

Secondary newsletter

Term 3 January 2026

Included in this bulletin are details of resources available to schools, but their inclusion does not mean that we, as a programme, are necessarily endorsing them.

Welcome

I hope that everyone had a great Christmas break and that the new term is going well for everyone. I have pulled together information on a wide range of resources and training opportunities to support schools/settings in further developing positive physical and mental health for your pupils and school colleagues. I hope you find the information useful and supportive. If you have anything (resources/websites/training opportunities) that you would like me to share in the Term 4 newsletter, please let me know. Please share the newsletter with anyone within your setting who may benefit from what is shared. If you are not already on my mailing list and would like to be added, please let me know at the email address below.

Steve Davis (steve.davis@n-somerset.gov.uk)

Advanced Public Health Practitioner for Children and Young People
North Somerset Public Health Team

North Somerset PSHE Programme

We currently have six Secondary/Special Schools involved in North Somerset's PSHE Programme. Each school has completed an audit of their PSHE provision and identified PSHE improvement outcomes for the current academic year. Key themes this year are updating the PSHE curriculum to reflect the new statutory guidance from September 2026 and improving the evaluation of PSHE teaching and learning to drive further development. Each school in the programme can apply for a PSHE improvement grant of upto £1000 to help improve the quality of PSHE provision. Further details of the programme for the 2026-27 academic year will be shared later in the Spring Term.

Mental Health

CYP Mental Wellbeing Network

The next online meeting will be held on Wednesday 25th February from 3.30-500pm. Please contact me if you, or someone within your school, would like to be sent an invite. We will be discussing a wide range of topics including CAMHS updates, Wellspring Listening Service, Kooth and Silvercloud. Over 80 colleagues across North Somerset are due to attend. If you or someone in your school/setting would like to attend, please send me an email and I will add you to my distribution list and send you an invite.

Children's Mental Health Week-Feb 9th to 15th

Children's Mental Health Week was launched by *Place2Be* in 2015 to empower and speak for every child in the UK. It has since become a worldwide event recognised for raising awareness of children's mental health and wellbeing. In 2026 the event is running from Monday 9th February until Sunday February 15th. This year's theme is *This is My Place* with a key focus on 'Understanding Belonging' and 'Feeling connected at school, home and in the community'. *Place2Be* have a wide range of resources to support schools in marking this special week. These include assemblies for EYFS/KS1, KS2 and Secondary Schools as well as a Primary Schools Pack and Secondary Schools Pack which include lesson plans and art activities linked to this year's theme. There is also a resource for families and communities and access to a fundraising pack for anyone who wants to raise money to support *Place2Be*'s work.

All of these resources can be found by following this link: [Resources and activities for Children's Mental Health Week](#)

Further resources to support this week can be found at: [Children's Mental Health Week 2026 - School of Kindness](#) and at [Resource hub : Mentally Healthy Schools](#)

I have also attached a really helpful Spring Term calendar from the Mentally Healthy Schools website which includes monthly calendars of significant events. It also includes information about Children's Mental Health Week as well as links to resources for other focus weeks such as LGBTQ+ History Month and Safer Internet Day (10th February). Please let me know if you find any other resources to support these themes which would be good to share with other settings.

Children's Community Health Services survey-have your say

Bristol, North Somerset and South Gloucestershire Integrated Care Board is working closely with local authorities, NHS providers, and VCSE partners to shape the future of children's community health services across Bristol, North Somerset and South Gloucestershire.

This is an opportunity to build on existing strengths while rethinking how services can work better together for children, young people, and families.

They have developed two surveys, one for professionals and one for parents and carers, to hear about experiences of current service delivery and where there are opportunities to improve the experiences and outcomes for children and young people in Bristol, North Somerset and South Gloucestershire.

Professionals' survey: [Children's Community Health Services - Professionals Survey](#)

Parent/carer survey: [Children's Community Health Services - Parent/Carer Survey](#)

Please share the links with your school community. The deadline for responses is 5pm on Friday 6th February.

Off the Record Shameless programme



Over the last few months, we have been working really hard to update and revamp our Shameless program. We are so excited to be launching it for the first time in its updated, eight-week (previously six) version at the end of this month!

Please distribute to any young people in the **North Somerset area aged 11-19** who want to learn about body positivity, where beauty ideals come from and how to challenge them, building self-compassion and confidence, amongst other things.

