme. By collecting this information, we can use it to apply for funding to help improve and expand the scheme. This is in the public interest because it is a public scheme which benefits those who attend the Health Walks as it aims to improve their health and wellbeing.

Details about any medical conditions is necessary to ensure your safety and wellbeing during the walks in case there are any medical issues or emergencies; or special needs that may need to be taken into account during a health walk. This information will be discussed at the start of a walk between you and a walk leader, and only ever be shared with other Walk Leaders if necessary, at your discretion.. The lawful basis this special category will be processed with is in accordance with GDPR Article 9(g) as it necessary for reasons of substantial public interest, on the basis of union or member state law which shall be proportionate to the aim pursued, respect the essence of the right to data protection and provide for suitable and specific measures to safeguard the fundamental rights and interests of the data subject. The processing of this special category personal data fits the lawful basis because it enables us to run the health walks in a safe way where everyone's needs are considered.

We will not use your personal information in a way that may cause you unwarranted nuisance. Failure to provide the information could result in you not being able to take part in the Health Walks programme as information is required for health and safety reasons.

We may lawfully disclose information to public sector agencies if it is considered to be in your best interest to do so, to prevent or detect fraud or other crime, or to support the national fraud initiatives and protect public funds under the Local Audit and Accountability Act 2014, where the Agency can demonstrate a lawful and legitimate interest in your information. Under the conditions of the Digital Economy Act 2017, we may also share personal data provided to us with other public authorities as defined in the Act, for the purposes of fraud or crime detection or prevention, to recover monies owed to us, to improve public service delivery, or for statistical research. We do not share the information with other organisations for commercial purposes.

You have the right to see the personal data we process about you, as well as the right of objection, rectification, restriction and erasure in some circumstances. For details of how to make such a request, please visit: www.n-somerset.gov.uk/council-democracy/data-protection-freedom-information/data-protection/make-subject-access-request

If you have any questions or concerns about the way we process your personal data, our Data Protection Officer can be contacted at DPO@n-somerset.gov.uk