



Clevedon Health Walks



Date	Day	Starting from
6 Jan	Tuesday	Bandstand
9	Friday	Salthouse Car Park
13	Tuesday	Pier Copse
16	Friday	Boots, The Triangle
20	Tuesday	Salthouse Car Park
23	Friday	Pier Copse
27	Tuesday	Sunnyside Surgery
30	Friday	Boots, The Triangle
3 Feb	Tuesday	Salthouse Car Park
6	Friday	Bandstand
10	Tuesday	Pier Copse
13	Friday	Sunnyside Surgery
17	Tuesday	Bandstand
20	Friday	Boots, The Triangle
24	Tuesday	Sunnyside Surgery
27	Friday	Bandstand
3 Mar	Tuesday	Boots, The Triangle
6	Friday	Salthouse Car Park
10	Tuesday	Pier Copse
13	Friday	Boots, The Triangle
17	Tuesday	Bandstand
20	Friday	Pier Copse
24	Tuesday	Salthouse Car Park
27	Friday	Sunnyside Surgery
31	Tuesday	Pier Copse

Tuesday and Friday walks start at 10.30am for one hour unless stated otherwise

Thursday morning walks

A more strenuous walk, please wear sensible footwear
Start 10.30 am for one hour

8 Jan – All Saints Church
5 Feb – All Saints Church
5 Mar – All Saints Church

Sunday morning walks

Start 10am for one hour

4 Jan – Salthouse Car Park
25 Jan – Bandstand
8 Feb – Boots, The Triangle
22 Feb – Pier Copse
15 Mar- Salthouse Car Park
29 Mar – Leaf & Bean, Six Ways

Aimed at individuals who want to start and stay active

Assistance dogs only

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear. No need to book, just come along!

Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

www.facebook.com/clevedonwalkandtalk

