



# NORTH SOMERSET WALKFEST

1-31 MAY 2026

CHOOSE FROM LOTS OF AMAZING WALKS  
IN AND AROUND NORTH SOMERSET

Options to join different walking activities for a range of abilities. Most walks are **FREE**  
For full information: [n-somerset.gov.uk/nswalkfest](http://n-somerset.gov.uk/nswalkfest) or call **01275 882730**

#NSWALKFEST



We've brought together a whole programme of walks to make sure there is something for everyone: so, head out for a walk for the joy of walking, talk it through on a walk and talk, or give walking sports a go.

Visit the [website](#) to find out more information about local groups and walking routes.

## HEALTH WALKS

These are aimed at individuals who want to start and stay active. They are led by volunteers who have attended leader training to ensure a safe and enjoyable walk for all. Long Ashton, Nailsea, Portishead and Weston offer a variety of distances for all abilities.

## WALK EVERY DAY IN MAY

Start a new habit and challenge yourself to walk every day during Walk Fest. The distance isn't important. Download the tracker from our website [here](#) and tick off every day that you walk.



HEALTH AND WELLBEING



WALKING SPORTS



NATURE AND WILDLIFE



WALKING FOR PLEASURE



ART, CULTURE AND HISTORY

## WALK GRADES AND THEMES

**EASY** - mainly flat on paved surfaces without features such as steps; gentle pace.

**FAIRLY EASY** - mainly flat on paved surfaces with features such as steps; gentle pace.

**MODERATE** - more challenging slopes and the ground may be varied, may include steps and stiles; moderate pace.

**CHALLENGING** - suitable for experienced walkers able to walk longer distances over mixed terrain and gradients at a brisk pace.

## Workplace Challenge

**Category:** Health and Wellbeing

**Must book?** Yes – [sign up by 28 April](#)

**Free?** Yes

**Organisation:** North Somerset Council

**Organisation website:**

[betterhealthns.co.uk/information/workplace-walking](http://betterhealthns.co.uk/information/workplace-walking)

This challenge for North Somerset workplaces will take place during from 1 to 31 May.

Join a team of up to 10 colleagues and challenge other North Somerset workplaces. All we need to know is how many steps you and your team did each week.

At the start of June, we will collect the final number of steps your team has done. The aim of the challenge is to encourage people to walk a little more, so it doesn't matter how many steps you do.

There are 10 x £20 Love to Shop vouchers available as prizes, these will be chosen at random.

You could also challenge your team to walk the length of Britain which is about 870 miles. As 2,000 steps is about a mile, your team would need to walk 1,740,000 steps!

**Contact email:** [getactive@n-somerset.gov.uk](mailto:getactive@n-somerset.gov.uk)

## A-Z of Walking Routes Across North Somerset

**Category:** Walking for Pleasure

**Must book?** No

**Free?** Yes

**Distance:** Various

We have put together an extensive list of walking routes around North Somerset.

Some of the routes within the listings are accessible and suitable for people who are using wheelchairs and/or walking with dogs and children. Some routes are more challenging.

Notes are provided against each route including the distance, accessibility, plus a guide to how long the walk may take depending your fitness levels.

[Click here to see the routes.](#)



**Discover North Somerset  
on foot, by bike or on  
horseback**



With over 500 miles of Public Rights of Way, enjoy everything from gentle countryside walks to stunning coastal routes.

Footpaths, bridleways and byways link beautiful landscapes, historic villages and wildlife-rich spaces, perfect for families and outdoor adventurers.

Visit our website to plan your next adventure, with:

- An interactive rights of way map
- Access and responsible use guidance
- Wildlife protection advice
- How to report issues

Start exploring: [www.n-somerset.gov.uk](http://www.n-somerset.gov.uk)



## Walking Football

**Category:** Walking Sports

**Must book?** Yes

**Free?** First session free, then £5

Walking Football is an inclusive, fast-growing sport and targeted for older adults. Whilst the game is slower (running not allowed!) it remains relatively competitive and is conducive to improving cardiovascular health, mobility and coordination.