Details:

Where: **Online, via Zoom**

Day: **Thursdays**

Time: **16.15 - 17.45**

Dates:

29th January
5th February
12th February
Break for half-term
26th February
5th March
12th March
19th March
26th March

Further details and a sign up page can be found here: [Shameless - OTR - North Somerset](#)

Off the Record Mind Aid workshop



Mind Aid is a group workshop for anyone aged 11-19 struggling with difficult feelings related to stress, anxiety, low mood, or depression. The next course starts on 4th February. The workshop group meets online once a week for six weeks and participants learn how protect themselves from everyday challenges, how to challenge their thoughts, how to relax and feel safe (a strategy that can also help with sleeplessness!), and how to use simple techniques to build and maintain good mental health.

Further information and a sign up page can be found here: [Mind Aid - OTR - North Somerset](#)

Barnardo's Lost Learning report

The local Barnardo's Hype Team have been working with a group of young people from North Somerset, Bristol and South Gloucestershire since November 2024 to understand their views on why there has been an increase in barriers to school and on school exclusion. They also worked with the CAMHS specialist service for looked after children. The group of young people included young carers, neurodivergent young people and care leavers. The challenges young people described in the attached report are varied but I would urge everyone to read it (there is a key recommendations' section too). In my opinion, it is rare to get such a strong piece of pupil voice evidence and there are five key messages which are both powerful and important to understand.

The report is being followed up by a special event 'Behind Empty Desks' which is being held in Bristol on February 18th from 2-4.30pm. The target audience is decision makers and service leaders so that they can hear the lived experiences of young people who have **lost learning**. The attached flyer provides further information- please share with anyone who you feel would be interested in attending.

Mental health support for North Somerset parents/carers

Qwell is a new, free service available in North Somerset offering mental health support for parents/carers. Please share this information with your school community.

The flyer features the Qwell logo at the top left. The main text reads: "Free, safe and anonymous mental health and wellbeing support in North Somerset for all parents & carers." Below this, it says "Whatever you're going through, we're here to help". To the right is an illustration of a woman with her hands on her head, looking distressed. Below the illustration are four icons with text: a group of people icon for "Connect with our supportive online community", a book icon for "Find practical advice and information", a speech bubble icon for "Chat anonymously with a counsellor", and a puzzle piece icon for "Access a range of emotional wellbeing tools". At the bottom left is a QR code, and at the bottom right is the text "Get support today qwell.io".

Chat Health

ChatHealth is a confidential text messaging service run by our School Nursing service. It allows students to contact healthcare professionals about a range of issues including emotional health and wellbeing, relationships, smoking, stress and anxiety, self-esteem, bullying, drugs and alcohol and sexual health, **however it is not an emergency service**. [ChatHealth – Children and Young People's Services](#)



**11-19
YEARS OLD?**

We help young people with all kinds of things like ...



Message us for confidential advice and support and to chat with a School Nurse.



ChatHealth

Send a message to:
07312 263093

The service is open on Monday to Friday from 9am-5pm.

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we are concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps) Prevent the school nurse from sending messages to you by texting STOP to our number. Please respect your school's mobile phone policy. Messages are charged at your usual rate.

Service provided by

Sirona
care & health

Place2Be-Parenting Smart

Place2Be has produced a parenting advice service on their website. This provides parenting advice written by child mental health experts and offers practical tips to support children's wellbeing and behaviour. There are currently 57 topics including 'De-escalation techniques with children', 'Help your child manage separations and goodbyes' and 'My child doesn't want to go to school'. Most topics include a short video and some written guidance. This is an excellent resource and could provide much needed support for parents/families who are struggling. Here is the link to the Parenting Smart webpage which can be shared with parents/carers in your school community: [Place2Be: Parenting Smart: Articles](#)

NSPCC Programmes

Building Connections-an online service for young people upto the age of 19 who are experiencing loneliness [Building Connections | Support service for young people | NSPCC Learning](#)

Please contact Tamsin Shel Drake-NSPCC North Somerset Schools Coordinator on Tamsin.sheldrake@nspcc.org.uk for further details about NSPCC programmes.

