



# Clevedon Health Walks



Date	Day	Starting from
<b>April 7</b>	Tuesday	Boots
10	Friday	Bandstand
14	Tuesday	<b>**Crab Apple Pub at 11am**</b>
17	Friday	Salthouse Car Park
21	Tuesday	Sunnyside Surgery
24	Friday	Pier Copse
28	Tuesday	Bandstand
<b>May 1</b>	Friday	Boots, The Triangle
5	Tuesday	Salthouse Car Park
8	Friday	Sunnyside Surgery
12	Tuesday	Pier Copse
15	Friday	Bandstand
19	Tuesday	Boots, The Triangle
22	Friday	<b>**Crab Apple Pub at 11am**</b>
26	Tuesday	Sunnyside Surgery
29	Friday	Salthouse Car Park
<b>June 2</b>	Tuesday	Bandstand
5	Friday	Pier Copse
9	Tuesday	<b>**Crab Apple Pub at 11am**</b>
12	Friday	Boots, The Triangle
16	Tuesday	Salthouse Car Park
19	Friday	Sunnyside Surgery
23	Tuesday	Pier Copse
26	Friday	Bandstand
30	Tuesday	Boots, The Triangle

**Tuesday and Friday walks**  
Start 10.30am for one hour except for  
**\*\*Crab Apple starts at 11am\*\***

**Thursday evening walks**  
A more strenuous walk, please wear  
sensible footwear  
Start 7pm for one hour  
  
9 April – All Saints Church  
7 May – All Saints Church  
4 June – All Saints Church

**Sunday morning walks**  
Start 10am for one hour  
  
19 April – Salthouse Car Park  
3 May – Pier Copse  
24 May – Bandstand  
7 June - Salthouse Car Park

**Aimed at individuals who want to start and stay active  
Assistance dogs only**

**If you need support to walk, please bring someone with you  
Please wear suitable clothing and footwear. No need to book, just come along!**

**Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730**

[GetActive@n-somerset.gov.uk](mailto:GetActive@n-somerset.gov.uk)

[www.betterhealthns.co.uk/get-active/walking/](http://www.betterhealthns.co.uk/get-active/walking/)

[www.facebook.com/clevedonwalkandtalk](https://www.facebook.com/clevedonwalkandtalk)



**Better Health** North Somerset

