

New 30-minute Clevedon Health Walks

New 30-minute Health Walks in Clevedon!

From Wednesday 9 September to 14 October at 2pm

Looking to get more active? Join a free and friendly 30-minute health walk – perfect if you're new to walking, returning after a break, or simply want to build your confidence.

Walk dates:

9, 16, 23 and 30 September

7 and 14 October

Meeting at Boots in Clevedon Town Centre at 2pm

Booking is essential

To reserve your place, please contact: Kira on 07882 474 692 or the Physical Activity Team on 01275 882 730 / getactive@n-somerset.gov.uk

Aimed at individuals who want to start and stay active.

Assistance dogs only.

If you need support to walk, please bring someone with you.

Please wear suitable clothing and footwear.

Places must be booked in advance.

www.betterhealthns.co.uk/get-active/walking/

