Weston-super-Mare Health Walks

All walks are on Mondays at 2pm

30 and 60 minute walks are available – starting at the same time and place

5 October	Matalan, Locking Castle (BS24 7AY)	Pathways, flat
12 October	Ashcombe Park – meet at top, by café (BS22 8DP)	Pavement, hills, lanes
19 October	Portishead Lake Grounds – meet near open air pool (BS20 7HD)	Road, woodland, grass tracks, hills
26 October	Kewstoke Village Hall (BS22 9XJ)	Paths, tracks, sand, flat

2 November	Clarence Park Café (BS23 4AW)	Pavements, sand, golf course
9 November	St Georges - meet near community centre on Willow Close (BS22 7XF)	Paths, grass, flat
16 November	Hutton – meet at junction of Moor Lane and Holm Road, by bus stop (BS24 9RE)	Paths, tracks, fields, hills
23 November	Locking – meet at Coach House Pub (BS24 8DG)	Pavement, tracks, fields, flat

7 December	Prince Consort Gardens, meet at the top (BS23 2EP)	Pavements, hills
14 December	Uphill – meet at car park (BS23 4XP)	Muddy tracks, hills
21 December	McDonalds, Worle	Pathways, lanes, flat

4 January 2027	Worlebury Woods – meet at Cliff Road entrance (BS22 9SG)	Woodland, tracks, hills, muddy

There will be no walks on Mondays: 30 November and 28 December

Aimed at individuals who want to start and stay active.

30 minute and 60 minute walks are available

Assistance dogs only.

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear

No need to book, just come along!

Contact:

Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

Health Walks

Better Health North Somerset

North Somerset Council