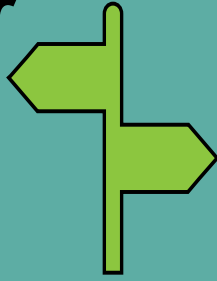




Churchill and Cheddar Health Walks



Walks are usually on the first and third Saturday of each month, starting at 10.30am

4 October – Cheddar

Meet at Hannah More Cottage, Lower North Street, Cheddar

(A shorter walk and coffee meet up is available at 11am from the same meeting point)

18 October – Strawberry Line to Winscombe

Meet at the Axbridge Picnic site layby, on A371

1 November – Cheddar

Meet at Hannah More Cottage, Lower North Street, Cheddar.

(A shorter walk and coffee meet up is available at 11am from the same meeting point)

15 November – Strawberry Line to Sandford Station

Meet at the Memorial Playing Fields car park in Winscombe

Aimed at individuals who want to start and stay active

Assistance dogs only

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear

No need to book, just come along!

Contact: Adrian: 01934 743 527 / adrianmale99@gmail.com

Physical Activity Team:

01275 882 730 / GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

