



Places
Leisure

Part of Places for People

Because Community Matters

Active Hearts

at Parish Wharf Leisure Centre

Mondays and Wednesdays
10.30am-12.00pm

Helping you to keep up a healthy and active lifestyle. This session is open to all GP Referral and Cardiac Rehabilitation Scheme Graduates

**For more information talk to
a member of the team**



Places for People Leisure Ltd. working in
partnership with North Somerset Council