



Clevedon Health Walks



Date	Day	Starting from
Oct 3	Friday	Salthouse Car Park
7	Tuesday	Bandstand
10	Friday	Boots, The Triangle
14	Tuesday	Sunnyside Surgery
17	Friday	Pier Copse
21	Tuesday	Salthouse Car Park
24	Friday	Bandstand
28	Tuesday	Boots, The Triangle
31	Friday	Sunnyside Surgery
Nov 4	Tuesday	Pier Copse
7	Friday	Salthouse Car Park
11	Tuesday	Bandstand
14	Friday	Boots, The Triangle
18	Tuesday	Sunnyside Surgery
21	Friday	Pier Copse
25	Tuesday	Salthouse Car Park
28	Friday	Bandstand
Dec 2	Tuesday	Boots, The Triangle
5	Friday	Sunnyside Surgery
9	Tuesday	Salthouse Car Park
12	Friday	Pier Copse
16	Tuesday	Bandstand
19	Friday	Boots, The Triangle
23	Tuesday	Sunnyside Surgery
30	Tuesday	Salthouse Car Park

Tuesday and Friday walks start at 10.30am for one hour unless stated otherwise

A walk of 30 minutes can be arranged, ring Lynne (see below)

Thursday morning walks

A more strenuous walk, please wear sensible footwear

Start 10.30 am for one hour

9 Oct – All Saints Church

6 Nov – All Saints Church

4 Dec – All Saints Church

Sunday morning walks

Start 10am for one hour

5 Oct - Bandstand

19 Oct - Sunnyside Surgery

9 Nov - Salthouse Car Park

23 Nov - Boots, The Triangle

7 Dec - Pier Copse

28 Dec - Salthouse Car Park

Aimed at individuals who want to start and stay active

Assistance dogs only

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear. No need to book, just come along!

Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

www.facebook.com/clevedonwalkandtalk