**Time:** 10am

**Location:** [Portishead FC, Bristol Road, BS20 6QG](#)

**Organisation:** Clevedon & District Walking Football Club

**Contact email:** [chairmancanddwfc@gmail.com](mailto:chairmancanddwfc@gmail.com)

- Every Monday and Thursday

**Time:** 8pm

**Location:** [The Optima Stadium, BS24 9AA](#)

**Organisation:** [Weston-super-Mare AFC](#)

**Contact email:** [walking@wsmafc.co.uk](mailto:walking@wsmafc.co.uk)

- Every Monday

## Talk and Walk

**Category:** Walking for Pleasure

**Grade:** Easy

**Must book?** Yes

**Free?** Yes

**Time:** 10am **Duration:** 1.5 hours

**Location:** [Woolpack Farm Shop, Shepherds Way, Weston-Super-Mare, BS22 7XE](#)

**Organisation:** Mamma Social Co

**Organisation website:** [mammасocialco.com](http://mammасocialco.com)

I lead a free talk and walk every Monday for parents, carers and their little ones. The aim of these sessions is to combat loneliness and isolation in parenthood.

Come along, have a chat, and meet new people (we may stop for coffee and cake if you fancy it!)

**Contact name:** Georgia Arly

**Contact phone:** 07827 138104

**Find out more or book** [here](#)

Also  
on 11  
and 25

## Portishead Health Walk

**Category:** Health and Wellbeing

**Must book?** No

**Free?** Yes

**Time:** 10.30am **Duration:** 30-60 mins

**Location:** [Waitrose Piazza, Portishead, BS20 7DE](#)

**Organisation:** North Somerset Health Walks

**Organisation website:** [betterhealthns.co.uk/get-active/walking](http://betterhealthns.co.uk/get-active/walking)

Free and friendly Health Walks are for those who want to start and stay active. Led by volunteer walk leaders who are trained to offer a safe and enjoyable walk for all. If you need support to walk, please bring someone with you. Assistance dogs only please.

30 minute and faster one hou walk options.

**Contact phone:** 01275 845 736

**Contact email:** [getactive@n-somerset.gov.uk](mailto:getactive@n-somerset.gov.uk)



## Wellbeing Network for Small Business Owners

**Category:** Health and Wellbeing

**Grade:** Fairly easy

**Must book?** Yes **Free?** Yes

**Time:** 10.15am **Distance:** 2 miles **Duration:** 1.75 hours

**Location:** [Courtyard Cafe, Ashton Court, BS41 9JN](#)

**Organisation:** Miriam Ricci Coaching and Consultancy

**Organisation website:** [miriamriccicoaching.com](http://miriamriccicoaching.com)

Prioritise your mental health and professional growth on this refreshing walk with Dr Miriam Ricci, a certified Wellbeing and Personal Development Coach. Designed for freelancers, small business owners, and aspiring entrepreneurs, it offers a unique space to network and unwind without the pressure of a formal agenda.

Begin with a gentle grounding practice to help you reconnect with your senses. We'll wander through the estate's beautiful grounds, sharing business challenges and victories while enjoying the proven physical and mental benefits of nature.

**Contact name:** Miriam Ricci

**Contact email:** [miriam@miriamriccicoaching.com](mailto:miriam@miriamriccicoaching.com)

## Long Ashton Health Walk

**Category:** Health and Wellbeing

**Must book?** No

**Free?** Yes

**Time:** 10.30am **Duration:** 30-60 mins

**Location:** [Long Ashton Community Centre, 5 Keedwell Hill, BS41 9DP](#)

**Organisation:** North Somerset Health Walks

**Organisation website:** [betterhealthns.co.uk/get-active/walking](http://betterhealthns.co.uk/get-active/walking)

Free and friendly Health Walks are for those who want to start and stay active. Led by volunteer walk leaders who are trained to offer a safe and enjoyable walk for all. If you need support to walk, please bring someone with you. Assistance dogs only please.

Shorter walk option.