Wellspring Counselling

Wellspring Counselling have launched a free listening service for children aged 11-18. Further information can be found on their website but please promote this service through your normal communication channels. [Free Listening Service 11-16 Years - Wellspring Counselling](#)



**WE'LL LISTEN
TO YOU NOW**



LISTENING MENTORS TO
GIVE YOU A SAFE SPACE



FREE Service for Ages 11-16 yrs
Face to face 35 minute weekly sessions in Clevedon,
Nailsea, Portishead and Weston

CALL NOW TO BOOK AN ASSESSMENT

- ☎ 01275 810879 **VERY SHORT WAITING LIST!!**
- ✉ reception@wellspringcounselling.org.uk

Silvercloud

SilverCloud, delivered by Northpoint, is a new online mental health and wellbeing service available to children and young people across Bristol, North Somerset, and South Gloucestershire. [Introducing SilverCloud digital mental health support for children and young people - Sirona care & health](#)

This NHS-approved platform offers self-guided, evidence-based programmes designed to support low mood and anxiety, drawing on the principles of Cognitive Behavioural Therapy (CBT). Developed by clinical experts, the programmes are free, confidential, and accessible anytime via mobile phone, tablet, or computer.

In addition to resources for young people aged 12 and above, SilverCloud also provides tailored modules for parents and carers of children aged 5 and upwards, helping them to better support their child's emotional wellbeing.

To ensure professionals feel confident in introducing SilverCloud to families, Northpoint will be hosting a webinar. This session will demonstrate how the system works and provide an opportunity to ask questions, so you are fully equipped to guide parents, carers, and young people who may wish to access the service. The session is open to mental health professionals and mental health leads in schools and settings supporting CYP.

The webinar will be available on these dates;

Wednesday 28th January from 15:30 – 16:30

Thursday 5th February from 15:30 – 16:30

To sign up to the webinar, please email bnssg.childrenperformance@nhs.net and you will be provided with the diary invitation and Microsoft teams link. The webinar will be recorded for those who are not able to attend.

Kooth Newsletter

Please find attached a copy of Kooth's January newsletter with information about booking Kindness assemblies, webinars for families as well as professionals.

Healthy Workplaces' learning

North Somerset's Healthy Workplaces' Team have organised a series of free events to support workplaces to promote positive and caring working environments. Follow the links below for more details.

[Compassionate Leadership for Workplaces Tickets, Wed 28 Jan 2026 at 10:00 | Eventbrite](#)

[Fuelling Wellbeing: How Employers Can Support Nutrition in the Workplace Tickets, Thu 26 Feb 2026 at 10:00 | Eventbrite](#)

[North Somerset Healthy Workplaces Network Meeting Tickets, Thu 23 Apr 2026 at 11:00 | Eventbrite](#)

Wellbeing for Life curriculum-PSHE Association

The PSHE Association have produced a research-led mental health and wellbeing curriculum for secondary schools — *Wellbeing for Life* — which will help you empower students with practical knowledge and skills to manage their attention, behaviour and emotions.

15 fully-resourced lessons: five for year 7, five for years 8-9, and five for years 10-11 ([see full lesson summary](#)).

Classroom-ready PowerPoints and pupil-facing materials.

Accompanying Teacher Handbook with dedicated sections on the wider emotion and attention regulation strategies used in the lessons.

Classroom posters to help support and reinforce students' learning during and between lessons.

Exclusively available to School and School Plus members.

Further information can be found at: [Wellbeing for Life](#)

PSHE/RSE

Relationships and sex education (RSE) and health education

The Department for Education published new statutory guidance for schools in July 2025. The guidance contains information on what schools should do and sets out the legal duties with which schools must comply when teaching relationships education, relationships and sex education (RSE) and health education. The guidance is for introduction from 1st September 2026. The revised guidance can be found here: [Relationships and sex education \(RSE\) and health education - GOV.UK](#)

The PSHE Association have provided helpful, free guidance on how to manage these changes in your school: [Statutory RSHE](#)

Gender Service for Schools

As some of you may be aware, there was a review of Gender Services following the publication of the Cass Review in 2024. As a result, there are now regional hubs that have been set up to support young people, children and families seeking specialist gender related care. There is still a significant wait for specialist gender service, but there is a new pathway for referral in. Any families who wish to seek this support can be referred to CAMHS who will then complete a full assessment of needs and consider what support might be most suitable. CAMHS can then refer directly into the Gender Service.

