



Clevedon Health Walks



Date	Day	Starting from
Oct 2	Friday	Boots, The Triangle
6	Tuesday	Pier Copse
9	Friday	**Crab Apple Pub at 11am**
13	Tuesday	Bandstand
16	Friday	Salthouse Car Park
20	Tuesday	Boots, The Triangle
23	Friday	Sunnyside Surgery
27	Tuesday	**Crab Apple Pub at 11am**
30	Friday	Pier Copse
Nov 3	Tuesday	Salthouse Car Park
6	Friday	Bandstand
10	Tuesday	Sunnyside Surgery
13	Friday	Boots, The Triangle
17	Tuesday	Pier Copse
20	Friday	Salthouse Car Park
24	Tuesday	Bandstand
27	Friday	Sunnyside Surgery
Dec 1	Tuesday	Boots, The Triangle
4	Friday	Pier Copse
8	Tuesday	Salthouse Car Park
11	Friday	Bandstand
15	Tuesday	Sunnyside Surgery
18	Friday	Boots, The Triangle
22	Tuesday	Pier Copse
29	Tuesday	Bandstand

Tuesday and Friday walks
Start 10.30am for one hour except for
****Crab Apple starts at 11am****

Thursday morning walks
A more strenuous walk, please wear
sensible footwear
Start 10.30 am for one hour

8 October – All Saints Church
5 November – All Saints Church
3 December – All Saints Church

Sunday morning walks
Start 10am for one hour

11 Oct – Sunnyside Surgery
25 October – Bandstand
8 November – Pier Copse
22 November – Boots, The Triangle
6 December – Sunnyside Surgery
20 December – Salthouse Car Park

Aimed at individuals who want to start and stay active
Assistance dogs only

If you need support to walk, please bring someone with you
Please wear suitable clothing and footwear. No need to book, just come along!

Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

www.facebook.com/clevedonwalkandtalk

