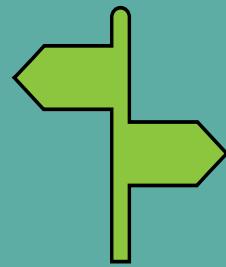




# Worle Health Walks



Thursdays at 9.30am

8 January – Tesco Express, Clover Court, Maltlands, BS22 8NB

15 January – Morrisons

22 January – The Manor Pub, Queensway

29 January – Morrisons

5 February – Worle Health Centre, High Street

12 February – Tesco Express, Clover Court, Locking, BS22 8NB

19 February – St Georges Surgery

26 February – Worlebury Golf Course

5 March – Sainsburys

12 March – Tesco Express, Clover Court, Locking, BS22 8NB

19 March – St Georges Surgery

26 March – Worle Health Centre, High Street

**Walks are approx. 45 minutes long**

**Aimed at individuals who want to start and stay active.**

**Assistance dogs only.**

**If you need support to walk, please bring someone with you**

**No need to book, just come along!**

**Contact Kira: 07882 474 692 or  
Physical Activity Team: 01275 882 730**

[GetActive@n-somerset.gov.uk](mailto:GetActive@n-somerset.gov.uk)

[www.betterhealthns.co.uk/get-active/walking/](http://www.betterhealthns.co.uk/get-active/walking/)