**Contact phone:** 07814 671369 / 07855 402768

**Contact email:** [getactive@n-somerset.gov.uk](mailto:getactive@n-somerset.gov.uk)

## Weston-super-Mare Health Walk

**Category:** Health and Wellbeing

**Must book?** No

**Free?** Yes

**Time:** 2pm **Duration:** 30-60 mins

**Location:** [Ashcombe Park Cafe, BS22 8DP](#)

**Organisation:** North Somerset Health Walks

**Organisation website:** [betterhealthns.co.uk/get-active/walking](http://betterhealthns.co.uk/get-active/walking)

Free and friendly Health Walks are for those who want to start and stay active. Led by volunteer walk leaders who are trained to offer a safe and enjoyable walk for all. If you need support to walk, please bring someone with you. Assistance dogs only please.

30 and 60 minute walk options.

**Contact phone:** 01934 511 808

**Contact email:** [getactive@n-somerset.gov.uk](mailto:getactive@n-somerset.gov.uk)



### Nailsea Health Walk

**Category:** Health and Wellbeing

**Must book?** No

**Free?** Yes

**Time:** 11am **Duration:** 30-60 mins

**Location:** [Millennium Field, behind Scotch Horn Leisure Centre, BS48 1BZ](#)

**Organisation:** North Somerset Health Walks

**Organisation website:** [betterhealthns.co.uk/get-active/walking](http://betterhealthns.co.uk/get-active/walking)

Free and friendly Health Walks are for those who want to start and stay active. Led by volunteer walk leaders who are trained to offer a safe and enjoyable walk for all. If you need support to walk, please bring someone with you. Assistance dogs only please.

30, 40 and 60 (steady and fast) walk options.

**Contact phone:** 01275 810 067

**Contact email:** [getactive@n-somerset.gov.uk](mailto:getactive@n-somerset.gov.uk)

### Walking Cricket Weston-super-Mare

**Category:** Walking Sports

**Must book?** Yes

**Free?** First 3 sessions free

**Time:** noon **Duration:** 1.5 hours

**Location:** [Hutton Moor Leisure Centre, BS22 8LY](#)

**Organisation:** Somerset Cricket Foundation

**Organisation website:** [somersetcricketfoundation.org/community-programmes/walking-cricket/](http://somersetcricketfoundation.org/community-programmes/walking-cricket/)

Every  
Tuesday

Walking cricket is a slower version of the traditional game, played at a 'walking' pace and with adapted rules for indoor spaces. Everyone welcome, usually aged 50 plus.

**Contact name:** Mustafa

**Contact email:** [mustafa.shaikh@somersetcricketfoundation.org](mailto:mustafa.shaikh@somersetcricketfoundation.org)

**Contact phone:** 07385 818493

### Morning Walk

**Category:** Walking for Pleasure

**Grade:** Easy

**Must book?** Yes

**Free?** Yes

**Time:** 9.30am **Distance:** 5 miles

**Location:** TBC

**Organisation:** Nailsea and District Footpath Group

**Organisation website:** [nfpg.org.uk](http://nfpg.org.uk)

Come and join us for an enjoyable morning walk, taking in the sights and enjoying being outside.

**Contact email:** [info@nfpg.org.uk](mailto:info@nfpg.org.uk)



## Walking Skills, Nature Exploration and Connection

**Category:** Health and Wellbeing

**Grade:** Moderate

**Must book?** Yes

**Free?** Yes

**Time:** 10am **Distance:** 5 miles **Duration:** 4 hours

**Location:** [Ashton Court Golf Car Park, BS8 3TX](#)

**Organisation:** DWM Outdoors CIC and Nature's Blueprint CIC

**Organisation website:** [naturesblueprint.org](http://naturesblueprint.org)

Discover natural navigation by connecting with the landscape and learning basic outdoor skills. This guided, moderate walk, through parkland and woodland includes stops to observe, discuss, and reflect. Explore how nature sharpens awareness and supports daily life. No experience needed—just curiosity. Led by experienced outdoor and coaching professionals.

Jointly led by David Matthews, Mountain Leader and Training Provider with DWM Outdoors CIC; and Christina Gillett, certified coach and facilitator for Nature's Blueprint CIC.

