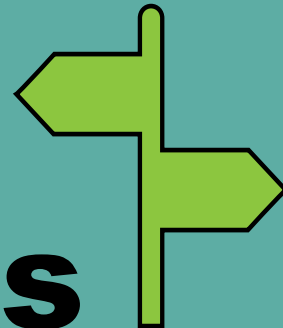




Yatton Health Walks



Thursdays at 2pm

8 January - Nailsea

Meet at Scotch Horn Leisure Centre (BS48 1BZ)

22 January - Chew Valley Lake

Meet in Woodford Lodge car park, at the top of car park by the gate to the path (BS40 8XH)

5 February - Kingston Seymour

Meet by the church, (BS21 6XE)

19 February - Clevedon

Meet at Salthouse Fields car park, by the ticket machine (BS21 7TR)

5 March - Uphill

Meet at the entrance to the boat yard (BS23 4XR)

19 March - Congresbury

Meet in Millenium Green car park, Kent Road (BS49 5BA)

Aimed at individuals who want to start and stay active

Assistance dogs only

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear

No need to book, just come along!

Contact Marion: 07967 346 188

Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

