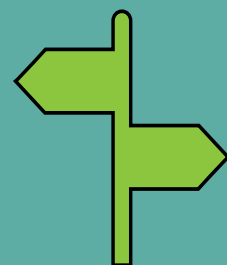




# Weston-super-Mare Health Walks



**All walks are on Mondays at 2pm**

30 and 60 minute walks are available – starting at the same time and place

|                |  |                                   |
|----------------|--|-----------------------------------|
| 5 January 2026 | Winscombe Recreation Ground (BS25 1AZ) | Pathways, fields, muddy           |
| 12 January     | Hutton Moor Leisure Centre (BS22 8LY)  | Paths, flat                       |
| 19 January     | Kewstoke Village Hall (BS22 9XJ)       | Paths, tracks, sand, flat         |
| 26 January     | Ebdon Pub, North Worle (BS22 9WE)      | Pavement, grass hill, mainly flat |

|             |   |                              |
|-------------|---|------------------------------|
| 2 February  | Apex Park, Burnham-on-Sea (TA8 1NQ)     | Pathways, gravel track, flat |
| 9 February  | Manor pub, Worle (BS22 9LP)             | Pathways, grass hill         |
| 16 February | St Andrew's Church, Clevedon (BS21 7UE) | Paths, tracks, hills         |
| 23 February | Uphill Way Car Park (BS23 4XP)          | Tracks, hills, muddy         |

|          |                                    |                              |
|----------|------------------------------------|------------------------------|
| 2 March  | Clarence Park Café (BS23 4AW)      | Pavements, sand, golf course |
| 9 March  | McDonalds, Worle (BS22 6BL)        | Pathways, lanes, flat        |
| 16 March | Lympsham Cricket Club (BS24 0EW)   | Pavements, lanes, flat       |
| 23 March | Woodspring Priory (BS22 9YU)       | Grass tracks, hills, muddy   |
| 30 March | Matalan, Locking Castle (BS24 7AY) | Pathways, flat               |

**Aimed at individuals who want to start and stay active.**

**30 minute and 60 minute walks are available**

**Assistance dogs only.**

**If you need support to walk, please bring someone with you**

**Please wear suitable clothing and footwear**

**No need to book, just come along!**

**Contact: John Western: 01934 511 808 or  
Physical Activity Team: 01275 882 730**

**[GetActive@n-somerset.gov.uk](mailto:GetActive@n-somerset.gov.uk)**

**[www.betterhealthns.co.uk/get-active/walking/](http://www.betterhealthns.co.uk/get-active/walking/)**

