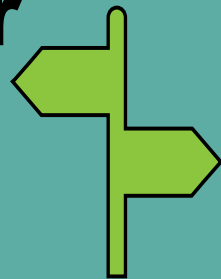




Churchill and Cheddar Health Walks



Walks are usually on the first and third Saturday of each month, starting at 10.30am

3 January – Cheddar Reservoir

Meet at Sharpham Road car park (not reservoir car park)

(A shorter walk and coffee meet up is available at 11am from the same meeting point)

17 January – Axbridge

Meet at Cheddar Reservoir North car park, Axbridge

7 February – Cheddar and the Strawberry Line

Meet at Hannah More Cottage, Lower North Street, Cheddar.

(A shorter walk and coffee meet up is available at 11am from the same meeting point)

21 February – Churchill

Meet at Market Café, Ladymead Lane, Churchill

7 March – Cheddar

Meet at Hannah More Cottage, Lower North Street, Cheddar

(A shorter walk and coffee meet up is available at 11am from the same meeting point)

21 March – Burnham-on-Sea

Meet at Apex Park, Burnham-on-Sea

Aimed at individuals who want to start and stay active

Assistance dogs only

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear

No need to book, just come along!

Contact: Adrian: 01934 743 527 / adrianmale99@gmail.com

Physical Activity Team:

01275 882 730 / GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

