

Weston-super-Mare Health Walks



All walks are on Mondays at 2pm

30 and 60 minute walks are available – starting at the same time and place

6 October	Prince Consort Gardens - meet at the top (BS23 2EP)	Pavements, hills
13 October	Coach House Pub, Locking (BS24 8DG)	Pavement, tracks, fields, flat
20 October	Railway Inn, Sandford (BS25 5RA)	Tracks, hilly
27 October	Matalan, Locking Castle (BS24 7AY)	Pathways, flat
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3 November	Uphill Way – meet at car park (BS23 4XP)	Muddy tracks, hills
10 November	Worlebury Woods – meet at Cliff Road entrance	Woodland track, hills,
	(BS22 9SG)	muddy
17 November	Hutton – meet at junction of Moor Lane and Holm	Paths, tracks, fields, hilly
	Road, by bus stop (BS24 9RE)	
24 November	St Georges – meet at Willow Close, near Community	Paths, grass, flat
	Centre (BS22 7XF)	
1 December	Ashcombe Park – meet at top by café (BS22 8BP)	Pavements, lanes, hills
8 December	Congresbury Garden Centre (BS49 5AA)	Tracks, fields
15 December	No Walk	
22 December	Tropicana	Pavement, sand, flat
29 December	Landing Light Pub (BS24 8EE)	Pavement, tracks, grass,
		muddy, flat
5 January 2026	Winscombe Recreation Ground (BS25 1AZ)	Pathways, fields.
8 December 15 December 22 December 29 December	Congresbury Garden Centre (BS49 5AA) No Walk Tropicana Landing Light Pub (BS24 8EE)	Tracks, fields Pavement, sand, flat Pavement, tracks, grass, muddy, flat

Aimed at individuals who want to start and stay active.

30 minute and 60 minute walks are available

Assistance dogs only.

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear

No need to book, just come along!

Contact: John Western: 01934 511 808 or Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk www.betterhealthns.co.uk/get-active/walking/





