



# Clevedon Health Walks



Date	Day	Starting from
<b>July 3</b>	Friday	Salthouse
7	Tuesday	Pier Copse
10	Friday	<b>**Crab Apple Pub at 11am**</b>
14	Tuesday	Salthouse Car Park
17	Friday	Boots, The Triangle
21	Tuesday	Sunnyside Surgery
24	Friday	Bandstand
28	Tuesday	<b>**Crab Apple Pub at 11am**</b>
31	Friday	Pier Copse
<b>Aug 4</b>	Tuesday	Boots, The Triangle
7	Friday	Sunnyside Surgery
11	Tuesday	Bandstand
14	Friday	Salthouse Car Park
18	Tuesday	Pier Copse
21	Friday	Boots, The Triangle
25	Tuesday	<b>**Crab Apple Pub at 11am**</b>
28	Friday	Bandstand
<b>Sept 1</b>	Tuesday	Salthouse Car Park
4	Friday	Pier Copse
8	Tuesday	Boots, The Triangle
11	Friday	<b>**Crab Apple Pub at 11am**</b>
15	Tuesday	Bandstand
18	Friday	Sunnyside Surgery
22	Tuesday	Pier Copse
25	Friday	Salthouse Car Park
29	Tuesday	Sunnyside Surgery

**Tuesday and Friday walks**  
Start 10.30am for one hour except for  
**\*\*Crab Apple starts at 11am\*\***

**Thursday evening walks**  
A more strenuous walk, please wear  
sensible footwear  
Start 7pm for one hour  
  
2 July – All Saints Church  
6 August – All Saints Church  
3 September – All Saints Church

**Sunday morning walks**  
Start 10am for one hour  
  
12 July – Bandstand  
26 July – Pier Copse  
9 August – Sunnyside Surgery  
30 August – Boots, The Triangle  
13 September – Salthouse Car Park  
27 September - Bandstand

**Aimed at individuals who want to start and stay active**  
**Assistance dogs only**  
**If you need support to walk, please bring someone with you**  
**Please wear suitable clothing and footwear. No need to book, just come along!**

Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730

[GetActive@n-somerset.gov.uk](mailto:GetActive@n-somerset.gov.uk)

[www.betterhealthns.co.uk/get-active/walking/](http://www.betterhealthns.co.uk/get-active/walking/)

[www.facebook.com/clevedonwalkandtalk](https://www.facebook.com/clevedonwalkandtalk)