**Contact name:** David Matthews

**Contact phone:** 07855 796024

**Contact email:** [dwmoutdoorscic@gmail.com](mailto:dwmoutdoorscic@gmail.com)

## Clevedon Health Walk

**Category:** Health and Wellbeing

**Grade:**

**Must book?** No

**Free?** Yes

**Time:** 10.30am **Duration:** 1 hour

**Location:** [Boots, Clevedon, BS21 6HX](#)

**Organisation:** North Somerset Health Walks

**Organisation website:** [betterhealthns.co.uk/get-active/walking](http://betterhealthns.co.uk/get-active/walking)

Free and friendly Health Walks are for those who want to start and stay active. Led by volunteer walk leaders who are trained to offer a safe and enjoyable walk for all. If you need support to walk, please bring someone with you. Assistance dogs only please.

**Contact phone:** 01275 852 663

**Contact email:** [getactive@n-somerset.gov.uk](mailto:getactive@n-somerset.gov.uk)

## Sand Bay Coastal Walk

**Category:** Health and Wellbeing

**Grade:** Moderate

**Must book?** Yes

**Time:** TBC **Distance:** 6km

**Location:** TBC

**Organisation:** Hiking with a Chef

One in our series of relaxed coastal and countryside walks around Weston-super-Mare. Fresh sea air, movement, outdoor exercise, conversational English and a friendly community atmosphere.

**Contact name:** Olena

**Contact phone:** +38063 0649018



### Morning Stroll

**Category:** Walking for Pleasure

**Grade:** Easy

**Must book?** Yes

**Free?** Yes

**Time:** 10am **Distance:** 2-3 miles

**Location:** TBC

**Organisation:** Nailsea and District Footpath Group

**Organisation website:** [nfpg.org.uk](http://nfpg.org.uk)

Come and join us for an enjoyable morning stroll, taking in the sights and enjoying being outside.

**Contact email:** [info@nfpg.org.uk](mailto:info@nfpg.org.uk)

### Worle Health Walk

**Category:** Health and Wellbeing

**Must book?** No

**Free?** Yes

**Time:** 9.30am **Duration:** 45 minutes

**Location:** [Worle Health Centre, BS22 6HB](#)

**Organisation:** North Somerset Health Walks

**Organisation website:** [betterhealthns.co.uk/get-active/walking](http://betterhealthns.co.uk/get-active/walking)

Free and friendly Health Walks are for those who want to start and stay active. Led by volunteer walk leaders who are trained to offer a safe and enjoyable walk for all. If you need support to walk, please bring someone with you. Assistance dogs only please.

**Contact phone:** 01934 511 808

**Contact email:** [getactive@n-somerset.gov.uk](mailto:getactive@n-somerset.gov.uk)

### Walking Football

**Category:** Walking Sports

**Must book?** Yes

**Free?** First session free, then £5

**Time:** 10am

**Location:** [Portishead FC, Bristol Road, BS20 6QG](#)

**Organisation:** Clevedon and District Walking Football Club

Every  
Monday  
and  
Thursday

Walking Football is an inclusive, fast-growing sport and targeted for older adults. Whilst the game is slower (running not allowed!) it remains relatively competitive and is conducive to improving cardiovascular health, mobility and coordination.

**Contact name:** John or Chris

**Contact email:** [chairmancanddwfc@gmail.com](mailto:chairmancanddwfc@gmail.com)  
[secretarycanddwfc@gmail.com](mailto:secretarycanddwfc@gmail.com)



## All Day Walk

**Category:** Walking for Pleasure

**Grade:** Moderate

**Must book?** Yes **Free?** Yes

**Time:** 9.30am **Distance:** 8 miles

**Location:** TBC

**Organisation:** Nailsea and District Footpath Group

**Organisation website:** [nfpg.org.uk](http://nfpg.org.uk)

Come and join us for one of our longest walks, covering a good distance.

**Contact email:** [info@nfpg.org.uk](mailto:info@nfpg.org.uk)

## Walking Netball: Weston

**Category:** Walking Sports

**Must book?** Yes

**Free?** No **Cost:** £3.60

**Time:** 1pm **Duration:** 1 hour

**Location:** Hutton Moor Leisure Centre, BS22 8LY

**Organisation:** Trailblazers Walking Netball

Open to ladies aged 50+. The game is played at a walking pace - but you can walk as fast as you like, as long as one foot remains on the floor.