If you have children, young people and families in your school that might want to access this service, you must seek consent from the parents/carers to complete a CAMHS referral form. For further information see the recommended signposting below;

Resources for CYP and families:

National Referral Support Service for The NHS Gender Incongruence Service for Children and Young People - NHS Arden & GEM CSU – has the most up to date list of resources

Mind Ed - MindEd Hub

NHS Livewell -Worried about your gender identity? Advice for teenagers – NHS Gender identity | NSPCC

NSPCC Learning-Harmful sexual behaviour training

The NSPCC provide an online course to support staff in gaining the knowledge they need to confidently identify and manage incidences of harmful or problematic sexualised behaviour. The course costs £35 and lasts for two hours. Further details can be found at: [Harmful sexual behaviour in schools training | NSPCC Learning](#)

Tackling misogyny

The PSHE Association have produced a free teacher pack to support schools in tackling misogyny. This pack can be found here: [Misogyny, online influencers and the PSHE curriculum](#)

Life Lessons have also produced a teacher guidance resource which can be found here: [Anti-Misogyny in 2025 Teacher Guidance Resource - Life Lessons](#)

Food and Nutrition

Bite Back in Schools Programme

North Somerset Council's Public Health Team are supporting the Bite Back Programme for Secondary Schools. The programme has had a significant in improving the food environment and provision in many schools across the country. The programme is full this year but applications can now be made to join the 2026-27 cohort at [Bite Back in Schools - Bite Back](#)

FUEL THE FUTURE: BITE BACK IN SCHOOLS



**FULLY FUNDED,
STUDENT-LED
PROGRAMME TO
TRANSFORM YOUR
SCHOOL'S FOOD**



- **FOR YEARS 7, 8, 9 OR 10 STUDENTS EXPLORE FOOD ENVIRONMENTS IN SCHOOL AND THEIR COMMUNITY**
- **SKILL-BUILDING RESEARCH, COMMUNICATION, ADVOCACY, AND TEAMWORK**
- **REAL IMPACT LASTING CHANGE IN YOUR CANTEEN**
- **15 HOURS OF CONTENT IN A WAY THAT WORKS FOR YOU**
- **TRIED & TESTED DELIVERED SUCCESSFULLY IN 200 SECONDARY SCHOOLS**

WHAT WE OFFER

- ✓ Ready-to-go **resources** and **session plans**
- ✓ Kick-off assembly **delivered by an inspiring Bite Back ambassador**
- ✓ **£500 grant** to help you run it
- ✓ High-quality **physical resources**, including **workbooks and badges**

"The Bite Back programme has been a catalyst for change at our school."

DARTON ACADEMY

"My students are loving the content of the lesson resources"

THE GILBERD SCHOOL

APPLICATIONS NOW OPEN!



Food and Nutrition at School

North Somerset's Public Health team have recently updated the council's Better Health website with a wide range of resources and plans to support teaching and promoting healthy eating in schools. The resources include lesson plans, healthy eating resources and lunchbox tips. These can be accessed at [Food and Nutrition at School | Better Health North Somerset](#)

British Nutrition Foundation

The British Nutrition Foundation offer a range of CPD opportunities to support schools in developing their food curriculum and healthy eating. Some courses are free and others cost as little as £45. Further details can be found at: [British Nutrition Foundation - Courses](#)

Physical Health

Big Walk and Wheel Challenge

Big Walk and Wheel is the UK's largest walking, wheeling, scooting and cycling challenge. It inspires pupils to make active journeys to school, improve air quality in their neighbourhood and discover how these changes benefit the world.



The Big Walk and Wheel 2025 has officially concluded. The final results and achievements of North Somerset schools can be found on the attached results flyer. Congratulations to everyone who took part and helped to promote the benefits of active travel.

This year the challenge will run from 16-27 March. As well as prize draws and the opportunity to earn virtual badges, schools are provided with a suite of fun and interactive resources to make the challenge a success. The registration window is now open. Further details can be found on the attached flyer.

Girls Active

Recent research has shown that 43% of girls, who were physically active in primary school, no longer felt that way once reaching secondary school and girls' enjoyment of physical activity is much less common than boys. The Girls Active Programme helps girls to feel more confident and motivated to participate in PE, school sport and physical activity. The Girls Active website has lots of resources and information as well as case studies to support schools in this important area of work. [Girls Active - Youth Sport Trust](#)

Sport and Physical Activity Bursary Scheme

Help Young People Get Active - Bursary Scheme open

We all know how important sport and physical activity is for the health and wellbeing of children and young people, and how life-changing access to a favourite activity can be. Unfortunately, the cost can often be a barrier. That is why we have introduced a bursary fund, to help remove that barrier.

