



Worle Health Walks



Thursdays at 9.30am

- 1 October – Tesco Express, Castlemead, Worle
- 8 October – Sand Bay, meet at South Sands Hotel
- 15 October – Tesco Express, Clover Court, Maltlands, BS22 8NB
- 22 October – Worle High Street, meet at Renew 192
- 29 October – Ashcombe Park, meet at the top
- 5 November – The Woolpack, St Georges
- 12 November – The Manor pub
- 19 November – Sainsburys
- 26 November – Worlebury Golf Club
- 3 December – Morrisons
- 10 December – Ashcombe Park, meet at the bottom
- 17 December – Knights Café on Milton Road
- 24 December – The Manor pub
- 31 December – The Manor pub

Walks are approx. 45 minutes long

Aimed at individuals who want to start and stay active.

Assistance dogs only.

If you need support to walk, please bring someone with you

No need to book, just come along!

**Contact Kate: 07921 665447 or
Physical Activity Team: 01275 882 730**

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