**Contact name:** Tim

**Contact phone:** 01934 425 900

Every  
Thursday

## Gordano Footpath Group Walk: Uphill/Brean Down area

**Category:** Walking for Pleasure

**Grade:** Moderate

**Must book?** Yes

**Free?** Yes

**Time:** 9.30am **Distance:** 5.5 miles **Duration:** 5 hours

**Location:** Car Park behind Lidl, Portishead, BS20 7DE

**Organisation:** Gordano Footpath Group

**Organisation website:** [gordanofpg.org.uk](http://gordanofpg.org.uk)

This walk is part of Gordano Footpath Group's May programme of walks. We are a friendly walking group based in Portishead. We have a varied programme of walks from 4 to 10 miles long, on various days of the week. These are mainly in the local area, but we do also walk further afield, normally within an hour's drive. We aim to car share, contributions to cover petrol or parking are encouraged.

**Contact name:** Sara Marshall

**Contact email:** [sara.gordanofpath@btinternet.com](mailto:sara.gordanofpath@btinternet.com)



### Yatton Health Walk

**Category:** Health and Wellbeing

**Grade:**

**Must book?** No

**Free?** Yes

**Time:** 2pm **Duration:** 1 hour

**Location:** [Woodford Lodge, Chew Stoke, BS40 8XH](#)

**Organisation:** North Somerset Health Walks

**Organisation website:** [betterhealthns.co.uk/get-active/walking](http://betterhealthns.co.uk/get-active/walking)

Free and friendly Health Walks are for those who want to start and stay active. Led by volunteer walk leaders who are trained to offer a safe and enjoyable walk for all. If you need support to walk, please bring someone with you. Assistance dogs only please.

Meet at the entrance to the recreational trail at the end of Woodford Lodge car park.

**Contact phone:** 07967 346188

**Contact email:** [getactive@n-somerset.gov.uk](mailto:getactive@n-somerset.gov.uk)

### We Are Aware Walk and Talk

**Category:** Health and Wellbeing

**Grade:** Easy

**Must book?** Yes

**Free?** Yes

**Time:** 1.30pm

**Location:** Backwell - full info on booking

**Organisation:** We Are Aware CIC

**Organisation website:** [weareaware.info](http://weareaware.info)

Every  
Friday

We Are Aware is a mental health lived experience peer community providing groups and activities for connection and support.

Our Walk and Talks provide gentle exercise, conversation and connection in a safe and supportive group setting - rotating across Clevedon, Nailsea, Portishead and Backwell locations.

**Contact email:** [admin@weareaware.info](mailto:admin@weareaware.info)

**Contact phone:** 07503 191276

### A Walk to Wilkins Cider Farm

**Category:** Arts, Culture and History

**Grade:** Easy

**Must book?** Yes

**Free?** No **Cost:** £5

**Time:** 11am **Distance:** 4.4 miles

**Location:** [Wedmore Village Car Park, BS28 4JB](#)

**Organisation:** Mendip Society

**Organisation website:** [themendipsociety.org.uk](http://themendipsociety.org.uk)

This is an easy, mainly flat walk with one small hill of around 70 meters ascent. Roger Wilkins is a legend in the world of traditional Somerset cider. His product is award winning - and strong! Be prepared to carry back a sample or two of the product and make sure you have a designated driver for the trip home! Over 18s only. Meeting in the free car park in Wedmore.

**Find out more or book** [here](#)



### Clevedon Health Walk

**Category:** Health and Wellbeing

**Must book?** No

**Free?** Yes

**Time:** 11am **Duration:** 1 hour

**Location:** [Crab Apple Pub, Clevedon, BS21 5HX](#)

**Organisation:** North Somerset Health Walks

**Organisation website:** [betterhealthns.co.uk/get-active/walking](http://betterhealthns.co.uk/get-active/walking)

Free and friendly Health Walks are for those who want to start and stay active. Led by volunteer walk leaders who are trained to offer a safe and enjoyable walk for all. If you need support to walk, please bring someone with you. Assistance dogs only please.