What's Available?

Grants of up to £50 are available to help children and young people (aged 18 or under) access the sport or physical activity they love. The bursary can be used to cover:

- Sports kit or equipment
- Membership or annual fees for clubs and activities
- Entry fees for events or competitions related to their sport or activity

We are also happy to work directly with clubs and activity providers across North Somerset to explore additional ways to support applicants.

Who's Eligible?

Applicants must:

- Live in North Somerset
- Be aged 18 or under
- Come from a low-income family or be experiencing financial pressures

All applications need to be supported by a sponsor/referrer – someone who knows the young person well and understands their circumstances and goals.

More information and how to refer someone is available here:

<https://www.betterhealthns.co.uk/information/pabursary/>

ParkPlay

A safe, free, welcoming and inclusive way for families to runaround every Saturday and have fun.

Games are played using bats, balls, cones, frisbees, skipping ropes and more.

ParkPlay involves:

Meeting - Getting to know each other especially those who are there for the first time.

Moving – Simple games that help everybody feel comfortable.

Playing – A more structured activity/game with a few rules but nothing too serious!

We meet at:

Castlebatch, Worle, Weston-super-Mare, BS22 7PL. Saturdays from 9.30-11am

Merlin Park, Portishead BS20 8RN. Saturdays from 10-11.30am

If you would like a visit by a member of the Physical Activity team to tell your pupils all about ParkPlay please get in touch getactive@n-somerset.gov.uk



To find out more go to: <https://park-play.com/>

Free community play (90 minutes) on Saturday mornings in Worle and Portishead. Further information can be found at: [ParkPlay | Better Health North Somerset](#)

Junior Park Runs (4 to 14 year olds)

Parkrun primary

Junior parkrun happens every Sunday at 9 am encouraging families to be active by running and walking a two kilometre route in the local community.

Schools can sign up to become a parkrun primary and receive a toolkit that will support them to:

Register and connect with their local event.

Host a junior parkrun assembly.

Share information with parents and carers.

Attend a local parkrun event together.

Junior parkruns happen in Cheddar, Clevedon, Nailsea, Portishead, Yatton and Worle.

More details can be found here: <http://parkrun.me/jpinfo>

Schools can register as a parkrun primary here:

<https://blog.parkrun.com/uk/2025/09/12/parkrun-primary-initiative/>



Go4Free

Go4Free is a physical activity project which aims to increase participation across all age ranges, by providing free passes to a physical activity class/session from the list below.

To be eligible for a Go4Free pass you will need to meet both of the below criteria:

Take part in less than 30 minutes of physical activity per week

Live in North Somerset

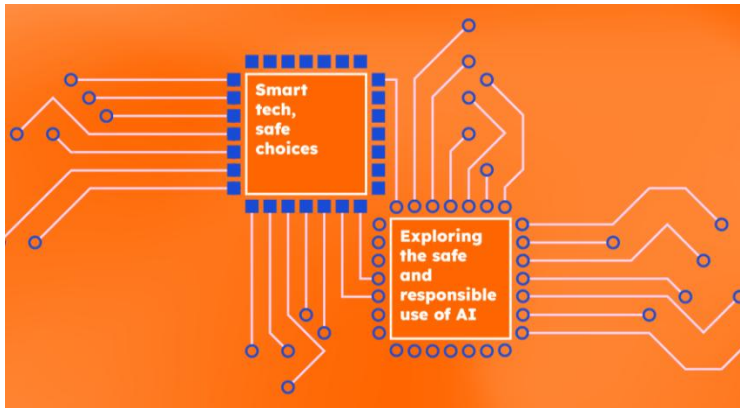
Referrals into the scheme can be made by the North Somerset Healthy Lifestyles Advisors (HLA), North Somerset Social Prescribers (see the list at the bottom of the page), or via another local professional. Self-referrals can also be made.

The Go4Free pass will provide you with five FREE visits and five HALF PRICE visits (for which you will pay a maximum of £3 per session) to one of the approved

Go4Free physical activity sessions of your choice. Follow this link for further information: [Go4Free | Better Health North Somerset](#)

Keeping Safe

Safer Internet Day



This year's Safer Internet Day is being held on Tuesday February 10th. The theme is 'Smart tech, safe choices: Exploring the safe and responsible use of AI'.