**Contact phone:** 01275 852 663

**Contact email:** [getactive@n-somerset.gov.uk](mailto:getactive@n-somerset.gov.uk)

### Walking Cricket Clevedon

**Category:** Walking Sports

**Must book?** Yes

**Free?** First 3 sessions free

**Time:** 10.30am **Duration:** 1.5 hours

**Location:** [Strode Leisure Centre, BS21 6QG](#)

**Organisation:** Somerset Cricket Foundation

**Organisation website:**  
[somersetcricketfoundation.org/community-programmes/walking-cricket/](http://somersetcricketfoundation.org/community-programmes/walking-cricket/)

Walking cricket is a slower version of the traditional game, played at a 'walking' pace and with adapted rules for indoor spaces. Everyone welcome, usually aged 50 plus.

**Contact name:** Mustafa

**Contact email:**  
[mustafa.shaikh@somersetcricketfoundation.org](mailto:mustafa.shaikh@somersetcricketfoundation.org)

**Contact phone:** 07385 818493

Every  
Friday

### parkrun

parkrun is a free, 5k community event that takes place every Saturday morning. You can walk, jog, run, volunteer or spectate. parkrun is positive, welcoming and inclusive, there is no time limit, and no one finishes last as there is always a volunteer tail walker. Everyone is welcome to come along.

**Category:** Walking Sports

**Must book?** No, but please register [here](#) first.

**Free?** Yes

**Time:** 9am **Distance:** 5km

Every  
Saturday

### Ashton Court parkrun

**Location:** [Ashton Court, BS41 9JN](#)

**Organisation:** [parkrun](#)

**Contact email:** [ashtoncourt@parkrun.com](mailto:ashtoncourt@parkrun.com)

### Clevedon Salthouse Fields parkrun

**Location:** [Clevedon Salthouse Park, BS21 7TU](#)

**Organisation:** [parkrun](#)

**Email:** [clevedonsalthousefields@parkrun.com](mailto:clevedonsalthousefields@parkrun.com)

### Marine Parade parkrun

**Location:** [Marine Parade, BS23 1BE](#)

**Organisation:** [parkrun](#)

**Contact email:** [marineparade@parkrun.com](mailto:marineparade@parkrun.com)



## Butterfly and Wildlife Walk

**Category:** Nature and Wildlife

**Must book?** No

**Free?** Yes

**Time:** 11am **Duration:** 2 hours

**Location:** [Walton Common, BS21 7AP](#)

**Organisation:** Avon Wildlife Trust - Portishead Local Group

**Organisation website:** [avonwildlifetrust.org.uk/events](http://avonwildlifetrust.org.uk/events)

Initially a steep walk but then fairly flat. Sturdy footwear advised.

**Contact name:** David

**Contact phone:** 07805 769046

## Bridge Tour

**Date:** 23 May and 24 May

**Category:** Arts, Culture and History

**Grade:** Easy

**Must book?** No

**Free?** Yes (suggested donation of £5)

**Time:** 2pm **Distance:** **Duration:** 1 hour

**Location:** [Clifton Toll House, BS8 3NA](#)

**End:** [Clifton Suspension Bridge Museum, BS8 3PA](#)

**Organisation:** Clifton Suspension Bridge Museum

**Organisation website:** [cliftonbridge.org.uk](http://cliftonbridge.org.uk)

Join our knowledgeable volunteer guides as they share stories about the history and maintenance of the famous Clifton Suspension Bridge! Tours begin at the Clifton Suspension Bridge Toll House on the Bristol side of the bridge. You will then cross the bridge before finishing at the museum. Join us to learn about all things Bristol, Clifton Suspension Bridge and Brunel!

**Contact name:** Emily Larsen

**Contact phone:** 0117 974 4664

**Contact email:** [getinvolved@cliftonbridge.org.uk](mailto:getinvolved@cliftonbridge.org.uk)

## Portishead Sculpture Trail

**Category:** Arts, Culture and History

**Grade:** Fairly easy

**Must book?** Yes

**Free?** Yes

**Time:** 2pm **Distance:** 1.4 miles **Duration:** 2 hours

**Location:** [The Precinct, Portishead, BS20 6AH](#)

**End Location:** [Parish Wharf Leisure Centre, Harbour Road, BS20 7DD](#)

**Organisation:** Portishead Town Council

**Organisation website:** [portishead.gov.uk](http://portishead.gov.uk)

Portishead probably has the largest most diverse sculpture trail in the UK.

All art is story telling and each exhibit on this trail tells the story of the Port, its history, people and communities. You can enjoy this experience electronically via our excellent leaflets or with a guided tour with the council's specialist tour guide, a local man and artist with a passion for the sculpture and the town's history.

**Contact name:** Martin Dowling

**Contact email:** [enquiries@portishead.gov.uk](mailto:enquiries@portishead.gov.uk)

Every  
Sunday



## Clevedon Sunday Health Walk

**Category:** Health and Wellbeing

**Must book?** No

**Free?** Yes

**Time:** 10am **Duration:** 1 hour

**Location:** [Bandstand, Clevedon, BS21 7EH](#)

**Organisation:** North Somerset Health Walks

**Organisation website:** [betterhealthns.co.uk/get-active/walking](http://betterhealthns.co.uk/get-active/walking)

Free and friendly Health Walks are for those who want to start and stay active. Led by volunteer walk leaders who are trained to offer a safe and enjoyable walk for all. If you need support to walk, please bring someone with you. Assistance dogs only please.

**Contact phone:** 01275 852 663

**Contact email:** [getactive@n-somerset.gov.uk](mailto:getactive@n-somerset.gov.uk)

## Junior parkrun

A 2k event, dedicated to 4–14-year-olds and their families, every Sunday morning. Junior parkrun is positive, welcoming and inclusive, there is no time limit and no one finishes last as there is always a volunteer tail walker.

**Category:** Walking Sports

**Must book?** No, but please register [here](#) first.

**Free?** Yes **Time:** 9am **Distance:** 2km

## Clevedon Seafront Junior parkrun

**Location:** [Clevedon Bandstand, BS21 7EH](#)

**Organisation:** [parkrun](#)

**Contact email:** [clevedonseafontjuniors@parkrun.com](mailto:clevedonseafontjuniors@parkrun.com)

## Nailsea Golden Valley Playing Field Junior parkrun

**Location:** [Golden Valley Playing Field, BS48 2LL](#)

**Organisation:** [parkrun](#)

**Contact email:**

[goldenvalleyplyingfieldjuniors@parkrun.com](mailto:goldenvalleyplyingfieldjuniors@parkrun.com)

Every  
Sunday

## Portishead Esplanade Junior parkrun

**Location:** [Open Air Pool, Portishead, BS20 7HD](#)

**Organisation:** [parkrun](#)

**Email:** [portisheadesplanadejuniors@parkrun.com](mailto:portisheadesplanadejuniors@parkrun.com)

## Yatton Recreation Junior parkrun

**Location:** [Yatton Recreation Ground, BS49 4HS](#)

**Organisation:** [parkrun](#)

**Contact email:** [yattonrecreationjuniors@parkrun.com](mailto:yattonrecreationjuniors@parkrun.com)

## Weston-super-Mare Junior parkrun

**Location:** [Walford Avenue Neighbourhood Open Space, BS22 7RD](#)

**Organisation:** [parkrun](#)

**Contact email:**

[westonsupermarejuniors@parkrun.com](mailto:westonsupermarejuniors@parkrun.com)





## Walk this May

Our sister event, **Bristol Walk Fest**, also takes place throughout May and celebrates all things walking.

Why not join in and discover even more walks, walking groups and challenges.

[bristolwalkfest.com](http://bristolwalkfest.com)



- **Bristol Ring Challenge**
- **Category:** Walking for Pleasure
- **Grade:** Challenging
- **Must book?** No
- **Free?** Yes
- **Time:** Up to you! **Distance:** 33 miles in total
- **Location:** Section 1 starts at [Bristol Temple Meads](#)
- **Organisation:** Go Jauntly
- **Organisation website:** [gojauntly.com](http://gojauntly.com)
- Fancy taking on all 6 nature-rich sections of the Bristol Ring? The breathtaking new circular walk launches in May 2026.
- Sign up for free in the Go Jauntly app and join the Bristol Ring Challenge, ticking off all 6 sections of the trail, crossing North Somerset.
- Walk over 33 miles and link green corridors, urban watersides and enjoy iconic views.
- Sign up to the challenge [here](#) (available in May)



**Win a £50 Love to Shop voucher!**  
Enter the draw by completing our participant survey.

Scan the QR code below or [click here](#) to access the online survey.