There are a wide range of resources available to support schools' teaching on this subject on the UK Safer Internet Centre website: [Education Resources - UK Safer Internet Centre](#)

They also have a Top Tips for parents and carers' section: [Top Tips for parents and carers - UK Safer Internet Centre](#)

Support for parent/carers

Parenting Village update

We're excited to share that the School Nursing Team will now be joining us regularly alongside our usual partners including the SEND Team, NSPCWT, Intensive Family Support, and more. Our partner organisations attend on a rotating basis, so availability may vary from week to week. For details of who'll be at an upcoming session, contact us at- parenting.groups@n-somerset.gov.uk

We're also pleased to welcome the North Somerset Education Partnerships Team, who will be available to support families with any questions about their child's move to secondary school. Families that would like to understand more about the transition process, can be signposted to come along and meet Katie Bray, Virtual School Extended Duties Lead, and Laura Pfister, re-integration Officer, who will be on hand to offer guidance and advice about their child's next steps. They will be attending:

- Oldmixon Family centre Tuesday 10th February 2026 from 09:00 am – 11:00 am
- Castle Batch Community Centre Friday 6th March 2026 from 09:30 – 11.00
- Clevedon Library Monday 16th March 2026 from 09:30 – 11:00 am

Please share the attached flyer with your school community.

Parenting village coffee morning

This is a relaxed and friendly drop-in session where parents and parenting specialists will be on hand to share resources, offer support, a listening ear or just spend time talking about what it's like to be a parent.

“It takes a village to raise a child” comes from an old African proverb. It shares the message that it takes many people to provide a safe and healthy environment in which children can flourish.



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When? First Friday of each month
Where? Castle Batch Children's Centre, Bishop Avenue, Weston-super-Mare, BS22 7PQ
What time? 09:30am – 11:00am
- 

When? Second Tuesday of each month
Where? Oldmixon Family Centre, Monkton Avenue, Weston-super-Mare, BS24 9DA
What time? 09:00am – 11:00am
- 

When? Third Monday of each month
Where? Clevedon Library, 37 Old Church Road, BS21 6NN
What time? 9.30am - 11am

Scan here to learn more about our advanced parenting groups



Advanced Parenting groups



Advanced Parenting Groups


Parenting isn't easy even when your child is well and happy. Sometimes all we need is a little advice and guidance to get us back on track when things are tricky.

The Family Wellbeing Parenting Team have an offer of 13 advanced parenting groups which are free to attend and run by trained facilitators. All groups are evidenced based meaning they employ tried and true methods built on research that demonstrate positive outcomes and are most likely the most reliable way to approach parenting.

For information on the advanced parenting groups please search for "North Somerset Advanced Parenting Groups" on your chosen search engine or scan the QR code below.

- Incredible Years Autism & Language Delay
- Incredible Years Preschool
- Incredible Years School Age
- D.A.R.T – Domestic Abuse Recovery Together
- Parents Plus: Adolescent Programme
- Parents Plus: Working Things Out
- Parents Plus: SEND
- Parents Plus: Parenting When Separated
- Non-Violent Resistance
- Mellow Parenting

For more information, please contact the Parenting Team:
parenting.groups@n-somerset.gov.uk



FREE Holiday Activity and Food (HAF) days for children and young people who receive benefits related free school meals

Website link to HAF website: [Holiday, activities and food \(HAF\) programme | North Somerset Council](#)

HAF (Holiday Activities and Food)
Programme Report 2025-6

From Paige Gunstone (HAF
Coordinator)



Easter Holidays HAF Provision 2026

Did you know that FREE Holiday Activities and Food (HAF) activity days are available for children who receive benefits-related free school meals?

We are currently planning our Easter holiday HAF programme and hope to open bookings on Thursday 5 March 2026. You can find out more information and how to book by visiting: [How to book HAF activities | North Somerset Council](#)

The Easter programme will include a wide range of fun activities, such as, sports and games, arts and crafts as well as indoor and outdoor activities. All the usual favourites will be available, along with some exciting new activities – there really will be something for everyone!

Each eligible child can book up to four free sessions over the Easter holidays. If your child hasn't tried HAF activity days before, why not give them a go? They're a great way for children to have fun, make new friends, and enjoy healthy, tasty food. If you have any questions, please contact us at: HAF@n-somerset.gov.uk

Please note: There will be no HAF activity days during the February half-term.

Please share the attached flyer with your school community.

